



Re-exploration of subjective well-being determinants: Full-model approach with extended cross-contextual analysis

Ki-Hoon Jun

Abstract: Despite the numerous studies on the determinants of subjective wellbeing (SWB), there are still under-researched areas as follows: a full-model approach allowing un-confounded and robust estimations, extension of cross-contextual approaches, and an account of recent changes in Hofstede value dimensions. The present study aims to overcome those limitations with analyses of 59 countries from 1981 to 2013, rendering the following main findings. Individual education's effect was methodologically affected by the reference category level of dummy variables. I found weak influence of GPRGE (governance, political rights, and gender equality) and individualism, which were associable with the ambivalent nature of intellectual autonomy. Regarding cross-contextual effects, I found that people from underdeveloped societies keep more to current pleasure, and that demand for welfare is higher in affluent and individualistic societies. A culture of uncertainty avoidance reduced the effect of national employment, because of its demotivating aspects in the workplace. Overall, variables related with hedonism, social relation, and wealth showed coherently strong effects, but social progress factors had weak relevance.

Keywords: life satisfaction, happiness, robust effects, cross-contextual approach, Hofstede value dimensions, social quality

1. Introduction

After first being discussed as an alternative to national GDP as a societal goal, subjective wellbeing (SWB) has surged as an important tool for the evaluation of national policies, making observable people's subjective reaction to the implementation of different policies (Dolan & White, 2007; Donovan, Halpern, Sargeant, & Britain, 2002; Helliwell & Barrington-Leigh, 2010). As a result, "the empirical literature on happiness, life satisfaction and subjective wellbeing has virtually exploded in the last decade and a half" (Bjørnskov, 2008, p. 54). For instance, in 1990 only 111 studies on SWB were registered in the Web of Science, but that number had increased to 410 in 1998. By 2008, the number further tripled to 1240, and since 2011 over 1500 studies on SWB have been published on the database annually. In those numerous studies, a variety of domains across demographic, economic, social, and cultural sectors have been addressed as potential predictors of SWB. In view of these rich explorations, the scopes of SWB seem to have been fully explored, leaving few to be added. Nevertheless, there are still unexplored areas as follows.

The first limitation of previous SWB research is that, while predictors of various types have



been discussed, very few studies have taken a full-model approach, failing to assure the effects'¹ robustness to confounding. While a variable's effect instability is largely due to differences in control variables across studies (Bjørnskov, Dreher, & Fischer, 2008, p. 167), the surest way to ensure robust and accurate estimation is the full model approach, which takes account of the widest range of control variables. This is important not only for empirical estimation, but also for theoretical developments on the nature of SWB. Researchers in SWB have differed in their views with respect to the relative importance and significance of each sector; for effective discussion among diverse stances, accurate estimation is essential. All this supports the full model approach as the only means to control the widest possible range of confounders. Despite such needs, hitherto, very few studies have addressed simultaneously economic, cultural, and demographic variables, and a broad range of social domains.

The second limitation of previous studies is a scarcity of cross-contextual approaches, although the importance of such approaches has been indicated already. In detail, (a) interaction involving national wealth, (2) cultural moderation on national social factors, and (3) the moderation of demographic variables by national social factors are the three main areas of cross-contextual approach that have been under-researched.

The last limitation of previous studies is that they have overlooked recent changes in national cultural values as predictors of SWB. While most studies on the value–SWB relationship have built on Hofstede's dimension system, all of them used the original framework that was constructed mainly during the 1970s, and thus they failed to capture subsequent cultural changes, as well as the effect of new Hofstede dimensions proposed after the mid-2000s. With all those respects, it is suggested that the existing literature has predicted SWB in the present by a limited range of past culture.

To overcome the aforementioned three limitations, the present study pursues the three aims as follows. The first aim is to take the full-model approach on the joint effects of demographic, wealth, cultural variables, and a broad range of social domains. The second aim is to extend the cross-contextual approach, with a focus on interaction involving national wealth, cultural moderation on national social factors, and demographic variables' moderation by national social factors. The last aim is to provide an account of up-to-date national culture as predictors of SWB, building on alternative data than Hofstede's original framework.

In the next section, I will give an overview of previous studies on the effect of demographic variables, national wealth, social factors, and value dimensions. Subsequently, the threefold limitation of previous studies is elaborated in detail, followed by the research design for this study, analyses and results, and implications. Because of limited space, the summary of results will be omitted.

Although not conventional in empirical studies, the present paper does not introduce hypotheses; it is simply impossible to set and state a hypothesis for the main and interaction effects of each of the numerous factors. Furthermore, most of the effects analyzed in this paper have been hypothesized in previous literature. Where this study replicates the same results as in previous studies, it is enough to re-state the previous studies' hypotheses and specify that they were supported. Where results differ from those of earlier studies, I will state my own possible explanations.

Meanwhile, two sets of variables are outside the present paper's interest. First, I will exclude surveyed attitude variables (e.g. tolerance), because the direction of causality is not clear — one might be happy because one is tolerant, but it is also possible that one is tolerant because one is

¹ In the present paper, 'effect' will always refer to 'effect on SWB', unless stated otherwise.

satisfied with one's life. Second, personality traits (e.g., extraversion and neuroticism) are also not part of my concern, because they do not constitute constructs separate from national socio-historical traits or value dimensions (Allik & McCrae, 2004; Hofstede & McCrae, 2004).

1.1 Cognitive and emotional domains in SWB.

Happiness, defined as emotional/affective SWB, is concerned with joy, contentment, and temporal mood; life satisfaction (hereafter LS), a cognitive component of SWB, deals with the evaluation of objective conditions and fulfillments (Diener, Oishi, & Lucas, 2003, p. 405), and thus is more materialistic in nature (Haller & Hadler, 2006; Helliwell, Barrington-Leigh, Harris, & Huang, 2009) than is happiness.

For a better understanding of the mechanisms of SWB effects, the present study analyzes both happiness and LS. Considering that LS is more materialistic than is happiness, a variable's greater effect for LS should be explained by material conditions. If the effect is greater for happiness, in turn, it should be analyzed with more attention on other factors like social connectedness, attitudes, and emotional aspects.

1.2 Previous findings: Consistencies and inconsistencies in determinants of SWB.

The effects on SWB in previous studies have covered various domains of the national economy, social indicators, and value dimensions, and are presented in Table 1, following. Here I review each sector's effect significance in previous studies.

1.2.1 Importance of national wealth and its variation across GDP levels.

According to Clark and Senik's (2010: 73-75) review, studies prior to their research consistently supported national affluence's cross-sectional association with SWB. National wealth's longitudinal effect for a worldwide sample has been supported by Roca (2011) and Sacks, Stevenson, and Wolfers (2011).

Another issue is whether the income effect falls in richer countries, in line with the economic principle of diminishing marginal utility. This hypothesis was supported by Blanchflower's (2008, p. 33) and Inglehart, Foa, Peterson, and Welzel's (2008) studies, but not by the research of Sacks, Stevenson, and Wolfers (2010). In Helliwell (2008), the national wealth effect was rather higher in the OECD group, where most member countries are somewhat affluent.

1.2.2 Social factors: Few consistent effects, and little support for the impact of democracy and inequality.

Intuitively thinking, development in social indicators like democracy, increased rights, and equality would lead to greater societal SWB. Empirically, however, only the benefits of social capital (trust and membership²) and transparency (low corruption) have been consistently supported by all previous studies (Table 1 below). Excepting national employment rate, social domains in general do not make a significant contribution to SWB when economic and cultural variables are controlled.

² They belong to social capital's subcomponents, according to the definition of Putnam, Leonardi, and Nanetti (1993).

Table 1a. Significance and direction of SWB determinants in previous studies

Variables	Previous studies supporting the effect
Demographic variables	
Age	<i>Non-linear:</i> Alesina, Di Tella, & MacCulloch (2004), Feasel (2013), Helliwell (2002), Kim (2011), Rojas (2011), Tavits (2008) <i>Significantly positive:</i> Abbott & Wallace (2012), Flavin et al. (2010) <i>Significantly negative:</i> Helliwell & Putnam (2004) <i>Non-significant:</i> Camfield, Guillen-Royo & Velazco (2009)
Female	<i>Significantly positive:</i> Abbott & Wallace (2012), Alesina et al. (2004), Douhou & Soest (2013), Feasel (2013), Flavin et al. (2010), Helliwell (2008), Kim (2011), Tsai et al. (2011) <i>Significantly negative:</i> Camfield et al. (2009), Salinas-Jiménez Artés & Salinas-Jiménez (2010) <i>Non-significant:</i> Helliwell & Putnam (2004)
Education	<i>Non-linear:</i> Helliwell (2002) <i>Significantly positive:</i> Blanchflower & College (2005), Feasel (2013), Helliwell (2008), Helliwell & Putnam (2004), Roca (2011), Salinas-Jiménez et al. (2010), Tavits (2008), Tsai et al. (2011) <i>Non-significant:</i> Abbott & Wallace (2012), Camfield et al. (2009), Douhou & Soest (2013), Flavin et al. (2010), Kim (2011)
Individual/household income	<i>Non-linear:</i> Douhou & Soest (2013) <i>Significantly positive:</i> Flavin et al. (2010), Feasel (2013), Helliwell (2008), Inglehart et al. (2008), Kim (2011), Salinas-Jiménez et al. (2010), Senik (2004), Tsai et al. (2011) <i>Non-significant:</i> Abbott & Wallace (2012)
Employed	<i>Significantly positive:</i> Blanchflower & College (2005), Douhou & Soest (2013), Flavin et al. (2010), Feasel (2013), Helliwell (2002), Helliwell & Putnam (2004), Roca (2011), Tavits (2008), Tsai et al. (2011) <i>Non-significant:</i> Camfield et al. (2009)
Married	<i>Significantly positive:</i> Abbott & Wallace (2012), Alesina et al. (2004), Blanchflower & College (2005), Feasel (2013), Flavin et al. (2010), Helliwell (2002, 2008), Helliwell & Putnam (2004), Kim (2011), Salinas-Jiménez et al. (2010), Tavits (2008), Tsai et al. (2011)
Religiosity	<i>Significantly positive:</i> Feasel (2013), Flavin et al. (2010), Helliwell (2002), Helliwell & Putnam (2004), Kim (2011)
Health	<i>Significantly positive:</i> Argyle (1997), George & Landerman (1983), Helliwell & Putnam (2004), Morrison, Tay, & Diener (2011), Okun & George (1984), Okun, Stock, Haring, & Witter (1983)
National economic factors	
National Income	<i>Non-linear:</i> Helliwell (2002), Roca (2011) <i>Significantly positive:</i> Hanssen (2011), Helliwell & Putnam (2004), Inglehart et al. (2008), Kim (2011), Minkov (2009), Roca (2011), Sacks, Stevenson, & Wolfers (2011), Schyns (1998), Tavits (2008) <i>Non-significant:</i> Diaz-Serrano & Rodríguez-Pose (2012), Flavin et al. (2010), Helliwell (2008)
Economic Growth	<i>Significantly negative:</i> Roca (2011) <i>Non-significant:</i> Inglehart et al. (2008)
Inflation	<i>Significantly positive:</i> Tavits (2008) <i>Significantly negative:</i> Diaz-Serrano & Rodríguez-Pose (2012), Hanssen (2011)

Table 1b. Significance and direction of SWB determinants in previous studies

Variables	Previous studies supporting the effect
National economic factors	
Transparency (Less corruption)	<i>Significantly positive:</i> Diaz-Serrano & Rodríguez-Pose (2012), Tavits (2008)
Democracy/Rights	<i>Significantly negative:</i> Arrindell, Hatzichristou, Wensink, & Rosenberg (1997), Helliwell (2008), Helliwell & Putnam (2004) <i>Non-significant:</i> Knutsen (2005), Minkov (2009), Ott (2008, 2009), Roca (2011), Schyns (1998)
Gender Equality	<i>Significantly positive:</i> Bjørnskov, Fischer, & Dreher (2007) <i>Non-significant:</i> Minkov (2009), Schyns (1998)
Distribution equality (lower inequality),	<i>Significantly positive:</i> Hanssen (2011), Tavits (2008) <i>Significantly negative:</i> Roca (2011) <i>Non-significant:</i> Helliwell & Putnam (2004), Kim (2011), Knutsen (2005), Minkov (2009)
Labor Union	<i>Significantly positive:</i> Flavin et al. (2010) <i>Non-significant:</i> Abbott & Wallace (2012)
Membership	<i>Significantly positive:</i> Helliwell (2002), Helliwell & Putnam (2004), Tov & Diener (2008)
National Education	<i>Non-significant:</i> Helliwell (2002, 2008)
National Employment	<i>Significantly positive:</i> Diaz-Serrano & Rodríguez-Pose (2012), Flavin et al. (2010), Feasel (2013) <i>Non-significant:</i> Alesina et al. (2004), Hanssen (2011)
Trust	<i>Significantly positive:</i> Abbott & Wallace (2012), Diaz-Serrano & Rodríguez-Pose (2012), Douhou & Soest (2013), Flavin et al. (2010), Helliwell (2002), Helliwell & Putnam (2004), Tsai et al. (2011)
Cultural zones	
East Asia	<i>Non-significant:</i> Helliwell (2002)
Eastern Europe/Orthodox	<i>Significantly negative:</i> Feasel (2013), Knutsen (2005), Minkov (2009)
Islamic	<i>Significantly negative:</i> Hanssen (2011) <i>Non-significant:</i> Feasel (2013), Knutsen (2005)
Latin America	<i>Significantly positive:</i> Knutsen (2005), Hanssen (2011), Helliwell (2002)
Value dimensions	
Individualism	<i>Significantly positive:</i> Arrindell, Hatzichristou, Wensink & Rosenberg (1997), Diener & Suh (1997), Fischer & Boer (2011), Larsen & Eid (2008) <i>Non-significant:</i> Flavin et al. (2010), Schyns (1998)
Masculinity	<i>Non-significant:</i> Arrindell et al. (1997), Basabe et al. (2000)
PDI	<i>Significantly negative:</i> Arrindell et al. (1997), Basabe et al. (2000)
UAI	<i>Significantly negative:</i> Arrindell et al. (1997), Basabe et al. (2000)
IVR	<i>Non-linear:</i> Minkov (2009)

Note: SWB = Subjective Well-Being. PDI = power distance. UAI = uncertainty avoidance. IVR = Indulgence versus Restraint. Among value dimensions, no previous study has dealt with long/short-term orientation's effect for SWB. Among value dimensions, no previous study has dealt with long/short-term orientation's effect for SWB.

It is worth noting, in particular, that no previous study has supported the significant association of democracy with SWB. On the contrary, a negative effect was found by Inglehart et al. (2008) and Arrindell, Hatzichristou, Wensink, & Rosenberg (1997). Inglehart et al. explained that during the years analyzed (at the beginning of the 1990s) many countries experienced a sudden transition to democracy, and their SWB was stable by its nature (p.270)³. In my view, this is not a sufficient explanation because according to the same logic, also other national domains than democracy should have had limited effects whenever any country experienced radical changes. Furthermore, in Arrindell et al. (1997) — another study in which the coefficient of democracy is negative, only one out of 36 countries (the former Yugoslavia) had experienced a transition to democracy during the years 1987–1993.

Inequality is another social variable whose effect does not stand out as being theoretically argued. The effect of greater inequality was detrimental to SWB only in Hanssen (2011) and Tavits (2008); it was otherwise non-significant (Helliwell & Putnam, 2004; S. Kim, 2011; Knutsen, 2005; Minkov, 2009), and even positive in Roca (2011). With respect to inequality's possible association with SWB, Clark (2003) argued that inequality might bring aspiring effects; because when seeing those who were richer, people might believe that they could become rich like them in the future. Adaptation propensity (or treadmill effect) and comparison effect have been suggested as common explanations for both democracy and low inequality's lack of effect (Knutsen, 2005). Regardless of whether or not a society is equal and democratic, people will accept the social system as granted as time goes by. Therefore, the impact of social change on SWB is temporary, and after time passes people's SWB will return to previous levels. On the other hand, people compare their circumstances with those of their within-society neighbors, rather than with those of people in distant societies (Knutsen, 2005, p. 17). Following the same logic, however, other factors like national wealth also should have experienced limited effects, which simply is not the case. In this respect, adaptation theory and comparison reference cannot be sufficient explanations.

1.2.3 Hofstede value dimensions

Value dimension refers to organizational factors and attitudes which influence people's ideas about how things "ought to be" (Lonner, Berry, & Hofstede, 1980). It was initially pioneered by Hofstede (Fischer, Vaclair, Fontaine, & Schwartz, 2010, p. 138; Licht, Goldschmidt, & Shalom, 2007, p. 5; Snider, 2003, p. 24), whose original version of a value dimension framework includes the following dimensions.

Individualism: the culture of individualism emphasizes independence, achievement, uniqueness, and individual rights, while the culture of collectivism (low individualism) prioritizes in-group membership, loyalty, interdependence and belongingness.⁴

Power distance (PDI) refers to the social acceptance of unequal hierarchical relationship within an organization. It is important to note that such acceptance comes from societal members in a low position, not from the top.

³ As evidence, Inglehart and colleagues provide another finding that the correlation between democracy and happiness fell from .74 in 1987 to .4 in 1993 and no further change occurred through to 2007. However, their bivariate correlation does not preclude that democracy since the 1990s no longer exerts positive influences on SWB, and that democracy prior to 1987 was highly correlated with SWB because of the wealth or other characteristics of earlier democratic countries, rather than of democracy itself.

⁴ All value dimensions' introductions are quoted from Hofstede & Jan (2011).

Masculinity vs. femininity: masculine cultures put emphasis on performance, achievement, material success, power, and gender role differences; conversely, feministic cultures prioritize quality of life, mutual care, equality, and similarity in societal role between genders.

Uncertainty Avoidance (UAI): while people in high UAI cultures are highly sensitive to uncertainties and try to minimize risk through strict regulation, those in a low UAI culture are willing to accept uncertainties.

Among these four dimensions, individualism's social nature and its relationship with SWB have been the most discussed, with varying stances. It has been pointed out that individualism is crucial for SWB because it represents freedom, autonomy, and a greater number of choices (Diener & Suh, 1997; Diener, Suh, Lucas, & Smith, 1999; Larsen & Eid, 2008). However, individualism might also feature negative aspects such as social isolation, loneliness, over-reliance on materialism, and consumerism to escape from futility (Cushman, 1990; Schwartz, 2004, 2010). There also exists middle-ground stance that implies its moderated level is best, because in that condition autonomy and relatedness are balanced. While theoretical stances on individualism's social function diverge, empirical analyses have been inclined to its positive association with SWB (see Table 1 above).

Basabe et al. (2000) note the negative aspects of masculinity, PDI, and UAI. PDI legitimizes social inequality, causing anger at the societal level; masculinity causes more frequent negative emotions and lower social support because of excessive competitiveness and the prevalence of aggression; a high UAI culture's tighter formal rules and social control cause greater anxiety and negative emotions. Table 1 above shows that most previous empirical studies support Basabe et al. (2000)'s claims.

Lately, through co-research with Michael Minkov using World Value Survey (WVS) data for over 90 countries (Hofstede & Minkov, 2010; Minkov, 2009), Hofstede added two more dimensions.

Indulgence vs Restraint (IVR): In cultures with a high degree of indulgence, free gratification of instinct-driven pleasure is allowed; in restraint cultures, hedonistic behavior is suppressed by strict norms (Minkov, 2009).

Long/Short-Term Orientation (LTO): in long-term oriented societies, pragmatic and future-oriented behaviors like saving, persistence, and self-adaptation to changing circumstances, are encouraged; in short-term oriented societies, past and present elements such as national pride, tradition, a person's 'face', and social obligations are more valued (Hofstede & Minkov, 2010).

Being proposed lately, however, they have been little discussed in relation to SWB, except that Minkov (2009) found IVR's strong effect for happiness.

To summarize, previous findings are inclined to support individualism's positive association with SWB, and the negative side of masculinity, PDI, and UAI. For IVR and LTO, few empirical examinations have been done because they came to light no earlier than the middle of the first decade of the present century.

Table 2: Three flows of cross-contextual approaches for subjective wellbeing, in previous studies

Categories	Sub-categories	Authors	Effects' variation
Interactions involving national wealth	Social factors moderation by national income groups	Helliwell (2008)	Perceived transparency and trust: higher ^a in OECD group
		Ott (2009)	Democracy and state capacity: higher in richer countries
	Schyns (1998)	Gender equality and democracy: higher in richer countries	
	Cultural value's moderation by income	Schyns (1998)	Individualism: higher in richer countries
	Income's moderation by value dimensions	Arrindell et al. (1997)	Affluence: higher in feministic culture where welfare system for quality of life is more demanded
Moderation of national social factors by demographic traits	National social factors' moderation by individual traits	Alesina, Di Tella, & MacCulloch (2004)	In American sample, lower economic inequality: higher for the right-wing and rich group; lower national unemployment: higher for the left-wing. In European sample: lower economic inequality: higher for the left and poor group; lower national unemployment rate: higher for the poor group.
		Bjørnskov, Dreher, & Fischer (2008)	Government fractionalization, republic regime, and growth stability: higher for the right-wing lower income group National income, investment price, and compound growth rate: higher for the left-wing high income Regulatory quality: higher for the right-wing and high income group Governance and lack of corruption: higher for the left-wing, and low/middle income group
		Flavin, Pacek, & Radcliff (2010)	National labor union density: higher among low-income individuals
		Joshanloo & Weijers (2013)	Lower inequality: higher among non-religious people
		Weijers & Joshanloo (2013)	Gender equality: higher for non-religious people
Variation of demographic effects across national income groups and cultural zones	Demographic variables' moderation by National income level	Helliwell (2008)	Marriedness: In OECD Individual education and church attendance: higher in OECD
		Swift et al. (2014)	Younger age: higher in poorer countries
	Demographic moderation by cultural zones	Bonini (2007)	Marriedness: less effects in South Asia and Sub-Saharan Africa, former socialist zone Individual income: higher in former socialist zone, but lowest in South Asia and Sub-Saharan Africa
		Helliwell (2008)	Marriedness: no effect in Latin America Individual high education: no effect in English-speaking zone
		Swift et al. (2014)	Being female: higher in Latin America

^aHigher means that the variable has higher or stronger effect in stated moderation groups

1.3 Cross-contextual approaches: Interaction models and group-wise analyses

The priorities of different life domains for SWB vary across countries even when countries' economic development levels are similar (Camfield, 2012, p. 404).

In fact, it is not a new argument to emphasize the importance of considering cross-contextuality in SWB predictors (Bonini, 2007; Fischer & Boer, 2011; Howell & Howell, 2008; Jorgensen, Jamieson, & Martin, 2010; Oishi, Diener, Lucas, & Suh, 1999; Welzel & Inglehart, 2010). To empirically deal with such cross-contextuality, there are two strategies. One is case-wise comparison — comparing predictors' effects across different national or cultural groups, which differ in social, economic, or cultural contexts. The other is the statistical moderation approach — that is, to introduce cross-products between a variable of interest and a context variable. Between the two strategies, most cross-contextual studies have taken a statistical interaction approach, dealing with three types of moderating effects: interactions involving national income, variation of national social effects across demographic groups, and variation of demographic effects across national income groups and cultural zones. They are summarized in Table 2 above.

1.4 Limitations of previous studies

Despite the fact that a wide variety of variables across demographic, economic, social, and cultural domains have been repeatedly addressed in the previous literature, there remain unexplored facets in national SWB determinants. They are: (a) diverse ranges of cross-contextual or moderational approach, (b) full-model approach co-addressing demographic, economic, and cultural predictors, and a broad range of social factors, in order to enable each predictor's accurate estimation without mutual confounding, and (c) taking account of the recent changes in Hofstede's value system when measuring its relationship with SWB.

1.4.1 Temporal validity of value dimensions

All previous studies addressing the effect of Hofstede's dimensions of individualism, masculinity, PDI, and UAI have relied on Hofstede's original data from 1967–1973, or archival data covering the 1990s. Studies that have analyzed SWB after the 1990s suffer a large time gap between value dimensions and SWB. This would not be a problem if national culture changes little over time, but there is counter-evidence to this assumption. According to the abundant literature introduced in Taras, Steel, and Kirkman's (2012) empirical meta-analysis, a nation's values can change even within short periods. Based on their meta-analysis, Taras et al. extracted decade-wise scores from the 1980s to the first decade of the 2000s, and found evidence that national culture does alter substantially over time. For any of the four dimensions, the degree of correlation between original scores and since-2000s scores was no more than .75 (p. 338). Furthermore, they also found that during the 1970s the United States and South America were sharply contrasted in the degree of individualism and PDI, but since 2000 such cultural difference has disappeared or reversed (p. 339). With Taras et al.'s findings on national culture's changeability, predicting the current SWB from the past culture will render limited validity.

1.4.2 Joint account for all sectors: Robust estimation without confounding

Helliwell, Layard, and Sachs (2012, p. 64) and Helliwell (2002, p. 5) pointed out that social or cultural factors' effects could be confounders for national wealth. As evidence, they showed that when social factors were controlled, the wealth effect coefficient for LS fell from .81 to below .30. In the same context, when estimating any of the following domains — demographic, economic, social, and cultural factors — the others remain as possible confounders to be controlled. Solving

confounding is also important to assure robust effects (Bjørnskov et al., 2008, p. 167). In fact, we say an effect lacks robustness whenever it is altered by controlled or uncontrolled confounders.

For those reasons, an effective way for accurate and robust estimation is to establish models co-including variables of different domains which might confound each other. In other words, the effects of wealth, demographic, cultural and broad-ranged social factors can be estimated robustly only when all their effects are estimated together and simultaneously; otherwise, one would remain as a confounder of the others. In short, a full-model approach is needed for robust and precise estimation.

Notwithstanding, few studies hitherto have effectively dealt with this need. Among previous studies which seem to be exceptions, Feasel (2013) missed social capital and cultural value dimensions, while Arrindell et al. (1997) and Schyns (1998) missed demographic variables, analyzing only at the national level. Meanwhile, Minkov (2009) included only six national social indicators, while Helliwell (2002) and Helliwell, Huang, & Harris (2009) used only survey-based subjective variables for social domains, and Helliwell & Putnam (2004) and Helliwell (2008) took only government quality and trust as social predictors.

1.4.3 Unexplored areas in cross-contextual approaches

With detailed findings in the studies reviewed above, at first glance the cross-contextual approach seems now fully explored. Compared with main effects studies, however, the number of studies involved is quite small. When looking at those studies more carefully, furthermore, there remain unexplored areas as follows.

One under-researched area in the cross-contextual approach is that involving national wealth — the interaction effects between national wealth and national-level social factors, and those between national wealth and cultural variables. While the types of moderation involving national wealth have been analyzed in both directions⁵, the range of socio-cultural factors is far from being exhaustive, including only two of the six Hofstede value dimensions (individualism and masculinity) and five national social variables (transparency, trust, gender equality, democracy, and state capacity). Taken together, the cross-contextual approach can be further developed by analyzing national income's interaction with a broader range of national socio-cultural elements.

Cultural moderation of national social effects has been also under-researched. Regarding moderating effects by *cultural zones*, only perceived transparency and trust have been addressed by Helliwell (2008).

Regarding moderation by national religion, likewise, only the effects of economic inequality (Joshani & Weijers, 2013) and gender inequality (Weijers & Joshani, 2013) have been examined as its objects. Those variables are obviously far from being able to cover the exhaustive range of social domains. Furthermore, no study has dealt with social domains' moderation by *cultural value dimensions*.

Another unexplored cross-contextual approach regards the effect variation of multiple demographic variables by national social factors. At first glance it might not seem so, since Di Tella and MacCulloch (2004), Bjørnskov, Dreher, and Fischer (2008), and Flavin, Pacek, and Radcliff (2010) did compare national socio-economic indicators and cultural zones' relevance across three categories of demographic groups — sex, income level, and political ideology (Table

⁵ In Schyns (1998) and Ott (2009), the national socio-economic effects were compared by national income groups; in their studies, obviously, national wealth was a moderator, not the variable moderated. In Arrindell et al. (1997), on the contrary, national wealth's relationship with SWB was the object of the moderating effect of two cultural value dimensions.

2 above). While they dealt with national social variables' moderation by three types of demographic groups, their analyses do not tell us about the heterogeneity of the individual traits' relevance by national social contexts. Furthermore, their study's moderating demographic variables were limited to individual/household income, sex, and political orientation. Hitherto no study has dealt with moderation by other demographic variables like marital status, religiousness, employment status, and education level, or by interactions between national non-economic and non-cultural social domains. By taking account into the national effects variation by more diverse demographic factors in the same model, further developments can be made on the cross-contextual scope for SWB studies.

To sum up, although the need for a cross-contextual approach has been repeatedly indicated, there are still a lot to be explored. In detail, there are three especially under-researched areas — (a) interaction between national wealth and national socio-cultural elements, (b) national non-economic social factors' moderation by culture, and (c) national social factors' moderation by diverse demographic traits besides sex, income level, and political ideology.

2. Aims and design of the present research

The present paper aims to overcome the limitations in previous SWB literature in three ways: (a) reflecting recent changes in national cultural values as predictors of SWB, (b) establishing full models, allowing robust and un-confounded estimations, with simultaneous insertion of national wealth, culture, and sufficiently broad social domains, (c) extension of cross-contextual models, by newly taking into account interactions involving national wealth, cultural moderation on national social domains, and diverse demographic traits' moderation by national social contexts.

For those purposes, I will conduct analyses with a WVS sample of 59 countries covering the years from 1981 to 2013, using all observations where either happiness or LS was present. From WVS, two SWB components are chosen. Meanwhile, two types of predictors were picked from WVS. The first one is demographic variables, which includes age, sex, education, individual income, religiousness, employment status, matrimonial status, and health; the second one is social survey variables, including trust, institutional confidence, membership, and satisfaction with democracy. Those individual-level observations are merged with the same year or the latest available prior year's data of national logged GDP, objective national social indicators, and cultural value dimensions. The information about objective social indicators and value dimensions is described in the next sub-sections of this section.

With those predictors, I analyze both LS and happiness, for richer explanations on the nature of found effects—in detail, whether the effects are more linkable with objective and material conditions (elements associated with LS), or with people's changed attitudes, emotions, and social connectedness (elements associated with happiness).

2.1 Value dimensions: Use of alternative data to account for national cultural change

Unlike all the relevant reviewed studies, I will use Taras et al.'s work for individualism, masculinity, PDI, and UAI, and draw on Hofstede's later data for LTO and IVR, in an effort to take into account national cultural changes that occurred after the 1970s. A caveat of using Taras et al.'s data is that some of subject units were international regions, for which it is not always appropriate to apply the same regional score to all sub-regional countries. That is because, within regions like South America the national cultures are certainly heterogeneous, and such variation is not counted in Taras et al.'s data. In turn, however, this does not mean that using Hofstede's old data is better just because all of its units are countries. Analyzing today's SWB with data from

a past culture is likely to cause greater bias, which might raise more doubts on correlated economic and social effects in the same model, because of confoundation.

Therefore, I will persist in using Taras et al.'s data, despite some expected discrepancy between international regional scores and the real culture of each nation within a region. However, I admit that there is a need to minimize that discrepancy. For that reason, the scores for Africa, the Arab region, the Caribbean, Central America, and South America will be applied only to countries which were included in Taras et al.'s meta-analysis. However, the scores of the other, smaller, regions — the former Yugoslavia, Asian USSR, Baltic USSR, Slavic USSR, are applied to all countries in those regions, including those Taras et al. did not meta-analyze — each of those regions consists of less than six countries, which are expected to be both geographically and culturally close to each other⁶.

For the two newly proposed dimensions (LTO and IVR), meanwhile, I use Hofstede's late-version data. While those dimensions were not tackled by Taras et al., Hofstede's data is enough to measure their current status because it is based on the surveys conducted during the 2000s (Minkov & Hofstede, 2010; Minkov, 2009).

2.2 Full Model with parsimony: Clustering national social variables

In establishing the full model approach, one important issue is how to cover the wide range of social domains with a small number of variables. There are so many social sectors to be covered, but introducing many social indicators in the same model is problematic. It will be too complicated to discuss so many variables' main and interaction effects within limited space for the present paper. Furthermore, multiple social indicators can be bundled into a single dimension when their concepts are mutually related, even if not identical (e.g. World governance indicators in Langbein & Stephen (2008)). On the other hand, inserting those variables in the same model will cause inconsistency in findings (Fischer, 2010, p. 2). All those respects support the need and legitimacy of obtaining a reduced number of dimensions, from many indicators which cover the full range of social domains drawn on Yee and Chang (2009)'s Social Quality framework, where four social dimensions were extracted from 19 indicators. For use for SWB research, it has some merits as follows. First, it is theoretically linked with SWB, since it is defined as *people's ability to participate in community life while their potential and well-being are supported from social environments* (Beck, 2001). Secondly, Yee and Chang's framework consists of only 19 variables to favor the parsimony, and those composing variables are largely coincident with previous studies' SWB predictors that were reviewed above. For those reasons, I adapt Yee and Chang's Social Quality framework as a tool for clustering social predictors of SWB.

⁶ While I decided to rely on Taras et al.'s longitudinal data reflecting updated national culture, there are two exceptions: Poland's score for the first year of all four value dimensions (1989), and Vietnam's PDI for both years of survey (2001 and 2006) have come from Hofstede's original dimensions.

Table 3. Source: Social variables

Variables type	Variables	Source
Hard variables	Male employment rate ^a	World Bank
	Female employment rate ^a	
	Public education expenditure ^b	UNESCO, World Bank, CEPAL, Asian Development Bank, Eurostat
	Total secondary education enrolment	UN, World Bank
	Gini index (inversed)	CIA, World Bank, Eurostat
	Public social expenditure ^{bc}	OECD, Asian Development Bank, CEPAL, IMF, World Bank, ILO, Eurostat
	Labor union density	ICTWSS database, ILO social dialogue
Soft variables	Press freedom (inversed)	Freedom House
	Government effectiveness	World governance indicator, World Bank
	Corruption Perception Index	Transparency International
	Average rights ^d	Freedom House
	Global Gender Gap index ^e	United Nations Development Program
	General Trust ^f	World Values Survey
	Institutional confidence ^g	
	Organizational participation ^h	
Satisfaction with democracy ⁱ		

^a Ratio to the population over +15. ^b Rate per GDP. ^c Since survey sources differ in included sectors of public spending (e.g. education, protection, pension, health, etc.), merely merging multiple sources without adjustment will cause serious distortions; to avoid such a problem, I count only public spending on social protection and security; when the raw scores contain other sectors like education or health, I subtracted those sectors' spending rates from the raw scores, prior to use for subsequent analyses. ^d Combined measure of political rights and civil liberties. ^e In Yee and Chang (2009)'s framework, the gender empowerment measure was used as a parameter for gender equality, but it is no longer published since 2010. ^f For the question on whether most people can be trusted, coded as one for yes, and zero for no. ^g While survey sources differed in the raw scale, all of them were adjusted to 1–4 by linear transformation. ^h If the respondents are engaged in any organization for active/inactive or voluntary works, coded as one; otherwise, coded as zero. ⁱ 1–4 ordinal scale.

Following Yee and Chang's suggestion (p. 159)⁷, I cluster hard and soft variables separately. Meanwhile, from the list of Yee and Chang's social variables, I exclude pension replacement which is unavailable in most non-OECD countries, along with the voter turnout that has been little researched, which has been little researched in previous SWB studies. The remaining variables are listed in Table 3 above.

After merging both subjective and objective social indicators, I performed the principal component analyses separately for hard and soft variables, as suggested by Yee and Chang. All analyzed social variables were clustered into four factors, as presented in the Table 4.

⁷ The sources of social quality variables, prior to conducting principal component analysis, are listed in Table 1 above.

Table 4. Principal Component Analysis (PCA) for social variables

Variables	Loadings
Hard variables	
Component 1 – National employment	
Female employment rate	.686
Male employment rate	.606
Labor union density	.277
Component 2 – Edu/Welfare	
Public social expenditure	.520
Total secondary enrolment rate	.511
Public education expenditure	.473
Gini index (inversed)	.269
Soft variables	
Component 3 – GPRGE	
Press freedom (inversed)	.493
Government effectiveness	.475
Average rights	.470
TI CPI	.456
Global gender gap index	.301
Component 4 – Social capital	
Satisfaction with democracy	.624
Institutional confidence	.591
Organizational participation	.343
General trust	.334

Note: Prior to conducting PCA, the national social variables had been merged with national wealth, cultural value dimensions data, and World Value Survey. Only countries having listwise scores of Hofstede's six dimensions and WVS's observations where either happiness or life satisfaction was available, were taken for PCA estimation and all the subsequent analyses in the present paper. The component scores were extracted by averaging the standardized values of clustered variables, without weighting on variables with higher loading; giving all variables the same degree of importance is in line with the comprehensive full-model approach in this paper. Edu/Welfare = education and welfare factor at national level. GPRGE = governance, political rights, and gender equality. TI CPI = Transparency International's corruption perception index.

After combining all social indicators, I performed principal component analysis. Based on the results, the components were extracted by averaging standardized values of social variables. In the present paper, the components will be named with the following terms.

National employment: the overall environment of national employment; it comprises male, female employment rate, and labor union density.

Education and Welfare (hereafter Edu/Welfare): encompasses education, public expenditure, and economic inequality.

Governance, political rights and gender equality (hereafter GPRGE): this factor embraces the concept of governance, political freedom, and gender equality.

Social capital: this factor comprises participation, satisfaction with democracy, general trust, and institutional confidence. Clustering those variables into the single concept of social capital is in line with its definition by Putnam (1994).

By reducing social variables to four factors, most previously discussed social determinants of SWB can be analyzed at once, and the number of main and interaction terms is small enough to be interpreted in this paper. After clustering social variables, Table 5 below presents summary statistics on all predictors for subsequent analyses.

Table 5. Descriptive statistics

Variables	N	Mean	Std. dev.	Minimum	Maximum
SWB					
Happiness	235893	3.054	0.740	1	4
Life Satisfaction	239396	6.662	2.407	1	10
Demographic variables^a					
Age/10	238706	4.183	1.642	14	99
Sex (male = 1)	239832	0.479	0.500	0	1
Individual income ^b	216294	1.655	0.706	1	3
Education ^c	208138	2.723	0.831	1	4
Employed	242551	0.531	0.499	0	1
Married	242551	0.637	0.481	0	1
Religiosity ^d	242551	0.651	0.477	0	1
Health ^e	233784	0.656	0.475	0	1
SEFs					
Log GDP	240092	8.581	1.411	5.573	11.333
Employment	241279	-0.021	0.747	-2.161	2.403
Edu/Welfare	242551	-0.003	0.740	-1.782	2.172
GPRGE	242551	-0.009	0.873	-1.710	1.608
Social capital	241948	0.014	0.653	-2.647	2.425
Value dimensions					
Individualism	242551	-0.112	0.676	-1.580	1.790
Masculinity	242551	-0.069	0.534	-1.460	1.730
PDI	242551	0.027	0.608	-1.380	1.360
UAI	242551	0.240	0.669	-1.590	1.710
LTO	242551	0.125	1.074	-1.602	2.233
IVR	242551	0.015	1.002	-1.820	1.967

Note: N in pairwise= 242551. 59 countries. ^aAmong demographic variables, only age is continuous variable; individual income: three-step; individual education: four-step; sex, employed, married, religiosity, and health: binary variables. ^bIt was recoded from original 10-step to three-step as follows: from 1–4 to 1, 5–7 to 2, 8–10 to 3. ^c1 = primary incomplete, 2 = primary complete, 3 = secondary complete, 4 = tertiary or higher degree. ^dCriterion set for religiosity: membership, participation, or service attendance in WVS survey. ^eFive-step health variable in WVS was recoded to become a binary on e: 1 = very good or good, 0 = fair, poor, or very poor status. SWB = subjective wellbeing. SEFs = national socio-economic factors. Edu/Welfare = national-level factor of education and welfare. GPRGE = governance, political rights, and gender equality. PDI = power distance. UAI = uncertainty avoidance. LTO = long/short-term orientation. IVR = indulgence versus restraint.

2.3 Estimator method

All models for LS, which is a continuous variable, are estimated with multilevel regression with robust standard errors. For happiness, which is a four-step ordinal variable, all models will be estimated with ordinal logistic regression with robust standard errors. Unlike normal multilevel methods, however, neither random intercept nor random slope will be included; because random intercepts are actually equivalent to group mean, and they are already accounted for by national variables. Likewise, random slopes correspond to the cross-level interactions, and this is in turn already covered by interaction terms between demographic variables and national SEFs.

For age, national wealth, and individualism, whose nonlinear effect has been discussed in the previous literature, both their linear and non-linear term will be included at the same time. Meanwhile, prior to subsequent analyses, social quality factors and value dimensions are standardized. Besides, age variable is divided into one tenth and centered, to prevent collinearity between linear, quadratic, and interaction effects.

3. Results and Discussions

Table 6 and Table 7 below display model series 1 and 2 for happiness, while Table 8 and Table 9 below present model series 3 and 4 for LS. In model series 2 and 4, each SEF interacts with all the other predictors.

Table 6. Happiness models, no interaction terms

	Model 1a	Model 1b	Model 1c	Model 1d
Demographic variables^a				
Age/10	-0.107***	-0.089***	-0.089***	-0.095***
(Age/10) ²	0.054***	0.057***	0.056***	0.054***
Sex (male = 1)	-0.143***	-0.159***	-0.161***	-0.153***
Individual income	0.281***	0.294***	0.297***	0.274***
Education ^b	0.01f3.20	0.050***	0.046***	0.043***
Employed	-0.050***	-0.023*	-0.027*	-0.063***
Married	0.519***	0.586***	0.581***	0.574***
Religiosity	0.288***	0.241***	0.235***	0.207***
Health	1.137***	1.105***	1.104***	1.084***
SEFs				
Log GDP	0.137***		-0.004	0.033***
Log GDP ²	0.023***		0.034***	0.009**
Employment	0.080***			0.140***
Edu/Welfare	-0.312***			-0.038***
GPRGE	0.258***			-0.049*
Social capital	0.203***			0.198***
Value Dimensions				
Individualism		-0.013	-0.024**	-0.016*
Individualism ²		-0.057***	-0.063***	-0.063***
Masculinity		0.064***	0.075***	0.098***
PDI		-0.015*	-0.029***	-0.067***
UAI		-0.076***	-0.072***	-0.048***
LTO		0.044***	0.035***	-0.016*
IVR		0.591***	0.584***	0.559***
Cut-point 1	-1.949***	-1.966***	-1.925***	-2.116***
Cut-point 2	0.191***	0.180***	0.222***	0.047
Cut-point 3	2.994***	3.038***	3.083***	2.939***
Log-likelihood	-174929	-172800	-172694	-171426

Note: $N = 175639$. Ordinal logistic regression with robust standard errors. ^aAmong demographic variables, only age is a continuous variable; individual income: three-step; individual education: four-step; sex, employed, married, religiosity, and health: binary variables. ^bEducation: 1 = primary incomplete, 2 = primary complete, 3 = secondary complete, 4 = tertiary or higher complete. SEFs = national socio-economic factors. Edu/Welfare = national-level factor of education and welfare. GPRGE = governance, political rights, and gender equality. PDI = power distance. UAI = uncertainty avoidance. LTO = long/short-term orientation. IVR = indulgence versus restraint.

* $p < .05$ ** $p < .01$ *** $p < .001$

Table 7a. Happiness models, with moderating effects

	Model 2a: IV^a = Log GDP	Model 2b: IV = Employment	Model 2c: IV = Edu/Welfare	Model 2d: IV = GPRGE	Model 2e: IV = Social capital
<i>Main effects</i>					
<i>Demographic variables^b</i>					
Age/10	-0.089***	-0.100***	-0.091***	-0.093***	-0.092***
(Age/10) ²	0.054***	0.054***	0.056***	0.053***	0.053***
Sex	-0.162***	-0.163***	-0.157***	-0.161***	-0.155***
Income level	0.280***	0.276***	0.277***	0.292***	0.277***
Education ^c	0.046***	0.042***	0.038***	0.039***	0.049***
Employed	-0.047***	-0.065***	-0.059***	-0.045***	-0.062***
Married	0.591***	0.577***	0.585***	0.594***	0.570***
Religious	0.166***	0.190***	0.192***	0.148***	0.214***
Health	1.076***	1.076***	1.086***	1.077***	1.081***
<i>SEFs</i>					
Log GDP	0.184***	0.087***	0.047***	0.079***	0.029***
Log GDP ²	0.093***	0.010***	-0.010**	0.056***	0.005*
Employment	0.235***	0.264***	0.191***	0.233***	0.140***
Edu/Welfare	0.060***	-0.019*	0.158***	0.065***	-0.034***
GPRGE	-0.071***	-0.249***	-0.078***	-0.099***	-0.039***
Social capital	0.206***	0.224***	0.205***	0.222***	0.219***
<i>Value dimensions</i>					
Individualism	0.000	-0.017	0.030**	0.209***	-0.009
Individualism ²	0.041***	-0.015**	-0.102***	0.157***	-0.059***
Masculinity	0.122***	0.112***	0.103***	0.142***	0.094***
PDI	-0.090***	-0.105***	0.052***	-0.080***	-0.067***
UAI	-0.051***	-0.059***	-0.115***	-0.079***	-0.049***
LTO	-0.092***	-0.023**	-0.056***	-0.195***	-0.016*
IVR	0.539***	0.553***	0.521***	0.491***	0.559***
<i>Interaction effects</i>					
<i>IV x demographics</i>					
IV x age	-0.005	-0.011**	-0.034***	0.001	0.016***
IV x sex	-0.012	0.066***	-0.000	-0.003	0.053***
IV x income level	-0.052***	-0.036***	-0.103***	-0.073***	-0.008
IV x education	0.027***	-0.006	0.003	-0.013*	0.021**
IV x employed	0.030***	-0.052***	0.019	0.042***	-0.031**
IV x married	0.030***	0.029*	0.108***	0.041***	-0.085***

Table 7b. Happiness models, with moderating effects

	Model 2a: IV^a = Log GDP	Model 2b: IV = Employment	Model 2c: IV= Edu/Welfare	Model 2d: IV = GPRGE	Model 2e: IV = Social capital
<i>Interaction effects</i>					
IV x religious	-0.003	-0.085***	-0.050**	0.028**	-0.016
IV x health	-0.042**	-0.071**	-0.087**	-0.082**	-0.022
IV x national wealth					
IV x log GDP		0.009	0.044**	-0.015	-0.013*
IV x value dimensions					
IV x individualism	-0.148**	-0.073**	0.127**	-0.392**	-0.033**
IV x masculinity	-0.040**	0.010	0.000	-0.064**	-0.036**
IV x PDI	0.042**	0.165**	0.048**	-0.032**	0.007
IV x UAI	0.051**	-0.124**	0.089**	0.051**	0.004
IV x LTO	0.054**	-0.102**	0.032**	0.085**	-0.007
IV x IVR	-0.081**	0.082**	-0.070**	-0.169**	-0.037**
Cut-point: level 1	-2.102**	-2.171**	-2.142**	-2.208**	-2.123**
Cut-point: level 2	0.079*	0.006	0.025	-0.018	0.051*
Cut-point: level 3	2.989**	2.914**	2.929**	2.900**	2.949**
Log-likelihood	-170756	-170813	-170972	-170429	-171253

Note: $N = 175639$. Ordinal logistic regression, with robust standard errors. ^aIV = the variable involved in interaction with all the other predictors. ^bAmong demographic variables, only age is continuous variable; individual income: three-step; individual education: four-step; sex, employed, married, religiosity, and health: binary variables. ^c1 = primary incomplete, 2 = primary complete, 3 = secondary complete, 4 = tertiary or higher complete. SEFs = national socio-economic factors. Edu/Welfare = national-level factor of education and welfare. GPRGE = governance, political rights, and gender equality. PDI = power distance. UAI = uncertainty avoidance. LTO = long/short-term orientation. IVR = indulgence versus restraint.

* $p < .05$ ** $p < .01$ *** $p < .001$

Table 8. Life Satisfaction models, no interaction terms

	Model 3a	Model 3b	Model 3c	Model 3d
Demographic variables ^a				
Age/10	-0.057***	-0.009*	-0.028***	-0.039***
(Age/10) ²	0.063***	0.065***	0.065***	0.061***
Sex	-0.122***	-0.161***	-0.145***	-0.129***
Income level	0.470***	0.490***	0.481***	0.455***
Education ^b	0.052***	0.111***	0.093***	0.088***
Employed	0.022	0.062***	0.054***	0.011
Married	0.392***	0.421***	0.443***	0.429***
Religious	0.200**	0.094**	0.121**	0.085**
Health	1.127***	1.099***	1.075***	1.050***
SEFs				
log GDP	0.294***		0.214***	0.201***
log GDP ²	-0.024**		0.000	-0.038**
Employment	0.147**			0.204**
Edu/Welfare	-0.350***			0.021*
GPRGE	0.310***			0.092**
social capital	0.206**			0.205**
Value dimensions				
Individualism		-0.107***	-0.147***	-0.184***
Individualism ²		-0.044***	-0.047***	-0.050***
Masculinity		0.054**	-0.006	0.027**
PDI		-0.126***	0.021**	0.043**
UAI		-0.157***	-0.094***	-0.069***
LTO		0.125***	0.102***	0.035**
IVR		0.693***	0.620***	0.576***
Constant	4.495***	4.354***	4.399***	4.616***
R-squared	.176	.187	.193	.206

Note: $N = 174850$. Regression with robust standard errors. ^aAmong demographic variables, only age is continuous variable; individual income: three-step individual education: four-step; sex, employed, married, religiosity, and health: binary variables. ^b1 = primary incomplete, 2 = primary complete, 3 = secondary complete, 4 = tertiary or higher complete. SEFs = national socio-economic factors. Edu/Welfare = national-level factor of education and welfare. GPRGE = governance, political rights, and gender equality. PDI = power distance. UAI = uncertainty avoidance. LTO = long/short-term orientation. IVR = indulgence versus restraint.

* $p < .05$ ** $p < .01$ *** $p < .001$

For better interpretation of the findings, the terms are classified as strong when the absolute value of the raw coefficient is .30 or above, moderate when it ranges from .15 to .30, weak when it ranges from .05 to .15, and close-to-zero when it is below .05. On the other hand, when the effect is strong or moderate, it will be considered to be substantial.

Among interaction effects, only those whose absolute value of effect size is over .05 in the same direction both for LS and happiness will be discussed. Otherwise, too many interaction effects will be unnecessarily discussed without need, including theoretically irrelevant and non-robust ones.

Table 9a. Life Satisfaction models, with cross-contextual effects

	Model 4a: IV^a = Log GDP	Model 4b: IV = Employment	Model 4c: IV = Edu/Welfare	Model 4d: IV = GPRGE	Model 4e: IV = Social capital
Main effects					
Demographic variables ^b					
Age/10	-0.034***	-0.045***	-0.031***	-0.037***	-0.036***
(Age/10) ²	0.059***	0.061***	0.063***	0.057***	0.061***
Sex	-0.142***	-0.136***	-0.141***	-0.140***	-0.131***
Income level	0.484***	0.448***	0.467***	0.483***	0.463***
Education ^c	0.093***	0.103***	0.101***	0.087***	0.097***
Employed	0.016	0.008	0.003	0.032*	0.010
Married	0.433***	0.418***	0.421***	0.436***	0.418***
Religious	0.080***	0.118***	0.082***	0.067***	0.092***
Health	1.041***	1.028***	1.036***	1.028***	1.035***
SEFs					
Log GDP	0.447***	0.223***	0.249***	0.277***	0.198***
Log GDP ²	0.032***	-0.050***	-0.095***	-0.003	-0.037***
Employment	0.348***	0.321***	0.190***	0.304***	0.188***
Edu/Welfare	0.114**	0.017	0.056*	0.060***	0.029**
GPRGE	0.053***	-0.069***	0.043***	0.041	0.089***
Social capital	0.213**	0.218**	0.201**	0.219**	0.280**
Value dimensions					
Individualism	-0.181**	-0.135**	-0.191**	0.094**	-0.173**
Individualism ²	0.002	-0.035**	-0.120**	0.231**	-0.044**
Masculinity	0.038**	0.016*	0.044**	0.088**	0.029**
PDI	0.075**	-0.029**	0.057**	0.013	0.031**
UAI	-0.112**	-0.063**	-0.049**	-0.099**	-0.059**
LTO	-0.053**	0.029**	0.015	-0.175**	0.038**
IVR	0.533**	0.625**	0.577**	0.473**	0.574**
Interaction effects					
IV x demographics					
IV x age	0.003	-0.005	-0.032**	0.025**	0.029**
IV x sex	-0.003	0.080**	-0.011	0.018	0.055**
IV x income level	-0.090**	-0.068**	-0.053**	-0.131**	-0.026**
IV x education	-0.036**	-0.019**	-0.031**	-0.035**	0.032**
IV x employed	0.003	-0.033**	-0.013	0.030**	-0.012

Table 9b. Life Satisfaction models, with cross-contextual effects

	Model 4a: IV ^a = Log GDP	Model 4b: IV = Employment	Model 4c: IV = Edu/Welfare	Model 4d: IV = GPRGE	Model 4e: IV = Social capital
Interaction effects					
IV x demographics					
IV x married	0.046***	0.010	0.051***	0.068***	-0.079***
IV x religious	0.001	-0.035**	0.077**	0.002	-0.082***
IV x health	0.031***	-0.006	0.076**	0.066***	-0.056***
IV x national wealth					
IV x log GDP		-0.126***	0.222***	0.064**	-0.069***
IV x value dimensions					
IV x individualism	-0.041***	0.009	0.149***	-0.525***	-0.066***
IV x masculinity	-0.120***	0.079***	-0.077***	-0.167***	-0.003
IV x PDI	-0.075***	0.148***	0.018	-0.207***	-0.070***
IV x UAI	0.229***	-0.185***	0.207***	0.238***	-0.050***
IV x LTO	-0.048***	0.031***	-0.104**	-0.024**	0.121***
IV x IVR	-0.231***	0.207***	-0.085***	-0.254***	-0.015
Constant	4.599**	4.632***	4.585**	4.589**	4.606**
R-squared	.228	.214	.217	.223	.211

Note: $N = 174850$. Regression with Robust Standard Errors. ^aIV = Variable which is involved in interaction with all the other predictors. ^bAmong demographic variables, only age is continuous variable; individual income: three-step ordinal ; individual education: four-step ordinal; sex, employed, married, religiosity, and health: binary categorical variables. ^c1 = primary incomplete, 2 = primary complete, 3 = secondary complete, 4 = tertiary or higher complete. SEFs = national socio-economic factors. Edu/Welfare = national-level factor of education and welfare. GPRGE = governance, political rights, and gender equality. PDI = power distance. UAI = uncertainty avoidance. LTO = long/short-term orientation. IVR = indulgence versus restraint.

* $p < .05$ ** $p < .01$ *** $p < .001$

3.1 Demographic variables' main effect

3.1.1 Age

For happiness, the linear coefficient of age ranged from $-.08$ to $-.11$, while for LS it ranged from $-.06$ to zero. Meanwhile, the quadratic term was between $.05$ and $.06$ for happiness, and between 0.057 and $.065$ for LS. Besides, the grand mean of age was 41.61 years for the happiness sample and 41.63 years for the LS sample. When all those are counted, its polynomial effect in happiness models reverses from negative to positive at a turning point between 49 and 51 years old, and in LS models reverses at a point between 42 and 46 years old. Compared with previous studies that found age's nonlinear effects, the turning points in the present analyses are at a relatively older age⁸.

3.1.2 Sex

The variable's main coefficient was, whether moderate or weak, around $-.15$ for both happiness and LS, replicating the female's advantage in SWB.

3.1.3 Religiousness

The effect of religiousness was moderately positive in all happiness models except model 2d, and weakly positive in all LS models where value dimensions were included. Its positive association with SWB was replicated, but the difference in its effect size for happiness and LS can be explained by its different functions for SWB. According to Okulicz-Kozaryn (2010), religiosity's social aspects, like church attendance and events participation, are associated with LS. Individual facets like belief in god's importance, meanwhile, are more linked with deprived people's consolation and alleviating life misery, and eventually with happiness (Campbell, Converse, & Rodgers, 1976, p. 370). While both individual and social aspects of religiosity are supported, the present analysis shows that the former is more important for SWB than the latter.

3.1.4 Marital status

The strong association between being married and SWB was replicated, with coefficients ranging from $.39$ to $.45$ in all LS models, and coefficients ranging from $.51$ to $.60$ in all happiness models. According to Nock (2005), being married has three advantages for SWB⁹: (a) easier social success by signalling maturity and sociability, (b) efficiency in domestic labors, and (c) a more self-restrained attitude in terms of domestic life and mutual care, leading to improved health. Among those three aspects, (a) and (b) seem more related to LS, because they reflect more objective life conditions than happiness does.

Meanwhile, mutual cares and restraints are not so reflective of LS, and seem more able to be linked to happiness. With the strong effect of marital status for both LS and happiness, all those three aspects seem significant.

3.1.5 Employment status

⁸ In Alesina et al. (2004), the polynomial effect reversed at 39.3 years old for a U.S. sample and 44.1 for a European sample. While Helliwell (2002) asserted that SWB was the lowest in 35–44 years old group, also in Kim (2011) the turning point was around 40 years old; and in Tavits (2008) where turning point was 48–50 years old. In all previous studies with nonlinearity the age's polynomial effect, direction changes at the age point between mid-30s and mid-40s old.

⁹ In his paper, Nock mentioned only happiness, not LS. In my view, however, what he called happiness seems actually to be overall SWB, because many of marriage's advantages he stated are related to materialistic success, and thus also connectable with LS and the ladder of life, instead of happiness.

Contrary to expectation, the direction of the effect of being employed for happiness turned negative in all models. It turned positive for LS, but was non-significant in all full models except model 4d. Since both positive and negative effects were below .10, it would be fair to say that the present analyses found no effect of employment status. While it would be also nonsensical to say that being unemployed is beneficial for happiness, the present analyses suggest that having a job does not of itself mean a lot for SWB; what matters is not the job itself but its quality.

3.1.6 Individual education

Individual-level education's effect was significant but close-to-zero in all happiness full models except model 1b, and weak in all LS models. While education's small effect is partially attributable to the models' inclusion of higher income, health, and higher trust, through which its indirect effect flows (Helliwell, 2002, p. 11), the present study confirms that education's other aspects like self-realization of potential and freedom (Sen, 2001) have limited effects on SWB. On the other hand, education's contribution to SWB might have been offset by negative elements like failure to meet the high expectation in job seeking (Brennan, Durazzi, & Séné, 2013, p. 74), or stresses coming from excessive academic competition (Park & Huebner, 2005).

On the other hand, there is need to compare the results with previous studies where education's effect was found to be strong even after controlling for its indirect effect through income and health (Feasel, 2013; Helliwell & Putnam, 2004; Helliwell, 2008; Roca, 2011; Salinas-Jiménez et al., 2010; Tavits, 2008; Tsai et al., 2011). All those studies coded education into dummy variables with the lowest level of education (primary education or lower) as the reference category, while the present study treats it as a continuous variable. If the education variable were categorical, treating it as a continuous variable would be obviously wrong. In both the aforementioned previous studies and in this study, however, education has been the ordinal variable. To address it in regression models, it should be recoded into dummy variables or should be treated as continuous variable. In this case, I would like to argue that this conventional way of setting multiple dummies with the lowest level of education might be problematic in terms of validity.

This is especially for sufficiently developed countries, for the following reasons. First, in most developed countries there are very few who do not finish primary education. In such societies, being at the lowest educational level would be a kind of social stigma, because it is very unusual. Slightly lower education than average might not be a significant disadvantage, but an education level far below might be a serious disadvantage. This means that effect of the lowest education (not just low education) is likely to be damaging. Accordingly with the lowest education as reference category, the dummy variables' effects represent the comparison between the majority in a normal condition and the few in an unusually bad condition. On the contrary, there is no such hazard of inflation when education is treated as a continuous variable.

My additional analyses prove my conjecture above. I conducted a full model approach for happiness again, but this time I coded the education variable into dummy variables, varying in the level of reference category. Table 10 below demonstrates that the appearance of dummy coefficients is largely altered by reference category level. All three dummy effects were reported to be substantial and significant, when lowest education was the baseline (model 5b). However, two of them lost significance when the reference category was changed to higher levels of education (model 5c and 5d). Similarly, in model series 6 with trinomial education variable, tertiary or higher education's effect lost its significance when the reference category level was raised from the lowest to the middle level (compare model 6a and 6b).

Table 10. Education's category steps, reference category levels, and their influence on its effect for happiness.

REFCAT ^a	Model 5a	Model 5b	Model 5c	Model 5d	Model 6a	Model 6b
		1/4	2/4	3/4	1/3	2/3
No dummy	0.043***					
Education level: 1			-0.192***	-0.202***		-0.040***
Education level: 2		0.192***		-0.009	0.040***	
Education level: 3		0.202***	0.009		0.056***	0.016
Education level: 4		0.219***	0.027	0.017		
Log-likelihood	-171426	-171396	-171396	-171396	-171440	-171440

Note: $N = 175639$. Log GDP, four national social factors, and six Hofstede value dimensions were included in all models, but not presented in the table. ^aREFCAT = the level of reference category in respect to the number of category steps; for instance, 1/4 means that the reference category was the lowest level (which means value *one*), while the education variable was of *four* categories. When the category was of four-step scale, 1 = primary education incomplete; 2 = primary complete, secondary incomplete; 3 = secondary complete; 4 = tertiary or higher degree complete. When the category was of three-step levels, 1 = secondary education incomplete; 2 = secondary complete; 3 = tertiary or higher degree complete.

* $p < .05$ ** $p < .01$ *** $p < .001$

According to those results, education effects have been inflated by the previous convention of setting dummy variables with the lowest level of education as the reference category. When middle-level education was set as the reference category (model 5c, 5d, and 6b), meanwhile, the dummy effects in overall are similar to the results of my original analyses, where education was treated as a continuous variable. In my view, this is enough to suggest that taking education as a continuous variable is more favorable to precise effects estimation, than dummy analyses with the lowest education as reference category.

3.1.7 Individual income

While previous studies differed in the significance of individual income effects, such significance was fully supported in the present analyses. Meanwhile, its effect was stronger in LS full models ($r = .44-.50$), than in happiness full models ($.27-.30$); this is in line with the argument that LS reflects more materialistic aspects than does happiness (Haller & Hadler, 2006; Helliwell, Huang, et al., 2009), but my finding shows that even for happiness affluence is substantially important.

3.1.8 Health

In the present analyses, the strong and robust effect of health was replicated, with a coefficient over 1.00 in all models for happiness and LS. Furthermore, no SEF robustly moderated health, meaning that the strong association between health and SWB is universal, rather than varied by national contexts.

3.2 SEFs' main effects

3.2.1 National wealth

In all models without log GDP's interaction terms (model series 1 and 2b-2e), logged GDP's effect for SWB was weak or close-to-zero for happiness and moderate for LS. Controlling its interactions, however, its influence became moderate for happiness (model 2a, coefficient .184) and strong for LS (model 4a, coefficient .447). National wealth's greater effect for LS than for happiness is in line with Haller & Hadler (2006) and Helliwell, Barrington-Leigh, Harris, &

Huang (2009)'s argument that LS reflects more aspects of evaluating material conditions than does happiness.

Meanwhile, the quadratic effect was positive in all happiness models except model 2c, while in the model series 4 for LS its direction was varied. Therefore, I found no evidence for national affluence's diminishing marginal effect. Taken together, while the present analyses confirm national affluence's relevance only for LS, I found no evidence supporting the hypothesis of diminishing marginal effect.

3.2.2 National employment factor

In LS full models, national employment factors' effect ranged from .18 to .35, while its effect for happiness ranged from .14 to .25. Studies by Flavin et al. (2010) and Abbott and Wallace (2012) only have dealt with labor union density's relationship with LS. While no previous study addressed the relationship with happiness, the present study suggests that its importance is greater for LS than for happiness. While the path from labor union density to SWB can be explained by its function of raising the worker's collective autonomy (Edwards, 1979), and boosting workplace participation (Fenwick & Olson, 1986), the present analyses suggest that such an outcome is crucial for LS but its relevance is relatively limited to emotional SWB (happiness). This is contrasted with organization participation that is a part of social capital—while happiness and LS are associated with social capital to a similar degree, social capital's effect for happiness is greater than that of national employment factor (Table 6 above). This implies that participation in a labor union differs in nature from general social participation.

While previous studies differed in the significance of national employment rate and labor union density, the present study fortifies their importance for SWB. Meanwhile, the substantial effects of social capital components (mainly trust and membership) are simply in line with their robust association with SWB in previous studies. While social capital is often equated with social relationship (Agampodi, Agampodi, Glozier, & Siribaddana, 2015; Kim, Lee, & Yoon, 2014; Salomons, 2006; Yang, Yuan, & Wang, 2008), or considered to be a core concept of it (McKnight, Teaster, Watkins, & Lawrence., 2005; Moscardo, 2007; Risal, 2008, 2013; Schrader, 2004), the present study suggests that the social relation is equally important for happiness and LS.

3.2.3 Edu/Welfare

When it comes to the effect of Edu/Welfare, which consists of four variables — education expenditure, enrolment, inequality, and public social expenditure — I found little evidence for its association with SWB. In model 1a and 3a the effect was strongly negative, and only in model 4a it was positive with coefficient size over .10. Overall, the factor's relevance was relatively less than that of other SEFs. Taken together, the present analyses do not find its firm association with happiness or LS.

The finding of the relatively weak importance of Edu/Welfare components is in line with previous ones, where the association between inequality and SWB has been varied and no significantly positive effect of national education has been found. Besides, the negative sides of education (another component of the Edu/Welfare factor), like competitiveness and failure to meet higher expectations, also held at the national level.

3.2.4 GPRGE

Like the Edu/Welfare factor, GPRGE's relevance for SWB was found to be weak. Its coefficient, around +.30 in models 1a and 3a, turned weak for most other LS models, and reversed to negative

for all the happiness models. In any case, the present paper does not support governance, gender equality, and political rights' firm association with SWB. This is in line with most previous studies where democracy and gender equality remained non-significant.

Regarding the weak or non-significant effect of democracy, one of the GPRGE's components, I have stated that adaptation theory and comparison effect cannot be sufficient explanations because all national social factors should have weak or non-significant effects. A more probable explanation is that while GPRGE has been often conceptually linked with intellectual autonomy (Inglehart & Welzel, 2010; Kabanoff, 1991; Lea, 2000; Sørensen, 1997, 1998), GPRGE's effect would be undermined if intellectual autonomy is not necessarily beneficial for SWB.

Counter-intuitively, intellectual autonomy has its own cost. First, it might be associated with more social isolation. The closest relationships around us are based on a certain degree of common cognitive paths (Leins, Fisher, Pludwinski, Rivard, & Robertson, 2014, p. 327). In that case, intellectual independence might cause more distance between the self and others around him(her) due to differences in ways of thinking. A similar argument has been already made by Durkheim's classical work in sociology (1951). Accordingly, Protestants' higher rate of suicide was explained by the world view of Protestant religion that allows more differences and freedoms in thought. Additionally, while an appropriate level of autonomy is needed for economic freedom, gratification, and satisfaction, further increase in choice can cause its own side effects like excessive search costs, post-decision regret (Binswanger, 2006; Desmeules, 2002; Hsee, Hastie, & Chen, 2008; Hsee & Hastie, 2006; Schwartz, 2010), and information overload (Caprara, Barbaranelli, Pastorelli, Bandura, & Zimbardo, 1999; Iyengar & Lepper, 2000). Those possible drawbacks of intellectual autonomy could provide explanations for the weak effect of GPRGE, which represents its social conditions, along with that of the limited effect of individualism, which is another parameter of autonomy in the cultural realm.

3.2.5 Social capital

The effect of social capital was around .20 in the all models, both for happiness and LS. Along with employment, social capital's effect was the highest of all SEFs. With its similar degree of effect for happiness and LS, it is suggested that both the emotional outcome of social participation (happiness) and network favoring an individual's success (the factor for LS) are equally relevant.

3.3 Value dimensions' main effects

Among the four original Hofstede dimensions, only UAI's negative effect was fully in line with most previous studies. Meanwhile, I found LTO's negative effect, and strong association between IVR and SWB.

3.3.1 Individualism

In all happiness models except model 2b and 2d, the turning point of individualism's polynomial effect was between $-.2$ and $+.2$, all of which can be considered within the moderate level¹⁰(Table 11 below).

At first glance, this might seem to support the previous argument that the effect is optimal at the moderate level of individualism. However, it should be remembered that when the quadratic term is positive, the graph would show the contrary; the polynomial effect is at its lowest at the turning point, given that the effect keeps decreasing until that point and only changes to an

¹⁰ For happiness and life satisfaction's listwise sample, the median value of individualism was -0.022 and -0.023 respectively.

increasing effect above that point. In turn, the quadratic effects' direction was not fully consistent across the present happiness models. All other models, except models 2a and 2d, showed a negative quadratic term, but the positive quadratic effect in model 2d was too strong to be ignored (Table 7 above). Therefore, the present analyses do not robustly confirm any of the previous arguments regarding individualism-happiness association.

This means that the majority of sample units fall above the turning point (Table 11 below), suggesting that the total polynomial effect turned out to be negative for most of sample countries. In models 3b, 3c, 3d, 4b, 4c, and 4e, the quadratic term was negative, suggesting that at the turning point the polynomial function's direction changes from increasing to decreasing. In those models, meanwhile, the turning point were at an extremely low level or at least below the low quartile.

If the quadratic term is negative and the turning point is low, then the total effect (the sum of quadratic and linear coefficient) would be negative for the majority of sample countries which are above the turning point.

In such functions, the function effect is positive only for the few units with an even lower level of individualism, and for the majority the polynomial effect would be always negative. With positive quadratic terms, the total effect is positive when the predictor's level is above the turning point. In the model 4a, however, the turning point level was above the maximum level¹¹, and therefore individualism's total effect is obviously negative for all subject countries. In sum, in all LS full models except model 4d, individualism's negative aspects are supported.

Taken together, while the association between individualism and happiness was unclear, the analyses on LS were plainly inclined to individualism's dark aspects. These findings on individualism's effect are largely at odds with previous findings, which were more inclined to its contributing aspects. To explain the inconsistency in findings, I conducted additional analyses to see whether the effect was largely affected by variation in controlled variables. Table 12 below reveals that, among other value dimensions, IVR's inclusion made individualism's potential positive effect disappear for happiness, and reversed to negative for LS. In other words, the large reduction in individualism's effect is due to IVR's inclusion in the present analyses. This can be theoretically explained in relation to two separate dimensions of autonomy, which have been distinguished by Schwartz (1994). Schwartz distinguished two types of autonomy—intellectual autonomy, referring to the independent pursuit of one's own ideas and intellectual directions, and affective autonomy, referring to the independent pursuit of positive experience like pleasure, excited-ness, and a varied life. Here, it should be remembered that I have already stated some reasons for the weak effect of intellectual autonomy when describing on GPRGE's effects.

¹¹ In the LS sample, the highest observed value of standardized individualism was 2.815, but the turning point in model 4a was 57.113.

Table 11. Individual's polynomial effect patterns' variation across model series 1-4

Dependent variable	Model No.	Quadratic term ^b	Turning point ^a			Polynomial effect's shape	
			Value	N below ^c	P% ^d		Location ^e
Happiness	Model 1b	(-)(-)	-0.115	85177	48.50	Near the median	Highest at moderate level ^f
	Model 1c	(-)(-)	-0.188	83690	47.65	Near the median	Highest at moderate level
	Model 1d	(-)(-)	-0.123	85177	48.50	Near the median	Highest at moderate level
	Model 2a	(+)	-0.006	89583	51.00	Near the median	Lowest at moderate level
	Model 2b	(-)	-0.575	50628	28.83	Low-middle	Close to negative linear effect ^g
	Model 2c	(-)(-)(-)	0.146	93232	53.08	Near the median	Highest at moderate level
	Model 2d	(+)(+)(+)	-0.666	45065	25.66	Just above the 1st quartile	Close to positive linear effect
	Model 2e	(-)(-)	-0.079	85177	48.50	Near the median	Highest at moderate level
Life Satisfaction	Model 3b	(-)(-)	-1.206	31138	17.73	Below the 1st quartile	Close to negative linear effect
	Model 3c	(-)(-)	-1.580	8830	5.05	Near the lowest extreme	Close to negative linear effect
	Model 3d	(-)(-)	-1.833	2466	1.41	Near the lowest extreme	Close to negative linear effect
	Model 4a	(+)	57.113	174850	100.00	Above the highest value	Close to negative linear effect
	Model 4b	(-)	-1.936	2466	1.41	Near the lowest extreme	Close to negative linear effect
	Model 4c	(-)(-)(-)	-0.795	43386	24.81	Below the 1st quartile	Close to negative linear effect
	Model 4d	(+)(+)(+)	-0.204	80868	46.25	Near the median	Lowest at moderate level
	Model 4e	(-)(-)	-1.978	2466	1.41	Near the lowest extreme	Close to negative linear effect

Note: For happiness sample, $N = 175639$; for life satisfaction sample, $N = 174850$. ^aTurning point = the predictor's value point where the polynomial effect's direction changes. ^b(-)(-)(-):negative, below -0.10 ; (-)(-): negative, from -0.10 to -0.05 ; (-): negative but above -0.05 ; (+): zero or positive, from 0.00 to 0.05 ; (+)(+): from 0.05 to 0.10 ; (+)(+)(+): positive and above 0.10 . ^cThe number of observations with individualism level below the turning point. ^dIt refers to within-sample percentile of turning point's individualism score. ^eWhen the turning point is far from the mid-point, it is more likely that most countries have the same direction of polynomial effects— that explains the need to specify turning point's sketchy location, through comparison with maximum, minimum, and median values of standardized individualism; in happiness sample, $Min. = -2.062$, $median = -0.022$, $Max. = 2.823$; in life satisfaction sample, $Min. = -2.059$, $median = -0.023$, $Max. = 2.815$. ^fAt moderate level means when the individualism's level is moderate. ^gThe polynomial is actually very similar to negative linear effect, either because turning point was near the lowest value and above that point the polynomial function kept decreasing, or because turning point was near the highest value and only above that point the function began to increase, applying to very few countries.

Table 12. Individualism's effect for SWB's variation, by the controlled value dimension variables

Controlled value dimensions	Happiness models			Life Satisfaction models		
	Model No.	B	Log-likelihood	Model No.	B	R-squared
None	Model 7a	0.151***	-178927	Model 8a	0.217***	.118
MAS	Model 7b	0.146***	-178898	Model 8b	0.207***	.119
MAS, PDI	Model 7c	0.104***	-178849	Model 8c	0.086***	.122
MAS, PDI, UAI	Model 7d	0.061***	-178667	Model 8d	0.011**	.126
MAS, PDI, UAI, LTO	Model 7e	0.156***	-177530	Model 8e	0.106***	.135
MAS, PDI, UAI, LTO, IVR	Model 7f	-0.031***	-173322	Model 8f	-0.119***	.182

Note: Ordinal logistic regression for happiness, and general regression for life satisfaction; both with robust standard errors. *N* for happiness sample = 179337; *N* for life satisfaction sample = 178564. MAS = masculinity; PDI = power distance; UAI = uncertainty avoidance; LTO = long/short-term orientation; IVR = Indulgence vs. Restraint. Linear effect of individual-level demographic variables including age, sex, three-step income level, four-step education, employment status, marital status, religiosity, and health were included in all models but are not displayed in the table.

* $p < .05$ ** $p < .01$ *** $p < .001$

Comparing Schwartz and Hofstede's value systems, Schwartz's affective autonomy is similar to Hofstede's IVR, in that both relate to cultural endorsement of pleasure-seeking behaviors. Therefore, controlling IVR's effect in the model, individualism no longer counts the affective autonomy. While individualism has been discussed often in association with autonomy (Diener et al., 1999; Diener & Suh, 1997; Larsen & Eid, 2008), when IVR effect is controlled individualism's autonomous aspect is limited to intellectual autonomy. Further, it should be remembered that, except Minkov (2009), no previous study has co-included individualism and IVR for SWB models. In my view, this would explain individualism's having a far smaller effect than those found in previous studies. Individualism's effect is no longer inflated because, while previously it covered both affective and intellectual autonomy, in the present study it covers only intellectual autonomy, which is not a main contributor to SWB.

3.3.2 Masculinity

Contrary to Basabe et al.'s (2000) argument, masculinity effect was positive in all models for both LS and happiness. While masculine culture's negative effect was not replicated, its positive effect for LS was close-to-zero in all full models except in model 4d, and for happiness it was weak in all full models. Taken together, the present findings differ from previous arguments, but they are not remarkable enough to allow new arguments to be suggested. To be more certain of masculine/feminine culture's association with SWB, further studies are needed.

3.3.3 PDI

As expected, PDI effects for happiness were negative. None of them, however, was to the substantial degree. In all LS full models except model 4b, its effects were rather positive, significant or not. While the effect was close-to-zero in model 4d and 4e, the coefficient became above +.05 in model 4a and 4c. With some theoretical grounds, those results can be interpreted as a challenge to the high PDI's dysfunction theory, which has been firmly argued in previous studies, including Basabe et al.'s (2000) paper. It is theoretically possible that, in certain societies, the high PDI culture might bring its own benefits. Hierarchy makes individual members feel

more stable and facilitates within-group coordination (Magee & Galinsky, 2008, p. 5). Accordingly, in my view, since higher PDI means more widespread acceptance of the hierarchy, it might contribute to stability in social relationship.

Likewise, it is also possible that *low* PDI be detrimental in some societies. Here it should be remembered that the definition of low PDI regards little acceptance of hierarchy, not necessarily egalitarianism. PDI may be low not only in egalitarian societies, but also in Hobbesian societies where everyone struggles for power with no controlling authority, eventually degrading social SWB. In any case, further studies should consider more possibilities for PDI's effects on SWB, including my conjectures.

3.3.4 UAI

Among four original Hofstede dimensions, only UAI's effect was plainly replicated, in line with previous arguments. Its effect was significantly negative in all models for both happiness and LS though the degree was weak or close-to-zero.

3.3.5 LTO

LTO's effect for happiness turned negative whenever social quality factors were included (model 1d and model series 2). In full models for LS, the LTO's effect direction was varied but all effects above close-to-zero in degree were negative. Overall, the present models are inclined to LTO's negative aspects. While Hofstede (2001) defined LTO as "the fostering of virtues oriented towards future rewards, in particular, perseverance and thrift" (p. 359), it seems that the emphasis on the future and success do not contribute to SWB.

3.3.6 IVR

Unlike the effects of all other value dimensions, the influence of IVR on SWB was consistently overwhelming. With effects always above or around .50 in all models, along with marital status and health, its effect for SWB held the most powerful explanatory power.

This finding is in line with Minkov (2009), who found the importance of IVR was predominant, while most of the other effects were non-significant. He suggested that replication is needed because the WVS sample covers only a few countries in miserable conditions. However, I do not agree with his point. To quote the expression of Triandis (2000, p. 31), sufficiently many 'vulnerable' societies were included in the WVS (e.g. Belarus, Iran, Kyrgyzstan); even Iraq has been surveyed in the WVS no less than three times (in 2004, 2006, and 2012). In any case, the predominant influence of IVR is not a byproduct of sampling bias, and the present study confirms indulgence's robust and overwhelming effect on SWB.

3.4 Demographic variables' moderation by SEFs

As a result of introducing national social effects' moderating effects, many interaction effects recorded in previous studies have been altered. While Bonini (2007), Helliwell (2008), and Swift et al. (2014)'s moderating effect of sex, individual income, and marital status by cultural zones were transferred to moderating effects by non-economic social factors, the interaction effects involving age, individual education, and religiosity disappeared; furthermore, the positive moderation of individual income by national income in Bonini (2007) was reversed to negative. Likewise, the moderation of national social factors by national income in previous studies disappeared, being replaced by value dimensions.

3.4.1 Low individual income: national wealth, Edu/Welfare, and GPRGE

No less than three national factors—log GDP, Edu/Welfare, and GPRGE—interacted with low individual income. The Edu/Welfare and GPRGE's moderation suggests, in societies mature in the level of democracy, gender equality, governance, and welfare system, the deprived people are less disadvantaged. Meanwhile, the log GDP's negative moderation suggests that the meaning of individual's relative poverty differs between rich and poor nations—being relatively poor in affluent countries might be merely a matter of economic dissatisfaction, but in poor countries it is a matter of survival.

3.4.2 Male gender: by national employment factor and social capital

In model 2b and 4b, national employment factor moderated the male sex. This can be explained by the fact that in most countries, in reality, the male is more responsible for getting a job and providing food for the family. Therefore, males are more likely to be concerned.

In model 2e and 4e, social capital moderated the male sex, which can be explained by gender difference in political participation and interests, which are parts of social capital components. In fact, it has been repeatedly found that “compared to women, men are more knowledgeable about and more interested in politics and more likely to feel politically efficacious (Verba, Burns, & Schlozman, 1997, p. 1051)”, for reasons like women's disadvantage in access to information sources, the difference in social roles, and men's aggressiveness and taste for conflict.

3.4.3 Marital status: Edu/Welfare and social capital factor

Models 2c and 4c show that married peoples get more benefit when the national education/welfare system level is better. This can be explained by two facts. First, the welfare system of most societies is centered on household units. Since households are mostly formed through marriage, this means that those married, all of who have their own family, are generally in a more favorable position as welfare system beneficiaries. The same holds for education. For those married and with children, national education is important because it is related to the burden of their children's education as a part of their domestic affairs.

Opposite to Edu/Welfare, social capital factor negatively moderated marriedness. That is, the single (unmarried) get more benefits from social capital than the married. In societies with a low level of social capital, the unmarried or the single will have more difficulties in accessing opportunities for social interactions out of the home. For the same people in high-level social capital countries, on the contrary, the increase in social memberships can buffer possible loneliness and social isolation.

3.4 Interactions between National Wealth and Social Quality

No social quality factor interacted with wealth with coefficient over .05 both for happiness and LS.

3.5 Value dimensions' moderation of SEFs

3.5.1 IVR's negative interactions with national wealth, Edu/Welfare, and GPRGE

While IVR's interaction with the national employment factor (model 2b and 4b) should be dealt with in subsequent studies, IVR also negatively interacted with national wealth, Edu/Welfare, and GPRGE. That is, the effect of a high indulgence culture is greater in countries which are low in national affluence, education, governance, equality, and political freedom.

Such interaction between IVR and low social development seems to suggest that the nature of IVR, in certain aspects, is of evasive pleasure. This becomes more obvious when we focus on the negative interaction between equality/democracy/governance (GPRGE) and IVR. In many socio-politically oppressive societies (low GPRGE), people are often given the chance to console themselves through leisure, sports, or entertainment that is supported by the non-democratic government, with aims to appease people's discontent. Actually, most dictatorial regimes sponsor sports or entertainment (Tunis, 1935)¹². In my view, a similar argument can be made for IVR's interaction with low Edu/Welfare and low national wealth. When people are poor and unprotected by society, they keep more to their current pleasure because they do not have hope for the future¹³. In this sense, IVR's effect for SWB partially reflects some aspects of SWB whose nature is closer to blind happiness, which was argued by Graham (2009).

3.5.2 Edu/Welfare's interaction with individualism and UAI

For both LS and happiness, the Edu/Welfare factor was moderated by individualism in models 2c and 4c, to a moderate degree. According to Adelman (1988), Cohen and Avrahami (2006), and Kim and McKenry (1998), the development of institutional welfare reduces the community need for mutual informal support. This suggests that the effect of welfare for SWB will be less in collectivistic societies, where according to Kim & McKenry (1998) the informal support is more emphasized. To put it in another way, welfare effect will be higher in the individualistic culture than in the collectivistic one, which explains the robust interactions between individualism and Edu/Welfare factor.

In models 2c and 4c, the Edu/Welfare factor was also moderated by UAI, for both happiness and LS. Moderation by UAI can be explained by the reality that in societies where people are more prone to subjective security, perceived risks and uncertainties, current wealth becomes important to relieve anxiety.

3.5.3 National employment factor by PDI and low UAI

In models 2b and 4b, beside being moderated by IVR, the national employment factor was also moderated by PDI and low UAI. The moderating effect of low UAI is worth discussion in relation to the work environment. According to Wennekers, Thurik, Stel, & Noorderhaven (2007), large companies in high UAI societies have a more restrictive climate than those in low UAI societies, lowering satisfaction in the work environment.

Furthermore, employees of such companies are more worried about their future, suffering high job stress, fear of failure, lower ambition for individual advancement and pessimism about motives (Arrindell et al., 1997, p. 42). While Arrindell et al. associated those negative characteristics only with UAI's main effects, the present study relates those factors with not only UAI's negative main effects, but also the lower priority of national employment in high UAI societies. A probable explanation for this is that getting a job (higher employment factor) is less meaningful in high UAI societies because their cultural traits demotivate workers.

Meanwhile, PDI's moderation on national employment can be explained with two factors. One is that employedness has more meanings in high PDI societies than in the others—in high PDI culture, having a job should be understood not only in terms of self-realization, but also in

¹² For instance, Spain's former Franco regime's support for soccer, (Xifra, 2008, p. 194), Nazi Germany's effort to hold successful Olympic games (Murray, 1992), Korea's Chun Doo-Hwan government's deep interest in sports (Kim, 2008).

¹³ Actually, poverty and hedonism are often stated together (e.g. Brasseaux, 1989, p. 3; Castillo & Beilock, n.d.; Debnath & Mondal, 2014, p. 658)

terms of fulfilling responsibility for their family (Hwa-Froelich & Vigil, 2004). From the perspective of corporate organizations, in turn, companies in high PDI cultures are likely to adopt a seniority system, and this would add to importance of early job-getting in order to secure the future. In my view, this adds to the importance of being employed in high PDI countries, and this possibility explains the interaction between high PDI and national employment.

3.5.4 GPRGE's negative interaction with individualism and masculinity

In models 2d and 4d, GPRGE negatively interacted with individualism, to the strongest degree among all interaction terms for both happiness and LS. Statistically, this finding seems to support that in individualistic cultures higher GPRGE becomes more detrimental to SWB. Theoretically, however, there is not any ground to support that interpretation. Since both are related to intellectual autonomy, rather, it would be more valid to interpret the negative interaction as that GPRGE and individualism are mutual substitutes, and therefore when one's level increases, the other one's need decreases¹⁴.

Meanwhile, GPRGE interacted with feministic culture (low masculinity), weakly for happiness and moderately for LS (model 2d and 4d). Its possible explanation is that the quality of life is more valued in a feministic culture, while it is facilitated by developed GPRGE.

In the same models, GPRGE also interacted with UAI, weakly for happiness but substantially for LS. The moderation effect of UAI can be explained by relating governance (one component of GPRGE) with the ability to handle people's subjective uncertainty, a similar argument to the one developed by Schramm-Nielsen (2000), who compared social causes of the degree of UAI in Denmark with that of France. Regarding Denmark's lower UAI culture than that of France, they explained with two factors; (a) Danish organizational rules which explicitly allows more deviances, and endows more autonomy for subordinates, and (b) factors discouraging people from seeking permanent security in the same company (e.g. historical familiarity with high job mobility and rarity in internal promotions). They considered those elements as a part of state capacity, to deal with subjective uncertainty. Considering state capacity's conceptual association with governance, which is part of GPRGE, their arguments provide indirect explanations for the interaction between GPRGE and UAI's interaction. In other words, it can be said that governance is important for reducing/relieving the uncertainty in daily life, in order to prevent perceived uncertainty's saturation going beyond a tolerable level, and for allowing individuals to freely handle it.

4. Implications and Concluding Remarks

Using WVS panel data covering 1981 to 2013 for 59 countries, the present research aimed to explore SWB determinants in greater detail, in three ways. First, this study took the full-model approach, analyzing joint effect of broad ranged economic, social, and cultural variables. Second, the present paper also extended the cross-contextual approach by introducing new types of moderation effects. Additionally, the present study took into account recent cultural changes in Hofstede's value dimensions, for more valid measurement of the relationship between value dimensions and SWB.

With those methods of interpretation, I could explain far richer findings than those hitherto discussed. While not all the new findings confirm the previous findings and existing SWB theories, they could be explained with the following four ways of interpretation.

¹⁴ Interpreting negative interaction as a mutually substituting relationship is not a completely new idea. The same approach was also taken by Hanson (2015, p. 13), who discussed democracy and state capacity.

The first way is to focus on the individual/social needs regulated by national cultural values and individuals' demographic traits, which in turn determines the relative importance of different predictors. For instance, I have specified that the more collectivistic the country is, the less beneficial the national welfare system is. Likewise, by stating the higher priority of job-seeking and political participation, I could explain the moderating effects involving the male sex.

The second way of interpretation is to focus on the analyzed variables' meaning for an individual's personal life and social/organizational relationship. For instance, taking account of religiousness and marital status's multi-faceted utilities, their effects on LS and happiness could be clarified.

The third way of interpretation is to relate predictors with abstract values—for instance, autonomy. Those values could not be and had not been operationalized quantitatively. However, their theoretical links with SWB have been discussed in previous studies, creating clues about the effect of related predictors in the present analyses. For instance, the autonomy-SWB relationship was able to be related to the present findings on the degree of individualism, GPRGE, and IVR's effects.

The last way of interpretation was the more methodological one—confounding effects and robust estimation.

This method was used especially for interpreting many of the present findings that differ from the previous ones. For instance, I have shown that uncontrolling IVR effects could cause inflation of individualism effects. Likewise, when the hypothesis of national wealth's diminishing marginal effects was rejected, I explained that by confounding with national wealth's interaction with social factors.

It should be noted that with comprehensive analyses on SWB determinants, the present study revealed coherent effect patterns by variable types, as follows. First, with income level's substantial effects, both for happiness and LS and both at individual and national level, the present study confirms the relevance of material conditions for SWB. Meanwhile, the predominant effect of social capital and marital status confirms the importance of social relationship and connectedness. Additionally, the strong effect of IVR shows that temporary pleasure is more influential for both happiness and LS than has been hitherto considered. Conversely, I could not find strong association between social progress and SWB, despite the presence of its theoretical arguments in Heylighen & Bernheim (2001) and Yee & Chang (2009); among four social quality factors, Edu/Welfare and GPRGE seem to be the most closely related to social progress, but in the present study their effects were far from being remarkable.

4.1 Future research

4.1.1 Limitations of the present study

The present research's limitations are as follows. First, the present study did not consider a global sample. Although I have stated that vulnerable countries were sufficiently counted in the present study's sample, still the proportion between developed and underdeveloped countries (23 countries from OECD and 36 from non-OECD) does not match the proportions found in the real world.

Furthermore, despite that the present study substantially extended the range of cross-contextual effects, there are still more to be explored—for instance, cultural values' moderation on demographic variables. Furthermore, national contexts affecting demographic effects are themselves, in reality, a combination of economy, society, and culture. It might be possible that, for instance, that individual education's effect is moderated by the national wealth, and in turn this moderating effect is affected by national PDI level. National factors themselves mutually

interact, while at the same time influencing individual variables' relevance to SWB. While Ciftci (2010, p. 145) found that the SWB consequence of democracy development is varied by each country's existing cultural and institutional schemes, the same can apply to other non-economic social factors. This fortifies the significance of analyzing moderating effects that are more complex, beyond two-dimensional interactions. For instance, the three-dimensional interaction between PDI, national wealth, and individual-level gender will show another picture of the SWB mechanism. Even when considering only national-level variables, exploring multi-order interactions (e.g. welfare effect's variation, across combination models of national wealth and PDI culture) will enrich cross-contextual approaches to determinants of SWB.

Furthermore, while I used Hofstede dimensions as parameters of culture, there are far more cultural domains whose contexts deserve further researches. For further clarification of the SWB mechanism, prospective studies should examine contexts defined by other cultural domains than Hofstede dimensions. Among those alternative cultural domains, the most familiar one for SWB researchers would be the cultural zone. Dealing with the cultural zone's contexts would be far more intricate than doing with value dimensions' contexts. The nature of value dimensions is assumed to be constant over time, and its defined attributes often tell some possible social consequences by themselves. For instance, we do not have to always know Korea or Spain's histories or traditions, in order to understand high UAI culture's social functions in those countries. To explore cultural zones contexts, on the contrary, we will have to understand any socio-cultural changes that might have affected value priorities for SWB. That means we have to look at the whole history of that culture, even when we use a rough approach to the culture-specific determinants for SWB. Those difficulties, however, do not deny the need to explore contexts of other cultural domains than value dimensions, for full understanding of contextual approach in SWB determinants.

Besides, effect coherence by variable types suggests the need for further discussion of the nature of SWB. This is related to two subjects: the prevalence of pleasure-seeking effects, and the degree of conceptual equivalence between social progress and SWB.

Hitherto, debates on the nature of SWB have been represented by two distinct viewpoints—pleasure-centered hedonism and virtue-centered eudaimonism (Ryan & Deci, 2001; Waterman, 1993). In the present study, the pleasure-related variables exerted a coherently strong effect for not only happiness but also for LS, whose nature is rather eudaimonic than hedonistic (Bünger, 2010; Proctor, Tweed, & Morris, 2014). Thus, the present findings are plainly inclined to the hedonistic viewpoint. By extension, it also suggests the possibility that the pleasure-seeking attitude's role might be crucial, even more than hitherto discussed in SWB research.

Contrary to pleasure-related variables, the effect of social progress turned out to be weak even for eudaimonic LS (Bünger, 2010; Proctor et al., 2014), indicating the discrepancy between social progress and SWB. While various researchers see SWB as an equivalent of social progress or as its direct outcome (e.g. D'Acci, 2010; McClean, 2014; Plé, 2000; Veenhoven, 2008; Veenhoven & Kalmijn, 2005), the present findings do not confirm such a stance. Of course, the present study alone is not enough for complete rejection of their conceptual proximity—not confirming is not the same as rejection. In prospective analyses with a worldwide or more proportionate sample, the social progress effects might be larger than in the present findings. Furthermore, even if social effects are weak in overall, SWB still can be used to evaluate the social outcome of policies; we can still evaluate each social domain's relative effects for SWB, and find the relevant and effective policies that are connected with social domains having remarkable effects.

At the least, however, the present study does suggest the need for re-discussion of the conceptual relationship between social progress and SWB. Here, it is worth stating two main

stances on the nature of social progress—universalistic and cultural relativistic views. In the universalistic view, the criterion and nature of social progress is universal, and should be applied equally across cultures (e.g. Follett, 1998; Spencer, 1895). Accordingly, social progress factors' measurement should be cross-culturally varied, and this makes it unfeasible to analyze the effect of standardized social progress factors for a multi-cultural sample. The universalistic view, therefore, supports that social progress and SWB are heterogeneous concepts, and thus they should be taken separately.

Cultural relativists, in turn, argue that the current concept of social progress has been formed in the Western tradition, and therefore it should not be forced on to other cultures (e.g. Çaylak, 2008; Riegg, 2007, p. 3). Accordingly, since the definition of social progress is varied across cultures, in the cross-cultural sample studies it cannot be measured in a consistent way. Thus, it will be harder to test social progress and SWB's conceptual equivalence or unrelated-ness. In this case, to continue exploring the conceptual links between social progress and SWB, our frameworks of social progress should allow for constituting indicators that are partially varied across cultures. Either universalism or cultural relativism is adapted, the present study casts doubt on the viewpoint that SWB should be understood in the frame of social progress. Above all, the effect patterns in the present study are too coherent to be disregarded.

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Author

Ki-Hoon Jun
Seoul National University
siskoih7@snu.ac.kr

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