

Supplementary information for: What's the difference between measures of wellbeing, quality of life, resilience, and coping? An umbrella review and concept map of 155 measures of positive mental health

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Table S1. Flow of studies of larger project (summary of protocol)

Study	Title and Description	Key outcomes
1	<p>Review of measures of mental health (current study)</p> <p>This study was designed to synthesize a list of measures of mental health (using the umbrella terms of wellbeing, quality of life, resilience and coping) to:</p> <ul style="list-style-type: none">(a) identify an inventory of measures of mental health; and(b) synthesize a list of potential dimensions for inclusion on the taxonomy. <p>The list of dimensions identified in existing measures were synthesized into a preliminary set created using existing lists of dimensions from the literature, which was reviewed by an expert panel. Dimensions were then mapped back against the umbrella terms of mental health.</p>	<ul style="list-style-type: none">• Inventory of existing measures of mental health (155 measures)• Set of preliminary dimensions for taxonomy• Concept map of the dimensions and their relationship to the key umbrella terms of mental health.

<p>2 Construction and preliminary testing of item pool</p> <p>This study involves the extraction of items from the measures of mental health (Study 1), and sorting items into ‘buckets’ of each dimension.</p> <p>Once sorted, preliminary testing of each dimension ‘bucket’ can commence, to evaluate the uni-dimensionality of each bucket and removal of poorly performing, inappropriate, or repetitive items.</p> <p>Dimension buckets will act as preliminary item-banks that will be formalized in Study 4.</p>	<ul style="list-style-type: none">• Extraction of approx. 3,600 items from measures of mental health• Construction of dimension buckets of relevant items (preliminary item-banks)• Identification of ‘new’ dimensions that arise from dimensionality testing of dimension buckets.
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<p>3 Delphi study with multi-disciplinary panel to develop a taxonomy of mental health</p> <p>This study will be used to reach academic consensus on the taxonomy and definitions of mental health proposed from Studies 1-3. Delphi panel participants will be recruited from a range of fields relevant for mental health, including health, psychology, economics, and philosophy.</p> <p>The first round of the Delphi will be used to present the preliminary dimensions, definitions, and example items to evaluate consensus and to identify missing dimensions. The second round would be used to reach consensus on any remaining (including additional dimensions that were identified in the first round).</p>	<ul style="list-style-type: none">• Academic consensus on a taxonomy of mental health• Clear definitions and example items for each taxonomy dimension
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<p>4 Development of “Living” item-banks for each taxonomy dimension</p> <p>Item-banks will be constructed using items extracted, sorted, and preliminarily tested in Study 2. Extracted items will supplementary items identified from Delphi panel consensus.</p> <p>Item-banks will be calibrated in a representative (age/gender) sample. Analysis may again identify that some dimensions are multi-dimensional, and therefore will be split into distinct, unidimensional dimensions. Thus, this study may identify additional dimensions for inclusion in the taxonomy.</p> <p>Much like a living systematic review, these item-banks can be continually informed and improved by data collected around the world for measurement improvement.</p>	<ul style="list-style-type: none">• Compilation of item-banks for each taxonomy dimension.• Calibration of item-banks for each taxonomy dimension• Recommendations for long- and short-form scales for each taxonomy dimension• Potential identification of additional taxonomy dimensions via psychometric analysis

Table S2. List of reviews identified by systematic search

Author	Review type	Domain of mental health	Review focus/population	Included measure
Afshari et al., 2021	Systematic review	Quality of life	Asthma	EuroQol
				SF36
				15D
Ai et al., 2022	Systematic Review	Quality of life	Primary Biliary Cholangitis	HUI
				NHP
				PROMIS-GH-10
				SF36
				WHOQOL
Al Maqbali et al., 2020	Systematic review	Quality of life	Arabic speaking adults	EuroQol
				QOLI
				SF36
				WHOQOL
Al Sayah et al., 2013	Systematic review	Quality of life	Arabic speaking adults	EuroQol
				QOLI
Albers et al., 2010a	Non-systematic review	Spiritual wellbeing	Palliative care	MQOL
Albers et al., 2010b	Systematic review	Quality of life	Palliative care	MQOL
				EuroQol
Ali et al., 2017	Systematic review	Quality of life	Psoriasis	SF36
				QOLI
				WHOQOL
Aquarone et al., 2014	Integrative review	Quality of life	Patients with Spinal cord injury	SWLS
				SF36
				ComQol

				QWBS
Archer et al., 2022	Systematic Review and Narrative Analysis	Quality of life	Adult Scoliosis	SF36 EuroQol
Ariello et al., 2021	Narrative review	Quality of Life	Brain Metastases	EuroQol
Aspden et al., 2014	Systematic review	Quality of life	Care homes	EuroQol
Attafuah et al., 2021	Scoping review	Quality of life	Older adults in African countries	SWLS SF36 WHOQOL
Baldoni et al., 2021	Integrative review	Quality of Life	Chagas Disease	SF36 WHOQOL
Balk et al., 2019	Systematic review	Quality of life	Lower Limb Amputees	SF36 WHOQOL
Bartczuk et al., 2020	Scoping review	Resilience	Cross-cultural validity of SACS	SACS
Baxter et al., 2005	Systematic review	Quality of life	Patients with chronic intestinal failure receiving parenteral nutrition at home	SF36 EuroQol
Behboodi Moghadam et al., 2018	Systematic review	Quality of life	Polycystic ovary syndrome	SF36 WHOQOL SWLS
Berardi et al., 2021	Systematic review	Quality of life	Parkinsons disease	WHOQOL EuroQol NHP
Bliven et al., 1998	Non-systematic review	Quality of life	Anti-anginal trials	SF36 QWBS HUI
Bonfils et al., 2019		Quality of life	Problem Gambling	SF36

				WHOQOL
				PWI
	Systematic review and meta-analysis			EuroQol
				EQ-VAS
				Q-LES-Q
				QOLI
Both et al., 2007	Critical review	Quality of life	Skin disease	SF36
				NHP
				WHOQOL
				SF36
				SF-12
				EuroQol
Bourdel et al., 2019	Systematic review	Quality of life	Endometriosis	NHP
				QOLI
				WHOQOL
				DHP
				15D
				GCOS
				FS
				PHI
				HEMA
Brandel et al., 2017	Systematic review	Eudaimonic Wellbeing	Clinical samples (mental illness)	MHC
				OTH
				NSS
				BMPNS
				QEW
Bray et al., 2020	Systematic review	Quality of life	Congenital mobility impairment	15D
				AQOL

				EuroQol
				HUI
				QWBS
				SF36
				SF36
Bronsard et al., 2010	Systematic review	Quality of life	Psoriasis	WHOQOL
				EuroQol
				COPE
				WHOQOL
Buchcik et al., 2013	Systematic review	Quality of life	Migrants	COPE
				SF36
				SF36
				NHP
				QWBS
Busija et al., 2011	Non-systematic review	Quality of life	Rheumatology	EuroQol
				HUI
				AQOL
				15D
Caceres-Matos et al., 2020	Systematic Review	Resilience	Chronic pain	CDRS
				EuroQol
Cameron et al., 2022	Systematic Review	Quality of life	Stroke	SF36
				AQOL
				SF36
Castelino et al., 2013	Non-systematic review	Quality of life	Systemic lupus erythematosus	QOLS
				EuroQol
Charlemagne-Badal et al., 2015	Non-systematic review	Wellbeing and life satisfaction	General population	WHOQOL
				Q-LES-Q

				QOLI
				SMH
				PQOL
				PWB
				LSQ
				PWELLS
				QLS
				QOLI
				CLS
				GWB
				LS
				MHI
				PLHPQ
				SF36
				PWB-R
				ABS
				SWLS
				LSR
				SHS
				SF36
Chassany et al., 2008	Systematic review	Quality of life	Gastro-oesophageal reflux disease	PGWBI
				EuroQol
				SF36
Chen et al., 2022	Scoping review	Quality of Life	Adult patients receiving home parenteral and enteral nutrition	EuroQol
				WHOQOL
				QOLI
				SF36
Chernyshov et al., 2019	Literature review	Quality of life	Skin cancer patients	EuroQol

Chiarotto et al., 2018	Systematic review	Quality of life	Low back pain	SF36
				EuroQol
				NHP
				PROMIS-GH-10
Clark et al., 2002	Systematic review	Quality of life	Menorrhagia	SF36
				EuroQol
				NHP
Clayson et al., 2006	Comparative review	Quality of life	HIV/AIDS Clinical Trials	EuroQol
				HUI
				MQOL
				NHP
				QLI
				QWBS
				SF36
				QOLS
				WHOQOL
				DTS
Cooke et al., 2016	Systematic review	Wellbeing	General	LSRQ
				SWLS
				SDHS
				SHS
				BNSG
				FS
				QEW
				PWBS
				SWB
				AQOL
COMQOL				

				QOLinv
				WHOQOL
				FFWEL
				LAQ
				OLP
				PWELLS
				TWI
				5WEL
				WI
				AHI
				COMPAS-W
				GWB
				SF36
				MHC
				OHI
				PHI
				PGWBI
				WEMWBS
				WHO10
				SF36
				NHP
Coons et al., 2000	Comparative review	Quality of life	General	QWBS
				HUI
				EuroQol
Cornelissen et al., 2018	Systematic review	Quality of life	Breast cancer	SF36
				PANAS
Cosco et al., 2016	Systematic review	Resilience	Older adults	CDRS
				BRCS

				WYRS
				SF36
Cote et al., 2000	Non-systematic review	Quality of life	Hypertension	NHP
				PGWB
				GWBAS
				WHOQOL
Courtney et al., 2003	Literature review	Quality of life	Aged care residents	AQOL
				PWELLS
				EuroQol
Damm et al., 2013	Systematic review	Quality of life	Lung cancer trials	WHOQOL
				SF36
				WHOQOL
				MSPSS
				NHP
Danquah et al., 2010	Non-systematic review	Quality of life	Haemodialysis	JCS
				SWLS
				MQOL
				ABS
				CSI
				NHP
De Korte et al., 2002	Systematic review	Quality of life	Psoriasis	SF36
				QWBS
				EuroQol
				HUI
Dijkers et al., 2005	Non-systematic review	Quality of life	Spinal cord injury	PQOL
				NHP
				SF36
				QOLI

				QOLS
				RSES
				WHOQOL
				LSI-A
				ABS
				SWLS
Dincer et al., 2021	Systematic Review	Quality of life	Testicular Cancer	SF36
				AHS
				RSE
				SWLS
				PANAS
				SPWB
Dodd et al., 2021	Scoping review	Wellbeing	University Students	CDRS
				FS
				WHO-5
				IGA
				BBC
				ISEL
				VQ
Dos Santos Oliveira & Santos	Literature review	Quality of life	Ferrans and Powers QOLI	QOLI
				SF36
				MHI
Dow et al., 2018	Systematic review	Quality of life	Informal carers of people with dementia	SF36
				QOLS
Dronavalli et al., 2015	Systematic review	Wellbeing	Community-based interventions	PWI
				WHOQOL

				SF36
				SOC29
				WBS
				SWLS
				EuroQol
				QWBS
				5WEL
				FriendS
				HUI
				NHP
				GAWLS
Edgell et al., 1996	Literature review	Quality of life	End-stage renal disease	ABS
				LCS
				RES
				IR
				SSRQA
				PFRS
				ER
Ershadi et al., 2020	Systematic review	Resilience	Construction management graduates	BRCS
				SRSQ
				DRS
				RSA
				BRS
				RSYA
				WHOQOL
Ettema et al., 2005	Literature review	Quality of life	Dementia	HSQ
				SF36
				NHP

				HUI
Fauntroy et al., 2020	Systematic review	Quality of life	Measures used in dance	PANAS
Fitzsimmons et al., 2009	Systematic review	Quality of life	Older cancer patients	EuroQol SF36
Gagliardi et al., 2021	Systematic Review	Quality of Life	Refugees	WHOQOL SF36
Garduno et al., 2007	Systematic review	Quality of life	Psoriasis lesions	EuroQol COPE
Gazzard et al., 2021	Scoping review	Quality of life	Glaucoma patients	SF36
				SF36 EuroQol NHP 15-D LIFE-H AQoL HUI HSQ QOLI WHOQOL
Geyh et al., 2007	Systematic review	Quality of life	Stroke	SF36 EuroQol WHOQOL NHP
Glover et al., 2011	Systematic review	Quality of life	Renal disease	MAACL EURO-QOL HUI
Golomb et al., 2001	Non-systematic review	Quality of life	Stroke	

				NHP
				QOLI
				QWBI
				SF36
				FAI
Goodinson et al., 1989	Critical review	Quality of life	General	QOLI
				SF36
Goswami et al., 2019	Systematic review	Quality of life	Haematological malignancy	EuroQol
				15D
				QOLI
				BCS
				CISS
Gregorio et al., 2014	Systematic Review	Resilience	Brain Injury	WCQ
				UCL
				CSQ
				CSA
Grobet et al., 2018	Systematic review	Quality of life	EuroQol in upper extremity orthopaedic disorders	EuroQol
				SF36
Grove et al., 2020	Systematic review	Quality of life	Hernias	WHOQOL
				EuroQol
				EuroQol
				FSQ
				GSS
Gruenewald et al., 2004	Systematic review	Quality of life	Multiple sclerosis	MHI
				NHP
				QOLS

				SF36
Guan et al., 2015	Literature review	Quality of life	Gastroesophageal reflux disease	SF36 PGWBI EuroQol
Hacker et al., 2003	Non-systematic review	Quality of life	Patients undergoing bone marrow transplant or peripheral blood stem cell transplant	SF36 PANAS QLI ABS PQOL RSES QOLS WCQ
Hagerty et al., 2001	Non-systematic review	Quality of life	National policy	WHOQOL COMQOL
Hallin et al., 2000	non-systematic review	Quality of life	Spinal cord injury	QOLI RSES
Halvorsrud et al., 2007	Review	Quality of life	Older adults	SF36 NHP EuroQol LEIPAD RGWB GLSS SWDL PQOL PIL-SF RSES SOC WHOQOL

				QLSQ
				QOLESQ
				AQOL
				SF36
Hamoen et al., 2015	Systematic review	Quality of life	Prostate cancer	QOLI
				SWLS
				WHOQOL
				WHOQOL
Hand et al., 2016	Non-systematic review	Quality of life	Chronic conditions in primary care	SF
				DHP
				SF36
				EuroQol
				HUI
Harrington et al., 2016	Systematic review	Quality of life	Prostate cancer	QWBS
				WHOQOL
				QOLI
				QOLI
Hasanvand et al., 2019	Critical review	Quality of life	Cancer	SF36
				MQOL
				NHP
				QLI
				SF36
				AQOL
Haywood et al., 2005	Structured review	Quality of life	Older people	EuroQol
				QWBS
				FSQ
				HSQ
Haywood et al., 2018	Systematic review	Quality of life	Out of hospital Cardiac arrest survivors	SF36

				LiSat-11
				QOLS
				15D
				EuroQol
				HUI
Heinl et al., 2016	Systematic review	Quality of life	Eczema trials	EuroQol
				SF
				QWBS
				SF
Hill et al., 2010	Systematic review	Quality of life	Spinal cord injury	QOLI
				SWLS
				WHOQOL
Hill et al., 2016	Systematic review	Quality of life	Atopic dermatitis	EuroQol
				HUI
				EuroQol
Hogg et al., 2012	Systematic review	Quality of life	Diabetes-related food disease	SF
				NHP
				QWBS
				WHOQOL
				SF36
Hubens et al., 2018	Systematic review	Quality of life	Individuals having or had fertility problems	SPWB
				PGWB
				QWBS
				QOLS
Hunt et al., 2019	Systematic review	Quality of life	Traumatic brain injury	SF36
				EuroQol
				WHOQOL
Hyde et al., 2016	Systematic review	Quality of life	Chinese populations	SF36

				MQOL
				EuroQol
				SOC
				WYRS
Ireson et al., 2018	Systematic review	Quality of life	Gestational trophoblastic disease	SW36
				SWLS
				WHOQOL
				SHS
				DRS
				LOT-R
				BRCS
				SWLS
				CHS
				WYRS
Janssens et al., 2021	Systematic review	Resilience	Police Officers	HS
				PVS
				CDRS
				CLGES
				EILCS
				CLG
				SES
				CISS
				SF36
				EuroQol
Jay et al., 2009	Systematic review	Quality of life	Liver transplantation	AQOLS
				QOLI
				GQOLI-74
				IGA

				IWB
				JCS
				LEIPAD
				LOT-R
				MHI
				NHP
				SF36
				PGWI
				QOLI
				SOC
				WCQ
				WHOQOL
Jenabi et al 2015.	Systematic review	Quality of life	Menopausal women	WHOQOL
				SF36
				15D
Jensen et al., 2014	Systematic review	Quality of life	Incisional hernia repair	EuroQoL
				SF36
				SF36
				QOLI
				EuroQol
Johansson et al., 2004	Literature review	Quality of life	Chronic heart failure	IWB
				NHP
				SOC
				FSQ
				ABS
				SF36
Jones et al., 2002	Systematic review	Quality of life	Benign gynaecologic conditions	NHP
				PGWBI

				EuroQol
				SF36
Jones et al., 2008	Systematic review	Quality of life	Polycystic ovary syndrome	WHOQOL
				RSES
				HUI
				SF36
Jones et al., 2020	Systematic review	Quality of life	Adult epilepsy clinics	EuroQol
				NHP
				HUI
Jordhoy et al., 2007	Systematic review	Quality of life	Palliative care	MQOL
Khatatbeh et al., 2021	Systematic review	Quality of life	Nursing staff	WHOQOL
				SF36
				QWBS
Kopec et al., 2003	Comparative review	Quality of life	Preference-weighted measures	HUI
				EuroQol
				SF36
Ku 2005	Literature review	Quality of life	Kidney donors	SF36
Ku 2007	Literature review	Quality of life	Spinal cord injury	SF36
				SF36
				SWLS
				EuroQol
Leegaard et al., 2018	Systematic review	Quality of life	Older adults receiving home care nursing	HUI
				WHOQOL
				PQOL
				CASP-19
				ICECAP

Legemate et al., 2020	Systematic review	Quality of life	Evaluation of burn treatment	EuroQol SF36
LeGrande et al., 2017	Systematic review	Social and emotional wellbeing	Indigenous Australians	AQOL EuroQol SF36 PMS MSPSS
Lemieux et al., 2011	Systematic review	Quality of life	Breast Cancer clinical trials	EuroQol SF36 PWBI MQOL PANAS
Leone et al., 2005	Systematic review	Quality of life	Epilepsy	SF36 NHP HUI FSQ QOLI WHOQOL EuroQol BEQOL VASQOL 15D PGWB
Limperg et al., 2017	Systematic review	Quality of life	Haemophilia	SF36
Lim-Watson et al., 2022	Systematic literature review	Quality of life	Women with Hypoactive Sexual Desire Disorder and Female Sexual Interest/Arousal Disorder	SF36 EuroQol
Linder et al., 2003	Systematic review	Quality of life	Acute sinusitis	SF

					EuroQol
					QWBS
					ABS
					AA
					BBC
					COPE
					BioPSSI
					CSASS
					COMQOL
					EuroQol
					GHWBI
					GWB
					LOTR
					SF36
Lindert et al., 2015	Systematic review	Wellbeing	Health Policy		OTH
					PANAS
					PWELS
					PMH
					PHS-WB
					CASP19
					QOLI
					QWBS
					RSES
					SPWB
					SOC
					SWLS
					MILS
					WEMWBS

				WHO5
				WHOQOL
Lins et al., 2016	Scoping review	Quality of life	SF36	SF36
				15D
				ABS
				AA
				AQOL
				AHI
				BPNS
				BBC
				BioPSSI
				CASP19
				DHS
				EWBS
Linton et al., 2016	Non-systematic review	Wellbeing	General	EuroQol
				WHOQOL
				FS
				HM
				HUI
				HHI
				ICECAP
				ICOPPE
				IPPA
				JSWBS
				LOT-R
				LiSat-11
				MILS

MUNSH

MHC

MHI

MPS

MCQOLI

MAACL

NHP

OWBS

OTH

OHQ

PWELLS

PGIS

PWI

PANAS

PMH

PFI

PGWB

PHS-WB

PIL-SF

QOLI

QOL-Inv

QWBS

QEW

QOLS

RSES

SPWB

SHIS

SWLS

				SPANE
				SS-B
				SF36
				SHAPS
				SPF-IL
				SWBS
				SP-WB-S
				SIWB
				STCI
				SHS
				SVS
				TSWLS
				SP-WB-S
				SS
				VLQ
				WEMWBS
				WHO5
				WHO-QBF
				WBPS
				WCQ
Livneh et al., 2019	Systematic review	Resilience	Chronic illness and disability	COPE
				CRI-A
				SF36
Lodge et al., 2021	Systematic review	Quality of life	Abdominal surgery	PROMIS-GH-10
				EuroQol
				QWBS
Lohr et al., 1996	Non-systematic review	Quality of life	General	SF36
				EuroQol
Longworth et al., 2014	Systematic review	Quality of life		

			National Institute for Health and Care Excellence decision-making	SF36 HUI SP-WB-S JSWBS MPS PWELLS SWBQ SIWB TSOS WHOQOL MIRSWB
Lu et al., 2019	Critical review	Spiritual wellbeing	General	
Lu et al., 2020	Narrative review	Quality of life	Total shoulder arthroplasty	SF36
Lucendo et al., 2017	Systematic review	Quality of life	Eosinophilic Oesophagitis	SF36
Luquiens et al., 2012	Systematic review	Quality of life	Alcohol-dependent patients	SF36 WHOQOL Q-LES-Q EuroQol HUI QWBS DHP NHP
Makai et al., 2014	Systematic review	Quality of life	Economic evaluations in health and social care for older people	AQOL SF36 EuroQol 15D QOLI

				ICECAP
				CASP19
				WHOQOL
				PWBI
				SPF-IL
				MQOL
				QOLS
				LGS
				PWI
				DHP
				SWLS
				COMQOL
				SPF-IL
				ICQOL
				DHS
				ERS
				CDRS
				RS
Mao et al., 2020	Scoping review	Resilience	Healthcare rescuers	RTSES
				FBFRS
				CFS
				BRS
				RES
				RSA
				MUNSH
Martin-Maria et al., 2020	Systematic review	Wellbeing	Old age	PWBS
				SWLS
				PWBS

				HHI
				CLS
				WI
				SHS
				VOL
				SIWB
				CASP19
McLeese et al., 2021	Systematic review and meta-analysis	Quality of Life	Bronchiectasis	SF36
Meilani et al., 2022	Systematic review	Quality of Life	Breast Cancer-Related Lymphedema	SF36
				EuroQol
				SF36
				WHOQOL
Messina et al., 2019	Critical review	Quality of life	Spinal muscular atrophy, patient and carer	RSES
				DHP
				SWLS
				NHP
				RSES
				PIL-SF
				WYRS
Mirošević et al., 2019	Systematic review	Quality of life	Resilience Scale	SF36
				CDRS
				SWLS
				WHOQOL
				SSQ
Mitera et al., 2010	Non-systematic review	Quality of life	Spinal Cord Injury	SF36

				QOLS
				SF-12, 36
				WHOQOL
				EuroQol
				15D
Mogos et al., 2013	Systematic review	Quality of life	Pregnant and postpartum mothers	LOT-R
				NHP
				QOLI
				MQOL
				PIL-SF
				MSSS
				PRFS
				AIM
				IBM
Morrell et al., 2013	Systematic review	Quality of life	Pregnant women	JSWBS
				PGWB
				RSES
				WHO5
				SF36
Morton et al., 2017	Systematic review	Quality of life	Bipolar disorders	WHOQOL
				Q-LES-Q
				EuroQol
				SF36
Mousavi et al., 2013	Systematic review	Quality of life	Infertile couples	WHOQOL
				QWBS
				QOLI
Mukuria et al., 2019	Systematic review	Quality of life	Generic measures for generate utility values	EuroQol
				SF36, 6d

				HUI, 2
				15D, 16D, 17D
				AQOL
				QWBS
				SF36
				NHP
Neelakantan et al., 2004	Systematic review	Quality of life	Chronic pelvic pain	EuroQol
				QOLI
				MHI
				EuroQol
				LiSat-11
Neumann et al., 2019	Systematic review	Quality of life	Adults with neurogenic speech-language communication difficulties	NHP
				SF36
				SWLS
				WHOQOL
				MHI
				WCQ
				COPE
				SWLS
				DHP
				SF36
Noveiri et al., 2022	Systematic review	Resilience	Family Caregivers of Patients with Breast Cancer	SOC
				CRI-A
				ISEL
				MBSS
				SSQ
				RCOPE

				CDRS
				HS
O'Donohue et al., 2021	Systematic review	Stress resilience	General	SR
				BRS
				DRS
				WYRS
				QOLI
Okamoto et al., 2002	Systematic review	Quality of life	Breast cancer	SF36
				WHOQOL
				CASP19
				EuroQol
				SHS
				ComQol
				PANAS
				SWLS
Ong et al., 2021	Scoping review	Subjective wellbeing	Online measures	WEMWBS
				WHOQOL
				WHO5
				ERQ
				UWIST
				ONS
				FMPS
				SPS
				SF36
Palfreyman et al., 2010	Systematic review	Quality of life	People with venous ulcers	EuroQol
				NHP
				WCQ
Papaioannou et al., 2013	Systematic review	Quality of life	Personality disorders	SF36

				EuroQol
				15D
				AQOL
				EuroQol
				NHP
Pascoal et al., 2018	Scoping review	Quality of life	Inherited metabolic disease	PGWBI
				SF36
				QOLI
				WHOQOL
				HUI
Paxton & Jones, 2012	Systematic review	Quality of Life	Breast cancer	SF36
				AQOL
				CASP-19
Pequeno et al., 2020	Systematic review	Quality of life	Measures used in population-based studies	EuroQol
				SF36
				WHOQOL
				QOLS
				SF36
Polinder et al., 2015	Systematic review	Quality of life	Traumatic brain injury	WHOQOL
				PQOL
				SF36
Radin et al., 2022	Systematic review	Quality of life	Systemic Lupus Erythematosus	EuroQol
				PROMIS-GH-10
				SF36
Raja et al., 2021	Literature review	Quality of life	Peripheral artery disease	EuroQol
				SF36
Razvi et al., 2005	Systematic review	Quality of life	Hypothyroidism	NHP

Rehal et al., 2011	Systematic review	Quality of life	Atopic Dermatitis	SF36
Rentz et al., 2001	Non-systematic review	Quality of life	Gastrointestinal disease studies	SF36 PGWBI NHP
Riodain et al., 2010	Literature review	Quality of life	Oral medicine	SF36 WHOQOL PGWBI COPE WCQ CRI-A ISEL
Rizo et al., 2017	Systematic review	Resilience	Heterosexual female IPV survivors	PF-SOC RCOPE CSI SACS EuroQol HUI NHP
Roborel De Climens et al., 2015	Systematic review	Quality of life	Type 2 diabetes patients treated with oral therapy	PGWBI SF36, 20, 12 W-BQ WHO5 WHOQOL
Ruiz Pena et al., 2021	Systematic review	Quality of life	Gynaecological and breast cancer	SF36 CDRS WYRS
	Systematic review	Quality of life	Institutionalised older adults	WHOQOL

				FS
				SF
				PERMA
				NHP
Santana-Berlanda et al., 2020				CASP-19
				HHI
				ICECAP
				VOL
				PWI
				WHOQOL
Shaffer et al., 2021	Systematic review	Quality of life	Painful temporomandibular disorders	EuroQol
				SF36
				15D
				AQOL
				ComQol
				DHP
				EuroQol
Siette et al., 2021	Systematic review	Quality of life	Older adults receiving aged care services	HUI
				NHP
				SF36
				SWLS
				WHOQOL
				ICECAP
Sima et al., 2021	Systematic review	Quality of life	endometriosis patients	SF36
				RSAS
Smith-Osborne et al., 2013	Systematic review	Resilience	General	WYRS
				RSA

				BRCS
				CDRS
				BPFI
				EuroQol
Speight et al., 2009	Systematic review	Quality of life	Diabetes	SF36
				W-BQ
				WHOQOL
Spinou et al., 2016	Systematic review	Quality of life	Bronchiectasis	SF36,
				EuroQol
				WHOQOL
				SWLS
				PWI
Strada et al., 2017	Systematic review	Quality of life	Opioid-dependent people	Q-LES-Q
				QOLI
				MQOL
				ComQol
				SWLS
				PANAS
Sui et al., 2021	Scoping review	Hedonic wellbeing	Sedentary behaviour	WEMWBS
				WHO5
				mDES
				SF36
				NHP
				WHOQOL
Sulaiman et al., 2019	Scoping review	Quality of life	Polio survivors	EuroQol
				SWLS
				QOLI
				ComQol

				SF36
				EuroQol
Szende et al., 2003	Systematic review	Quality of life	Adult haemophilia	HUI
				RSES
				MHLC
				SEC
Taibi et al., 2020	Systematic review	Quality of life	Pressurized intraperitoneal aerosol chemotherapy	SF36
				SF36
				WHOQOL
Tax et al., 2017	Systematic review	Quality of life	Cervical cancer patient	EuroQol
				PROMIS
				QOLI
				PGWB
Tayyem et al., 2011	Systematic review	Quality of life	Bariatric Surgery	SF36
				EuroQol
				NHP
				WHOQOL
Teresi et al., 2008	Systematic review	Quality of life	Differential item functioning patient-report outcome measures	EuroQol
				WHOQOL
				SF36
				EWBS
Tharmalingam et al., 2008	Literature review	Quality of life	Bone metastases	EuroQol
				SF36
Thompson et al., 2016	Literature review	Quality of life	Cardiovascular nursing	SF36
				EuroQol
Toms et al., 2021	Systematic review	Quality of life	Pancreatic Cancer Resection	SF36

Topp et al., 2015	Systematic review	Wellbeing	WHO5	WHO5
				EuroQol
				15D
Torvinen et al., 2016	Systematic review	quality of life	prostate cancer research	SF-6D,
				HUI, 2
				QWB
				AQoL
Tosh et al., 2012	Systematic review	Quality of life	Visual disorders	EuroQol
				SF36
				HUI
				ComQol
Townsend-White et al., 2012	Systematic review	Quality of life	Intellectual disabilities and challenging behaviours	MLSS
				PWI
				Q-LES-Q
				QOLI
Tripop et al., 2005	Non-systematic review	Quality of life	Glaucoma	SF36
Tully, 2013	Non-systematic review	Quality of life	Cardiac surgery	SF36
				NHP
				SF36
van der Ende-van Loon et al., 2021	Systematic review	Quality of life	Barrett Oesophagus	EuroQol
				PROMIS-GH-10
				WHOQOL
van Hansijckde Jonge et al., 2008	Literature review	Quality of life	Inguinal hernia repair	SF36
				EuroQol

van Ierssel et al., 2018	Systematic review	Quality of life	Concussion	EuroQol PQOL WHOQOL SF36 WHOQOL EuroQol AQOL
van Krugten et al., 2021	Systematic review	Quality of life	Mental health problems	15D QOLI QOLS PWI Q-LES-Q QOLInv AQOL EuroQol QOLI MQOL SAIL QLHQ
van Roij et al., 2018	Systematic review	Quality of life		WYRS
Wagnild et al., 2009	Literature review	Resilience	Resilience scale	EuroQol MAACL PANAS
Walocko et al., 2020	Systematic review	Quality of life	Immune checkpoint inhibitors	MHI-5, 18 WHO-5 WEMWBS
Webb et al., 2018	systematic review	quality of life	Immune checkpoint inhibitors	

				PGWBI
				W-BQ
				SF36
				SF36
				EuroQol
Weldam et al., 2013	Systematic review	Quality of life	Chronic Obstructive Pulmonary Disease	NHP
				WHOQOL
				QWBS
				WHOQOL
				QWBS
				SF36
Wen et al., 2022	Systematic review	Quality of life	HIV	HUI
				FAHI
				PROMIS29
				EuroQol
				EuroQol
Wheelwright et al., 2013	Systematic review	Quality of life	Cancer Cachexia	QOLI
				SF36
				15D
				AQOL
				EuroQol
Whitehurst et al., 2012	Review	Quality of life	Spinal Cord Injury	HUI
				QWBS
				SF36
				SF36
Whittingham et al., 2013	Narrative review	Quality of life	Carers of Heart Failure Patients	EuroQol
				SF36
Wilson et al., 2011	Systematic review	Quality of life	Spinal Cord Injury	LISAT-11

				PQOL
				QOLI
				SWLS
				WHOQOL
				RSA-37, 33
				CDRS
				BRS
Windle et al., 2011	Review	Resilience	Resilience measurement scales	WYRS
				ER89
				DRS
				RASP
				WYRS
				EuroQol
Wuytack et al., 2021	Systematic review	Quality of Life	Urinary Incontinence	QOLI
				SF36
				15D
				EuroQol
Xin & McIntosh, 2017	Systematic review	Quality of life	People with Parkinson's	HUI
				SF36
				SF36
				EuroQol
Yang et al., 2018	Narrative review	Quality of life	Dementia or cognitive impairment interventions	HUI
				GWB
				QOLS
				SF36
Yip et al., 2018	Review	Quality of Life	Surgical Outcomes for Lung Cancer	EuroQoL
				SHS
Zhang & Chen, 2019	Systematic review	Psychological wellbeing	Physical activity and PWB	UCLA-LS

				SWLS
				PANAS
				MAACL
				ABS
				SVS
				CASP-19
				GSE
				SPWB
				RSE
				BPNS
				SF36
				PQOL
				GWB
				DHS
				SF36
Zhoupeng & Ma, 2021	Narrative review	Quality of Life	Chronic Venous Disease	EQ-5Q

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Table S3. Frequencies and Percentages of Subject Topics of Extracted Reviews (N=200)

	Frequency (%)
General Population	12 (5.9%)
Specific Populations	178 (86.8%)
Physical Conditions	140 (78.7%)
Cancer	22 (15.7%)
Brain and Spinal Cord Disorders	18 (12.9%)
Heart Conditions and Stroke	7 (5.0%)
Skin Conditions	8 (5.7%)
Surgery	6 (4.3%)
End of Life	4 (2.9%)
Infertility, Pregnancy and Postpartum	4 (2.9%)
Other Physical Conditions	71 (50.7%)
Mental Health Conditions	9 (5.1%)
Older Adults	12 (6.7%)
Culturally and Linguistically Diverse Populations	8 (4.5%)
Other Specified Populations	9 (5.1%)
Other Subject Topics	15 (7.3%)

Table S4. List of measures identified in extracted reviews

Title	Ref	Acronyms	Number of Items	Time scale	Response scale	Scoring System	Wording	Response Format
15D	-1	15D	15	The present	Other		Both	
The 5 Factor Wellness Inventory	-2	5WEL	76	Couldn't find	10 point likert	Total Subscale	Couldn't Find	Other
Affectometer	-3	AA	40	Past 2 weeks	5 point likert	Total	Both	Frequency
Affect Balance Scale	-4	ABS	10	Past 3 months	Yes/no	Total	Both	
Authentic Happiness Inventory	-5	AHI	24	Past week	5 point likert	Total, averaged	Both	Similarity
Adult Hope Scale	-6	AHS	12	General	8 point likert	Total Subscale	Both	Agreement
Affect Intensity Measure	-7	AIM	40	Overall life	6 point likert	Total	Both	Frequency
Assessment of Quality of Life	-8	AQOL	35	Past week	4 point likert	Subscale Weighted score	Both	Similarity
BBC Wellbeing Scale	-9	BBC	24	Overall life	4 point likert	Total Subscale	Both	Intensity
Bio-psycho-socio-spiritual Inventory	-10	BioPSSI	41	Past month	6 point likert	Subscale	Both	Frequency
The Balanced Measure of Psychological Needs Scale	-11	BMPN	18	Overall life	7 point likert	Subscale	Both	Agreement

				Past 3 months		Total		
Baruth Protective Factors Inventory	-12	BPFI	16	Mixed time scales	5 point likert	Subscale	Both	Agreement
				Couldn't find				
Basic Psychological Needs Satisfaction in General	-13	BPNS	21	Overall life	7 point likert	Total, averaged Subscale, averaged	Both	Agreement
Brief Resilience Coping Scale	-14	BRCs	4	Overall life	5 point likert	Total	Positive	Similarity
Brief Resilience Scale	-15	BRS	6	Overall life	5 point likert	Total	Both	Agreement
Control, Autonomy, Self-Realisation and Pleasure	-16	CASP-19	19	Overall life	4 point likert	Total	Both	Frequency
Connor Davidson Resilience Scale	-17	CDRS	25	Overall life	5 point likert	Total	Positive	Agreement
Coping Flexibility Scale	-18	CFS	10	Overall life	4 point likert	Total, couldn't find Subscale, couldn't find	Both	Intensity
Cognitive Hardiness Scale	-19	CHS	30	Overall life	5 point likert	Total	Both	Agreement
Coping Inventory for Stressful Situations	-20	CISS	48	General	5 point likert	Subscale	Both	Intensity

California Life Goals Evaluation Schedule	-21	CLG	Couldn't find	Couldn't find	Couldn't find	Couldn't find	Couldn't Find	
Congruity Life Satisfaction Scale	-22	CLS	10	Overall life	6 point likert	Total, averaged	Positive	Intensity
The COMPAS-W Scale of Well-being	-23	COMPAS-W	26	Overall life	5 point likert	Total Subscale Population norms	Both	Agreement
Comprehensive Quality of Life Scale	-24	ComQol	36	Overall life	7 point likert 5 point likert	Other	Positive	Intensity
COPE	-25	COPE	60	Overall life	4 point likert	Subscale	Both	Similarity
Coping responses inventory Adult	-26	CRI-A	48	Couldn't find	4 point likert	Total	Both	Frequency
Coping Scale for Adults	-27	CSA	74	Couldn't find	5 point likert	Subscale, averaged	Both	Frequency
Cantril Self-Anchoring Striving Scale	-28	CSASS	2	The present The future Mixed time scales	11 point likert	Other	Couldn't find	Similarity
Coping Strategy Indicator	-29	CSI	33	Specific Event/Stressor	3 point likert	Subscale	Positive	Intensity

				Past 6 months				
				Mixed time scales				
Coping Style Questionnaire	-30	CSQ	60	General	4 point likert	Subscale Couldn't find	Both	Frequency
				Overall life			Mixed Response Formats	
Duke Health Profile	-31	DHP	17	The present	3 point likert	Subscale Weighted score	Both	Similarity
				Past week				Intensity
				Mixed time scales			Frequency	
Depression Happiness Scale	-32	DHS	25	Past week	4 point likert	Total	Both	Frequency
Dispositional Resilience Scale	-33	DRS	15	Overall life	4 point likert	Total Subscale	Both	Agreement
Ego resilience scale (ER89)	-34	ER89	14	Overall Life	4 point likert	Total	Positive	Agreement
Emotional Regulation Questionnaire	-35	ERQ	10	General	7 point likert	Subscale	Positive	Agreement
Essential Resilience Scale	-36	ERS	15	Overall Life	5 point likert	Total, averaged	Positive	Agreement

					Subscale, averaged			
EuroQOL Group Health Status Index - 5 dimensions					Mixed response scales, 3 point likert			
	-37	EuroQol	6	The present	+ vertical sliding scale	Other	Both	Intensity
EuroQol Feeling Thermometer								
EuroQol Visual Analogue Scale								
Emotional Wellbeing Scale	-38	EWBS	14	Couldn't find	5 point likert	Subscale	Both	Intensity
				Past 3 months				
Frenchay Activities Index	-39	FAI	15	Past 6 months	4 point likert	Total	Neutral	Frequency
				Mixed time scales				
Friendship Scale	-40	FriendS	5	Past month	5 point likert	Total	Both	Frequency
Flourishing Scale	-41	FS	8	Overall life	7 point likert	Total	Positive	Agreement
					4 point likert	Total		Mixed response formats
Functional Status Questionnaire	-42	FSQ	34	Past Month	5 point likert	Subscales	Both	Intensity

					6 point likert			Frequency
The General Causality Orientations Scale	-43	GCOS	17	Other	7 point likert	Subscale	Neutral	Agreement
General Self-Efficacy Scale	-44	GSE	10	Overall life	4 point likert	Total score	Positive	Agreement
General Wellbeing Schedule	-45	GWB	18	Past Month	6 point likert	Total	Both	Mixed response formats
					11 point likert	Subscale		Intensity
								Frequency
Hedonic and Eudaimonic Motives for Activities	-46	HEMA	9	Overall life	7point likert	Subscale	Positive	Intensity
Herth Hope Index	-47	HHI	12	The present	4 point likert	Total	Both	Agreement
Happiness Measures	-48	HM	4	Overall life	Mixed response scales, 11 point likert	Couldn't find	Positive	Other
								Intensity
Hardiness Scale	-49	HS	Couldn't find	Couldn't find	Couldn't find	Couldn't find	Couldn't find	
Health Status Questionnaire	-50	HSQ	7	Overall life	5 point likert	Other	Both	Mixed response formats
				Past month	3 point likert			Frequency

				Mixed time scales				Intensity
Health Utilities Index Mark 3	-51	HUI	8	Past month	Other	Other	Both	
ICEpop CAPability measure for Adults	-52	ICECAP-A	5	Overall life	4 point likert	Total Subscale	Both	Mixed response formats Frequency Intensity
Interpersonal, Community, Occupational, Physical, Psychological, and Economic well-being	-53	ICOPPE	21	Overall life	10 point likert	Subscale	Positive	Similarity
Interactive Computerized Quality of life Scale	-54	ICQOL	20	Overall life	Sliding scale	Total Subscale	Neutral	Intensity
Index of General Affect	-55	IGA	8	Overall life	Couldn't find	Couldn't find	Both	
Inventory of Positive Psychological Attitudes	-56	IPPA	32	Overall life	7 point likert	Total subscale, averaged	Both	Mixed response formats Frequency Intensity
Interpersonal Support Evaluation List	-57	ISEL	40	General	4 point likert	Subscale	Both	Agreement

Jalowiec Coping Scale	-58	JCS	60	Specific event/stressor	4 point likert	Total Subscale	Both	Mixed response formats Intensity Frequency
Jarel Spiritual Well-Being Scale	-59	JSWBS	21	Overall life	6 point likert	Subscale	Both	Agreement
LEIPAD Quality of Life Scale	-60	LEIPAD	31	Overall life	4 point likert	Subscale	Both	Intensity
Assessment of Life Habits	-61	LIFE-H	Couldn't find	Couldn't find	Other	Other	Neutral	
Life satisfaction checklist	-62	LiSat-11	11	Overall life	6 point likert	Total	Positive	Intensity
Life Orientation Test	-63	LOT-R	10	Overall life	5 point likert	Total	Both	Agreement
Life Satisfaction Research Questionnaire	-64	LSRQ	Couldn't find	Overall life The past The present Mixed time scales	Couldn't find	Couldn't find	Couldn't find	
Multiple Affect Adjective Check List-Revised	-65	MAACL	132	The present	Couldn't find	Couldn't find	Couldn't find	
Miller Behavioral Style Scale	-66	MBSS	Couldn't find	Couldn't find	5 point likert	Subscale Total	Couldn't find	Intensity

Modified Differential Emotions Scale	-67	mDES	20	The present	4 point likert	Subscale	Both	Intensity
The Mental Health Continuum	-68	MHC	14	Past month	6 point likert	Total Subscale	Positive	Frequency
Multidimensional Health Locus of Control Scales - FORM A	-69	MHLC	18	Other	6 point likert	Subscale	Both	Agreement
Meaning in Life Scale	-70	MILS	10	Overall life	7 point likert	Subscale	Both	Agreement
Mental Physical Spiritual Well-Being Scale	-71	MPS	30	Mixed time scales	5 point likert	Subscale	Both	Frequency
McGill Quality of Life Questionnaire						Total, averaged		Mixed response formats
McGill Quality of Life Questionnaire - Cardiff Short Form	-72	MQOL	17	Other	11 point likert	Subscale, averaged	Both	Intensity
								Frequency
								Agreement
Multidimensional scale of perceived social supports	-73	MSPSS	12	Overall Life	7 point likert	Total Subscale	Positive	Agreement
MOS Social Support Survey	-74	MSSS	19	Couldn't find	5 point likert	Total, averaged Subscale, averaged	Positive	Frequency
Memorial University of Newfoundland Scale of Happiness	-75	MUNSH	24	Overall Life	Yes/no	Total	Both	

				Past month				
				Mixed time scales				
Nottingham Health Profile	-76	NHP	45	Overall life	Yes/no	Total, couldn't find	Negative	
						Weighted score		
						Subscale		
				Past month				
Need Satisfaction Scale	-77	NSS	30	Specific event/stressor	5 point likert	Subscale, averaged	Positive	Intensity
				Mixed time scales				
Oxford Happiness Inventory	-78	OHI	29	Overall life	6 point likert	Total	Both	Agreement
Optimal Living Profile	-79	OLP	135	Couldn't find	5 point likert	Subscale	Couldn't find	Mixed response formats
								Agreement
								Frequency
ONS Wellbeing Scale	-80	ONS	4	General	11 point likert	Other	Both	Intensity
				Yesterday				

				Mixed time scales				
Orientation to Happiness Scale	-81	OTH	18	Overall life	5 point likert	Subscale Total, couldn't find	Positive	Similarity
				Past life				
				The present				
Ontological wellbeing scale	-82	OWBS	24	The future	5 point likert	Subscale, couldn't find	Both	Intensity
				Mixed time scales				
Positive and Negative Affect Schedule	-83	PANAS	20	Other	5 point likert	Subscale Subscale	Both	Intensity
PERMA Profiler	-84	PERMA	23	General	11 point likert	Total Subscale	Both	Mixed response formats Frequency Intensity
Positive Functioning Inventory	-85	PFI	12	Past week	4 point likert	Total	Both	Frequency
Protective Factors for Resilience Scale	-86	PFRS	20	Overall life	7 point likert	Total, Subscale	Positive	Agreement
Problem-Focused Coping Scale	-87	PF-SOC	18	Past month	5 point likert	Total Subscale	Both	Frequency

Personal growth initiative scale	-88	PGIS	9	General	6 point likert	Total	Positive	Agreement
Psychological General Well-Being Index	-89	PGWBI	22	Past month	6 point likert	Total	Both	Mixed response formats Frequency Intensity
The Pemberton Happiness Index	-90	PHI	21	Overall life The present Mixed time scales	11 point likert	Total	Both	Agreement
Public Health Surveillance Well-being Scale	-91	PHS-WB	34	Couldn't find	Couldn't find	Couldn't find	Both	
Purpose in Life Test-short form	-92	PIL-SF	20	The present	5 point likert	Total	Both	Intensity
Positive Mental Health Measurement Scale	-93	PMH	47	Overall life	6 point likert	Total, averaged Subscale, averaged	Positive	Similarity
Pearlin Mastery Scale	-94	PMS	7	Overall life	4 point Likert	Total score	Both	Agreement
Perceived Quality of Life Scale	-95	PQOL	20	Overall life	10 point likert	Total, couldn't find	Both	Intensity

				Subscale, couldn't find				
				Overall life	Subscale		Mixed response formats	
PROMIS global health short form	-96	PROMIS-GH-10	10	Past week	5 point likert	Population Norms	Both	Intensity
				Mixed time scales			Frequency	
Personal views survey	-97	PVS	18	Couldn't find	Couldn't find	Couldn't find	Couldn't find	
Perceived Well-being Scale -Revised	-98	PWBS	14	Overall life	7 point likert	Total Subscale	Both	Agreement
Perceived Wellness Survey	-99	PWELLS	36	Overall life	6 point likert	Subscale Total	Both	Agreement
Personal Wellbeing Index	-100	PWI	7	Overall life	11 point likert	Total	Positive	Intensity
The Questionnaire for Eudaimonic Well-Being	-101	QEW	21	Overall life	5 point likert	Total	Both	Agreement
The Quality of Life Enjoyment and Satisfaction Questionnaire	-102	Q-LES-Q	93	Past week	5 point likert	Couldn't find	Positive	Frequency

Quality of Life and Health Questionnaire	-103	QLHQ	4	Past week	4 point likert 10 point likert	Subscale, couldn't find	Both	Intensity
Quality of Life Index Questionnaire Ferrans and Powers Brief Version	-104	QOLI	33	Overall life	6 point likert	Couldn't find	Positive	intensity
Quality of Life inventory	-105	QOL-Inv	17	Overall life	3 point likert 7 point likert	Total	Couldn't find	Intensity
Quality of Life Scale Swedish QOLS	-106	QOLS	15	The present	7 point likert	Total	Positive	Intensity
Quality of Wellbeing Scale	-107	QWBS	10	Couldn't find	Yes/no 4 point likert 5 point likert 11 point likert	Total	Negative	Mixed response formats Other Intensity
Resiliency Attitudes and Skills Profile	-108	RASP	34	Overall life	6 point likert	Subscale	Positive	Agreement
Resilience Evaluation Scale	-109	RES	10	Couldn't find	5 point Likert	Total	Positive	Agreement

Resilience Scale for Adults	-110	RSA	37	Overall life	Semantic differential scale	Subscale, averaged	Both	
Rosenberg Self-Esteem Scale	-111	RSES	10	Overall life	4 point likert	Total	Both	Agreement
The Resiliency Scale for Young Adults	-112	RSYA	50	Overall life	5 point likert	Total Subscale	Both	Frequency
Response to Stressful Events Scale	-113	RTSES	22	Specific event/stressor	5 point likert	Total	Positive	Similarity
Strategic approach to coping scale	-114	SACS	52	Specific event/stressor	5 point likert	Subscale	Both	Similarity
Spiritual Attitude and Involvement List	-115	SAIL	30	Overall life	6 point likert	Total Subscale	Both	Mixed response formats Frequency Intensity
Short Depression Happiness Scale	-116	SDHS	6	Past week	4 point likert	Total	Both	Frequency
Social Experiences Checklist (16 items)	-117	SEC	16	Past month	4 point likert	Couldn't find	Both	Frequency
Short Form Survey	-118	SF-36	36	Overall life	5 point likert	Subscale	Both	Mixed response formats
				The Past	6 point likert			Intensity
				Past month	3 point likert			Frequency

				Mixed time scales	Other			Agreement
Sherer General Self-Efficacy Scale	-119	SGSES	17	Couldn't find	5 point likert	Total	Both	Agreement
Snaith-Hamilton Pleasure Scale	-120	SHAPS	14	Overall life	4 point likert	Total	Both	Agreement
Subjective Happiness Scale	-121	SHS	4	Overall life	7 point likert	Total, averaged	Both	Mixed response formats Agreement Intensity
Spirituality Index of Well-Being	-122	SIWB	12	Overall life	5 point likert	Total Subscale	Positive	Agreement
Sense of Coherence	-123	SOC29	23	Overall life	7 point Likert	Total	Both	Intensity
						Subscale		
						Subscale		
Scale of Positive and Negative Experience	-124	SPANE	12	Past month	5-point likert	Affect balance, minus summed negative from positive	Both	Frequency
Social Production Function-IL	-125	SPF-IL	58	Past 3 months	4 point likert	Subscale, averaged	Both	Frequency

					5 point likert			
Social Provisions Scale	-126	SPS	24	General	4 point likert	Subscale	Both	Agreement
Ryff's Scales of Psychological Wellbeing	-127	SPWB	42	Overall life	7 point likert	Subscore	Both	Agreement
						Total		
Spiritual Well-Being Scale	-128	SP-WB-S	20	Overall life	6 point likert	Subscale, couldn't find	Both	Agreement
Stress Resilience	-129	SR	67	Past week	4 point likert	Total	Both	Intensity
						Total		
Spirituality Scale	-130	SS	22	Overall life	6 point likert	Subscale	Positive	Agreement
Serenity Scale-Brief	-131	SS-B	22	Overall life	5 point likert	Subscale	Both	Frequency
Social Support Questionnaire	-132	SSQ	27	General	6 point likert	Total, average	Both	Intensity
State-Trait Cheerfulness Inventory	-133	STCI	60	Overall life	4 point likert	Subscale	Both	Agreement
Subjective Vitality Scale	-134	SVS	7	Overall life	7 point likert	Total	Both	Agreement
						Total, averaged		
Spiritual Wellbeing Questionnaire OR The Spiritual Health And Life-Orientation Measure (SHALOM)	-135	SWBQ	20	Past 6 months	5 point Likert	Subscale, averaged	Positive	Intensity

Social Wellbeing Scale	-136	SWBS	33	Overall life	7 point likert	Subscale	Both	Agreement
Satisfaction with Life Scale	-137	SWLS	5	Overall life	7 point likert	Total	Positive	Agreement
Theistic Spiritual Outcome Survey	-138	TSOS	17	Past week	5 point likert	Total Subscale	Positive	Frequency
				The past				
				The present				
Temporal Satisfaction with Life Scale	-139	TSWLS	15	The future	Couldn't find	Subscale	Positive	
				Mixed time scales				
TestWell Wellness Inventory	-140	TWI	100	Other	5 point likert	Couldn't find	Both	Frequency
Utrecht Coping List	-141	UCL	26	Past 3 months	4 point likert	Subscale	Both	Frequency
UCLA Loneliness Scale	-42	UCLA-LS	20	Overall life	4 point likert	Total	Both	Similarity
UWIST Mood Adjective Checklist	-143	UWIST	29	The Present	4 point likert	Total Subscale	Both	Intensity
Valued Living Questionnaire	-144	VLQ	20	Overall life	10 point likert	Total	Neutral	Mixed response formats
								Intensity
								Similarity

Valuation Of Life Scale	-145	VOL	19	Overall life	5 point likert	Subscale	Both	Agreement
Valuing Questionnaire	-146	VQ	10	Past week	7 point likert	Subscale	Both	Agreement
Wellbeing Questionnaire	-147	W-BQ	12	Past 3 weeks	3 point likert	Subscale	Both	Frequency
Wellness Belief Scale	-148	WBS	24	Overall life	7 point likert	Subscale	Positive	Intensity
Ways of Coping Questionnaire (Revised)	-149	WCQ	66	Overall life	4 point likert	<u>Total</u> Subscale	Both	Frequency
Warwick-Edinburgh Wellbeing Scale	-150	WEMWBS	14	Past 2 weeks	5 point likert	Total	Positive	Frequency
WHO-10 wellbeing index OR WHO-5	-151	WHO-10	10	Past 2 weeks	6 point likert	Total	Positive	Frequency
WHO-Brief Spiritual, Religious and Personal Beliefs	-152	WHO-QBF	32	Overall life	5 point likert scale	Subscale	Positive	Couldn't find
World Health Organization Quality of Life-BREF Scale	-153	WHOQOL	100	Past 2 weeks	5 point likert	Subscale	Both	Mixed response formats <u>Intensity</u> Frequency
Wellness Inventory	-154	WI	120	Couldn't find	5 point scale	Total	Couldn't find	Frequency
Wagnild & Young's Resilience Scale	-155	WYRS same as RS	25	Overall life	7 point likert	Total Subscale	Positive	Agreement

Table S5. Frequencies and percentages of response scales used across measures (N=155)

	Frequency (%)
Yes/no	4 (2.2%)
Likert Scale	147 (82.1%)
3-point	7 (4.8%)
4-point	35 (23.8%)
5-point	47 (32.0%)
6-point	22 (15.0%)
7-point	22 (15.0%)
10-point	5 (3.4%)
11-point	9 (6.1%)
Mixed Likert Scales^a	10 (5.6%)
Sliding Scale	2 (1.1%)
Mixed Response Scales^b	2 (1.1%)
Not found	8 (4.5%)
Other	6 (3.3%)

Notes. a = Likert scales differ across items, b = Measures include mixed response scales across items

Table S6. Frequencies and percentages of reference periods used across measures (N=155)

	Frequency (%)
General	86 (45.7%)
Past Week	12 (6.4%)
Past 2 Weeks	4 (2.1%)
Past 3 Weeks	1 (0.5%)
Past Month	14 (7.4%)
Past 3 Months	5 (2.7%)
Past 6 Months	3 (1.6%)
The Present Moment	14 (7.4%)
The Past	3 (1.6%)
The Future	3 (1.6%)
Specific Event/Stressor	5 (2.7%)
Mixed Time Scales ^a	16 (8.5%)
Not found	17 (9.0%)
Other	5 (2.7%)

Notes. a = reference periods differ across items

Table S7. Frequencies and percentages of scoring procedures used across measures (N=155)

	Frequency
	(%)
Total Score	87 (39.9%)
Subscale Score	84 (38.5%)
Weighted Score	3 (1.4%)
Population Norms	2 (0.9%)
Not found	20 (9.2%)
Other	22 (10.0%)

Table S8. Summary of the original constructs, their definitions, example items, and coded theme

Constructs	Acronyms	Ref	Original construct	Definition	Example Item	Coded theme
15D	15D	(1)	Overall QoL	The 15D is based on the definition of health by the World Health Organisation (WHO) as being composed of physical, mental and social well-being.	Respondents provide answers to a set of statements with differing response scales. For Item on Vitality answer options range from “I feel healthy and energetic” to “I feel extremely weary, tired or feeble, totally exhausted.”	Indiscriminant
The 5 Factor Wellness Inventory	5WEL	(2)	The Coping Self	Elements that regulate our responses to life events and provide a means for transcending their negative effects.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Competence
			The Creative self	Captures the combination of attributes that each individual forms to make a unique place among others in his or her social interactions, including thinking, emotions, control, positive humour, and work.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant
			The Social Self	The Social Self includes two components: friendship and love.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Personal relationships
			The Physical self	Captures exercise and nutrition.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Physical health
			The Essential Self	One's existential sense of meaning, purpose, and hopefulness toward life.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Meaning and Purpose
Affectometer	AA	(3)	Positive affect	The Affectometer 2 captures positive affect, negative affect and the affect balance: no further definition provided.	Respondents indicate whether they felt a certain way in past 2 weeks. Example item: “I feel loved and trusted.”	Happiness
			Negative affect	The Affectometer 2 captures positive affect, negative affect and the affect balance: no further definition provided.	“I have lost interest in other people & don’t care about them.”	Psychological distress

Affect Balance Scale	ABS	(4)	Positive affect	The occurrence of certain positive experiences, such as excitement, interest and elation.	Respondents indicate whether they felt a certain way over the past few weeks. Example item: "Pleased about having accomplished something"	Happiness
			Negative affect	The occurrence of negative mental states, such as worry, loneliness and unhappiness.	"Depressed or very unhappy"	Psychological distress
Authentic Happiness Inventory	AHI	(5)	Happiness	Measures wellbeing defined as experiencing and savouring pleasures, losing the self in engaging activities, and participating in meaningful activities.	Answer options depend on question. For item of "Success" answer options range from "I do not do most things very well." to "I do really well at whatever I am doing."	Indiscriminant
Adult Hope Scale	AHS	(6)	Hope Pathways	Measures a sense of successful goal-directed planning.	Respondents indicate whether a statement describes them or not. Example item: "I can think of many ways to get the things in life that are important to me."	Competence
			Hope Agency	Measures the sense of successful goal-directed determination, in past and future.	"I meet the goals that I set for myself."	Competence
Affect Intensity Measure	AIM	(7)	Overall affect intensity	The characteristic strength or intensity with which an individual typically experiences his or her emotions.	Respondents indicates with what affect intensity they react to different events or circumstances. Example item: "My heart races at the anticipation of some exciting event"	Indiscriminant
Assessment of Quality of Life	AQOL	(8)	Independent living	Items focus on "Household tasks, mobility outside the home, walking and self-care"	Respondents describe their situation as it has been over the past week. Example item: "How difficult is it for you to wash, toilet, dress yourself, eat or care for your appearance?"	Activities and Functioning

			Coping	Items focus on "Having enough energy, being in control and coping with problems"	"How much do you feel you can cope with life's problems?"	Indiscriminant
			Happiness	Items focus on "Contentment, enthusiasm, degree of feeling happiness and pleasure"	"How often do you feel happy?"	Happiness
			Relationships	Items focus on "Enjoying relationships with family and friends, satisfaction with close relationships with family and friends, social isolation and social exclusion."	"How happy are you with your close and intimate relationships?"	Personal Relationships
			Physical senses	Items focus on "Seeing, hearing and communication"	"How well can you hear (using your hearing aid if needed)?"	Physical health
			Pain	Items focus on "the frequency of pain, the degree of pain and the interference with usual activities caused by pain"	"How much pain or discomfort do you experience?"	Physical health
			Mental Health	Items focus on "feelings of depression, trouble sleeping, feelings of anger, self-harm"	"How often did you feel in despair in the last seven days?"	Psychological distress
			Self-worth	Items focus on "feeling like a burden, worthlessness and confidence"	"How much of a burden do you feel you are to other people?"	Self-acceptance
BBC Wellbeing Scale	BBC	(9)	Relationships	Items derived from Ryff's positive relationship domain (see Ryff's Scales of Psychological Wellbeing)	Respondents indicate to what extent they agree with statements. Example item: "Are you satisfied with your personal and family life?"	Personal relationships
			Physical wellbeing	Items derived from WHOQOL-BREF (see World Health Organization Quality of Life) aiming to measure general quality of life in relation to: physical health, psychological health, social, relationships and environment	"Are you satisfied with your physical health?"	Indiscriminant

			Psychological wellbeing	As per Ryff's model (see Ryff's Scales of Psychological Wellbeing), with items assessing psychological well-being on five of its subscales: self-acceptance, autonomy, environmental mastery, purpose of life and personal growth.	"Do you feel in control over your life?"	Indiscriminant
Bio-psycho-socio-spiritual Inventory	BioPSSI	(10)	Social symptoms	Based on social items from the Duke Functional Social Support Questionnaire (see Duke Health Profile) and social functioning items from the SF-36 (see Short Form Survey)	Respondents reflect on how much they experienced something during the past month. Example item: "Love and affection"	Personal relationships
			Physical Symptoms	Somatic experiences, with items derived from Symptom Checklist-90 (SCL-90) (154) and the SF-36 (see Short Form Survey)	"Pains in lower back"	Physical health
			Psychological symptoms	Psychological experiences, with items derived from emotional symptoms	"Downhearted and blue."	Psychological distress
			Impaired Functional Status	Items derived from the SF36 (see Short Form Survey)	"Limit the kind of work or other activities you do"	Activities and Functioning
			Spiritual symptoms	Measures a sense of spirituality, with items derived from FACIT-Sp (155) and the Brief Multidimensional Measurement of Religiousness/Spirituality (156)	"Sense of harmony within yourself."	Spirituality
The Balanced Measure of Psychological Needs Scale	BMPN	(11)	Autonomy	The experience of volition, choice and self-regulation.	Respondents indicate the extent to whether certain statements are true for them. Example item: "There were people telling me what I had to do."	Autonomy
			Competence	The experience of mastery and ability.	"I was successfully completing difficult tasks and projects."	Competence
			Relatedness	The experience of support, connection, and closeness with important others.	"I felt a sense of contact with people who care for me, and whom I care for"	Personal relationships

Baruth Protective Factors Inventory	BPFI	(12)	Compensating experiences	Encompasses positive adaptation within the context of adversity, which includes a feeling of positive control over an uplifting experience while having experienced the same situation as a hassle.	Respondents reflect on the extent to which they agree with statements related to resilience. Example item: "I feel that I have control over many (but not all) events in my life."	Competence
			Fewer stressors	Having fewer life stressors or risk factors in important life areas such as health, finances, family/friends, and/or work/school	"There have been more problems than positive experiences with my health status in the past 3 months."	Personal circumstances
			Supportive environment	Access to an environment with at least one supportive, caring, interested, and/or trusting relationship	"I have a good relationship with at least one supportive person. (whether in your family or not)"	Personal relationships
			Adaptable Personality	Learned set of personality traits that include elements such as high self-esteem, optimism, creativity, resourcefulness, independence, friendliness, and feelings of competence	"I feel that I am optimistic and concentrate on the positives in most situations."	Indiscriminant
Basic Psychological Needs Satisfaction in General	BPNS	(13)	Autonomy	The experience of volition, choice and self-regulation.	Example items: "I feel like I am free to decide for myself how to live my life"	Autonomy
			Competence	The experience of mastery and ability.	"Often, I do not feel very competent"	Competence
			Relatedness	The experience of support, connection, and closeness with important others.	"I get along with people I come into contact with"	Personal relationships
Brief Resilience Coping Scale	BRCS	(14)	Resilient Coping	The tendency to use cognitive appraisal skills effectively and in a flexible, committed approach to active problem solving despite stressful circumstances.	Respondents are asked to consider how well statements describe their actions and behaviours. Example item: "I look for creative ways to alter difficult situations."	Problem-focused coping
Brief Resilience Scale	BRS	(15)	Resilience	The perceived ability to bounce back and recover from stress or stressful experiences.	"I tend to bounce back quickly after hard times"	Competence

Control, Autonomy, Self-Realisation and Pleasure	CASP-19	(16)	Autonomy	The scale captures QoL through the lens of psychological needs, with autonomy defined as “the right of an individual to be free from the unwanted interference of others”	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Autonomy
			Control	Control was defined as “the ability to actively intervene in one's environment”	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Autonomy
			Self-realisation	Self-realisation was seen as one of “the active and reflexive processes of being human” looking into development and opportunities so far and in future	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Development
			Pleasure	Pleasure was defined as another active and reflexive process of being human, tapping into enjoyment, happiness and energy.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Happiness
Connor-Davidson Resilience Scale	CDRS	(17)	Control	Taps into perceptions of control over circumstances	Example items: “Feel in control”	Indiscriminant
			Personal competence, high standards, and tenacity	Taps into diverse domain of “Personal competence, high standards, and tenacity”	“Belief in achieving goals despite obstacles”	Indiscriminant
			Trust in one's instincts, tolerance of negative effect, and strengthening effects of stress	Taps into diverse domain of “Trust in one's instincts, tolerance of negative effect, and strengthening effects of stress”	“Relying on a hunch when dealing with life's problems”	Indiscriminant
			Positive acceptance of change, and secure relationships	Taps into diverse domain of “Positive acceptance of change, and secure relationships”	“Confidence dealing with new challenges and difficulty from past successes”	Indiscriminant
			Spiritual influences	Taps into influence of spiritual factors or higher power	“Fate or God to help with problems”	Indiscriminant

Coping Flexibility Scale	CFS	(18)	Adaptive Coping	The act of considering and implementing alternative coping strategies when other ones have failed.	Respondents are asked to how well situations apply to them. Example item: "When a stressful situation has not improved, I try to think of other ways to cope with it"	Problem-focused coping
			Evaluation Coping	The act of monitoring coping outcomes and abandoning coping strategies when they produce undesirable outcomes	"I fail to notice when I have been unable to cope with stress"	Problem Focused Approach coping
Cognitive Hardiness Scale	CHS	(19)	Control	An individual's beliefs that they have a sense of control over significant outcomes in life.	No domain-specific scores used, only total score. Therefore, items per domain not extracted.	Indiscriminant
Coping Inventory for Stressful Situations	CISS	(20)	Emotion-oriented	Measures the tendency to cope by concentrating on the resultant emotions (e.g., becoming angry or upset about a situation).	Example item: "Feel anxious about not being able to cope"	Emotion-focused coping
			Task oriented	Task-oriented coping, in that strategies deal with the problem at hand.	"Take corrective action immediately"	Problem Focused Approach coping
			Avoidant coping (distraction)	Avoidance-oriented, in that an individual tries to avoid the problem by distraction.	"Buy myself something"	Avoidance coping
			Avoidant coping (social diversion)	Avoidance-oriented, in that an individual tries to avoid the problem by using others as a distraction.	"Visit a friend"	Avoidance coping
California Life Goals Evaluation Schedule	CLG	(21)	Can't find	Can't find	Can't find	Not coded

Congruity Life Satisfaction Scale	CLS	(22)	Life satisfaction	Measures life satisfaction as a function of the comparison between perceived life accomplishments and a set of evoked standards, which were classified as to their derivative sources (e.g., life accomplishments of relatives, past experience) and different forms (e.g., standards-based on ideal, expected or deserved outcomes).	"Compared to the ACCOMPLISHMENTS OF MOST PEOPLE IN YOUR POSITION, how satisfied are you?"	Life Satisfaction
The COMPAS-W Scale of Well-being	COMPAS-W	(23)	Composure	Measures competency and ability in stressful situations.	Respondents judge items in relation to how they feel most of the time. Example item: "When I'm faced with a stressful situation, I usually make myself think about it in a way that helps me stay calm"	Competence
			Mastery	Measures self-confidence and perceived control over one's environment.	"I usually like to have a say in any decisions made by any group I'm in"	Autonomy
			Achievement	Measures goal orientation and striving.	"I work hard to accomplish my goals"	Development
			Positivity	Measures existence of an optimistic and positive outlook.	"I am not a cheerful optimist"	Optimism
			Own worth	Measures autonomy and independent self-worth.	"For me, knowing I've done something well is usually more important than being praised by someone else"	Indiscriminant
Comprehensive Quality of Life Scale	ComQol	(24)	Satisfaction	Measures satisfaction with life, health, work, personal relationships and emotions.	"I would rate my quality of life as very good"	Indiscriminant
			General QoL	ComQol aims to capture objective and subjective interpretations of QoL across a range of life aspects ranging from asking for help to financial wellbeing.	Respondents are asked to most accurately describe their situation. Example item:	Indiscriminant

				“How often do people outside your home ask for your help or advice?”		
COPE	COPE	(25)	Suppression of competing activities	Aiming to cope by putting other projects or activities aside, not getting distracted, even letting other things slide, if necessary.	Example item: “I put aside other activities in order to concentrate on this”	Problem Focused Approach coping
			Behavioural disengagement	Seizing one’s attempt to deal with the stressor, even giving up the endeavour to accomplish goals with which the stressor is intrusive.	“I just give up trying to reach my goal”	Avoidance coping
			Substance use	The use of substances such as alcohol or drugs to cope with problems	“I use alcohol or drugs to help me get through it”	Avoidance coping
			Mental disengagement	A wide variety of activities that serve to distract the person from thinking about the behavioural dimension or goal with which the stressor is interfering.	“I go to movies or watch TV, to think about it less”	Avoidance coping
			Denial	Denying with the aim to diminish distress and in that way to improve coping.	“I pretend that it hasn't really happened”	Avoidance coping
			Positive reinterpretation and growth	Coping aimed at managing distress emotions rather than dealing with the stressor per se.	“I try to see it in a different light, to make it seem more positive”	Emotion-focused coping
			Focus on and venting of emotions	Coping by focusing on whatever distress one is experiencing and to ventilate those feelings.	“I feel a lot of emotional distress and I find myself expressing those feelings a lot”	Emotion-focused coping
			Humour	The use of humour to manage the impact of a situation or stressor	“I laugh about the situation”	Emotion-focused coping
			Acceptance	A functional coping reaction, in that an individual who accepts the reality of a	“I learn to live with it”	Emotion-focused coping

stressful situation would employ an effort to arrange with the situation.

			Active coping	Initiating direct action, increasing one's efforts, and trying to execute a coping attempt in a stepwise fashion.	"I concentrate my efforts on doing something about it"	Problem-focused coping
			Restraint	Waiting until an appropriate opportunity to ensure one can deal effectively with the stressor	"I restrain myself from doing anything too quickly"	Indiscriminant
			Use of instrumental social support	Looking for advice, help, or information in others, but focused on solving the problem	"I try to get advice from someone about what to do"	Problem-focused coping
			Use of emotional social support	Attainment of moral support, compassion or sympathy.	"I talk to someone about how I feel"	Personal Relationships
			Religious coping	Religion is included in the scale as it serves as a source of emotional support. It is observed that one might turn to religion when living under stressful events.	"I try to find comfort in my religion"	Spirituality
Coping responses inventory	CRI	(26)	Approach Coping	A problem-focused coping style, which represent cognitive and behavioural efforts to deal with life stressors	Respondents answer how likely they are to engage in strategies to cope. Example item: "Seek help from personal or groups with the same type of problem"	Problem-focused coping
			Avoidance Coping	This style reflects cognitive and behavioural attempts to avoid thinking about a stressor and its implications, or to manage one's affect associated with the stressor.	"Daydream or imagine a better time or place than the one you were in"	Avoidance coping

Coping Scale for Adults	CSA	(27)	Seek Professional Help	The use of a professional adviser, such as a teacher or counsellor (e.g., discussing the problem with qualified people).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Problem-focused coping
			Tension Reduction	An individual's attempt to make themselves feel better by releasing tension (e.g., releasing pressure by taking alcohol or cigarettes).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Avoidance coping
			Focus on Solving the Problem	An individual reflecting on the problem, planning solutions, and tackling the problem systematically.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Problem-focused coping
			Ignore the Problem	A conscious blocking out of the problem (e.g., Put the problem out of my mind).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Avoidance coping
			Seek Relaxing Diversions	General relaxation and leisure activities such as reading and listening to music.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Avoidance coping
			Wishful Thinking	Hope and anticipation of a positive outcome (e.g., Hope that the problem will sort itself out).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Avoidance coping
			Not cope	An inability to cope and the occurrence of psychosomatic illness (e.g. I get sick).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant
			Humour	Being funny as a diversion (e.g., Create a humorous diversion).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Avoidance coping
			Focus on the positive	Indicates a positive and cheerful outlook on the current situation, and it includes seeing the "bright side" of circumstances and seeing oneself as fortunate.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Optimism
			Seek social support	An inclination to share the problem with others and enlist support in its management (e.g., Talk to other people to help me sort it out).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Problem-focused coping

Improve Relationships	Improving one's relationship with others and engaging in a particularly intimate relationship (e.g., Spending more time with husband or wife, boy- or girlfriend).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Personal relationships
Keep to Self	An individual's withdrawal from others and a desire to keep others from knowing about concerns (e.g., Keeping my feelings to myself).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant
Physical Recreation	Playing sport and keeping fit (e.g., Keeping fit and healthy).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Physical health
Worry	A concern about the future in general terms or more specifically concern with happiness in the future (e.g., Worry about what is happening).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	psychological distress
Protect Self	Attempts to support one's self concept by constructive self-talk and looking after one's appearance (e.g., Work on myself image).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Self-acceptance
Self-Blame	Addresses that individuals are critical of themselves for being responsible for the concern or worry (e.g., Blame myself).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Self-acceptance
Social Action	Letting others know what is of concern and enlisting support by writing petitions or organising an activity such as a meeting or a rally (e.g., join with people who have the same concern).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Problem-focused coping
Seek spiritual support	Prayer and belief in the assistance of a spiritual leader or God (e.g., Pray for help and guidance so that everything will be all right).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Spirituality
Work Hard	Commitment, ambition, and industry (e.g., Keep up with work as required).	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant

Cantril Self-Anchoring Striving Scale	CSASS	(28)	Life satisfaction (now + future)	Past, present and future anticipated satisfaction with life.	Respondents are asked to consider questions and compare this to their best possible life. Example item: "On which step of the ladder would you say you personally feel you stand at this time?"	Life Satisfaction
Coping Strategy Indicator	CSI	(29)	Problem solving	This involves the planning and implementation of steps to remediate the problem.	Respondents are asked to reflect on a problem they had in the past 6 months and to what extent questions describe coping strategies to that problem. Example item: "Tried different ways to solve the problem until you found one that worked"	Problem-focused coping
			Avoidance	The tendency to escape the problem, both by means of physical and psychological withdrawal.	"Tried to distract yourself from the problem.	Avoidance coping
			Seeking social support	Attempts at human contact, not necessarily for help in resolving the problem, but simply for the comfort such contact provides.	"Went to someone (friend or professional) in order to help you feel better"	Personal relationships
Coping Style Questionnaire	CSQ	(30)	Detached coping	Described as a mixed style of emotion, problem and avoidance focused items.	Respondents are asked to consider how they typically respond to stress. Example item: "Respond neutrally to the problem"	Indiscriminant
			Emotional coping	Described as an emotion-focused coping style.	"Feel worthless and unimportant"	Emotion Focused Approach coping
			Rational coping	Described as a rational problem-focused coping style	"Try to find out more information to help make a decision about things"	Problem Focused Approach Coping

			Avoidance coping	Described as an avoidance coping style	“Trust in fate-that things have a way of working out for the best”	Avoidance coping
Duke Health Profile	DHP	(31)	Social health	Social self-esteem, social activities.	Respondents are asked to rate statements in general and related to past day and week. Example item: “Socialize with other people (talk or visit with friends or relatives)”	Personal Relationships
			Disability	Confinement to the home.	“Staying in your home, a nursing home or hospital because of sickness, injury, or other health problem”	Physical health
			Physical health	Somatic symptoms including pain, ambulation.	“I am basically a healthy person”	Physical health
			Perceived health	Perception of one's own health.	“Running the length of a football field”	Physical health
			Mental health	Emotional symptoms, personal self-esteem, cognition.	“Feeling depressed or sad”	Psychological Distress
Depression Happiness Scale	DHS	(32)	Depression/happiness	Depression is conceptualised as shading naturally into normal unhappiness which in turn shades into happiness.	Respondents are asked to rate agreement with statements over the past 7 days. Example item: “I felt happy”	Happiness Psychological Distress
Dispositional Resilience Scale	DRS	(33)	Control	The belief that one can control or influence the events of their experience.	Respondents are asked to rate agreement with statements. Example item: “By working hard, you can nearly always achieve your goals”	Competence
			Challenge	The anticipation of change as an exciting challenge to further development.	“I enjoy the challenge when I have to do more than one thing at a time”	Development
			Commitment	The ability to feel deeply involved in or committed to the activities of their lives.	“I really look forward to my daily activities”	Meaning and purpose

Ego resilience scale (ER89)	ER89	(34)	Global ego-resiliency trait	A dynamic capacity that systematically modifies control, optimizing the personality system with regards to the environmental context. It is a capacity that enables individuals to adapt to constantly changing environmental demands.	Respondents are asked to rate agreement with statements that describe how they are in general. Example item: "I get over my anger at someone reasonably quickly"	Competence
Emotional Regulation Questionnaire	ERQ	(35)	Cognitive reappraisal	Aiming to achieve a cognitive change that involves construing a potentially emotion-eliciting situation in a way that changes its emotional impact	Respondents are asked to rate how to conduct themselves in general. Example item: "When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about"	Emotion Focused Approach coping
			Expressive suppression	Aiming to modulate your responses such that it involves inhibiting ongoing emotion-expressive behaviour.	"I control my emotions by not expressing them"	Emotion Focused Approach coping
Essential Resilience Scale	ERS	(36)	Anticipation	The ability to anticipate an adverse or traumatic event before it occurs and always be prepared to deal with it.	Example item: "I can handle big, unexpected and very important events calmly"	Competence
			Flexibility	Being flexible and having the ability to buffer the impact of an adverse or traumatic event without significant maladjustment.	"I can continue my tasks even when I am very thirsty or hungry.	Competence
			Bounce Back	Quickly and adequately recovering (bounce back) from the significant adverse or traumatic impact.	"I can quickly get over sadness and feeling depressed"	Competence
EuroQol	EuroQol	(37)	General Qol	standardises non-disease specific assessment of health-related quality of life	Patients are asked to rate their health that day. Example item: "I have (no, some, a lot) problems with washing or dressing myself"	Indiscriminant
Emotional Well-Being Scale	EWBS	(38)	Negative emotional well-being	Measures negative affective evaluations of life	Example item: "I feel upset about my life"	Psychological distress

			Positive emotional well-being	Measures positive affective evaluations of life.	“Life excites me”	Happiness
Frenchay Activities Index	FAI	(39)	Domestic chores	N/A - measuring Activities of Daily Living (ADLs)	Respondents are asked to rate how often they conducted tasks in the past three months. Example item: “Washing clothes”	Activities and functioning
			Leisure/Work	N/A	“Actively pursuing hobby”	Activities and functioning
			Outdoor activities	N/A	“Gardening”	Activities and functioning
Friendship Scale	FriendsS	(40)	Social isolation	Living without companionship, having low levels of social contact, little social support, feeling separate from others, being an outsider, isolated, and suffering loneliness.	Respondents are asked to rate how they felt during the past four weeks. Example item: “I felt lonely”	Personal relationships
Flourishing Scale	FS	(41)	Overall wellbeing	Self-perceived success in important areas such as relationships, self-esteem, purpose, and optimism. The scale provides a single psychological well-being score.	Respondents rate their agreement with general statements. Example item: “I lead a purposeful and meaningful life”	Indiscriminant
Functional Status Questionnaire	FSQ	(42)	Physical function	Assessment of capability to do basic activities of daily life	Participants assess their activity over the past month. Example item: “Doing vigorous activities such as running, lifting heavy objects or participating in strenuous sports”	Activities and functioning
			Social function	Assessment of social activity and quality of interactions	“Had difficulty visiting with relatives or friends”	Personal Relationships
			Psychological function	Assessment of general mental health status	“Have you felt calm and peaceful”	Indiscriminant
			Role function	Assessment of performance at work	“Done your job as carefully and accurately as others with similar jobs”	Activities and functioning

The General Causality Orientations Scale	GCOS	(43)	Impersonal orientation	Assesses whether an individual believes that attaining desired outcomes is beyond their control and that achievement is largely a matter of luck or fate.	Example item: "Feel stressed and anxious about the upcoming changes"	Autonomy
			Control orientation	Assesses whether a person is oriented toward being controlled by rewards, deadlines, structures, ego-involvements, and other people's directives.	"Talk your friend into doing what you want to do"	Indiscriminant
			Autonomy orientation	Assesses whether a person is oriented toward aspects of the environment that stimulate intrinsic motivation, are optimally challenging, and provide informational feedback.	"I wonder how it is I did so poorly," and feel disappointed"	Self-congruence
General Self-Efficacy Scale	GSE	(44)	Self-efficacy	Assesses the individual's belief that they can perform novel or difficult tasks, or cope with adversity in various domains of human functioning.	Respondents rate their general capacity to cope: "I can always manage to solve difficult problems if I try hard enough"	Competence
General Wellbeing Schedule	GWB	(45)	Self-Control	Items capture control and stability of thoughts, behaviours and emotions.	Respondents are asked to rate their agreeance with statements relating back to the past month: "Have you been in firm control of your behaviour, thoughts, emotions, or feelings?"	Autonomy
			Positive Well-being	Items capture happiness and life satisfaction and interest.	"How happy, satisfied, or pleased have you been with your personal life?"	Indiscriminant
			general health	Items capture general perception on health, illness, pain and functioning.	"Have you been bothered by any illness, bodily disorder, pains, or fears about your health?"	Physical health
			Anxiety	Items capture feelings of anxiety, tension and worry	"Have you been bothered by nervousness or your "nerves?"	Psychological distress
			Depression	Items capture depression, downheartedness and hopelessness	"Have you felt so sad, discouraged, hopeless, or had so many problems	Psychological distress

			Vitality	Items capture energy, pep and vitality.	that you wondered if anything was worthwhile?" "How much energy, pep, and vitality have you felt?"	Vitality
Hedonic and Eudemonic Motives for Activities	HEMA	(46)	Eudemonic Motives	Seeking to use or develop the best in oneself.	Example item: "Seeking to do what you believe in."	Development
			Hedonic Motives	Seeking pleasure or comfort.	"Seeking fun."	Happiness
Herth Hope Index	HHI	(47)	Positive readiness and expectancy	A feeling of confidence with initiation of plans to effect the desired outcome.	Participants rate how much they agree with statements in that moment. Example item: "I can see possibilities in the midst of difficulties"	Indiscriminant
			Temporality and future	The perception that a positive, desired outcome is realistically probable in the near or distant future.	"I have a positive outlook toward life"	Optimism
			interconnectedness with self and others	The recognition of interdependence and an interconnectedness between self and others and between self and spirit.	"I am able to give and receive caring/love"	Indiscriminant
Happiness Measures	HM	(48)	Emotional wellbeing	An emotional sense of well-being which also serves as a global index of satisfaction with life.	Respondents rate how they feel in general. Example item: "In general, how happy or unhappy do you usually feel"	Happiness
Hardiness Scale	HS	(49)	Alienation from work	Not defined. Items:	Can't find	not coded
			Feelings of powerlessness	Not defined. Items:	Can't find	not coded
			External locus of control	Not defined. Items:	Can't find	not coded
			Alienation from self	Not defined. Items:	Can't find	not coded

			Need for security	Not defined. Items:	Can't find	not coded
Health Status Questionnaire	HSQ	(50)	Health status	Items tap into general functioning and physical health status	Participants rate their health and to what extent it is interfering with daily life. Example item: "Lifting or carrying groceries"	Indiscriminant
Health Utilities Index Mark 3	HUI	(51)	Cognition	The ability to remember most things, think clearly and solve day to day problems.	Can't access	Indiscriminant
ICEpop CAPability measure for Adults	ICECAP-A	(52)	N/A	A general measure of wellbeing which holds five attributes which include Attachment, Stability, Achievement, Enjoyment and Autonomy (an ability to be independent).	Respondents rate the quality of their life in that moment. Example item: "I am able to feel settled and secure in (all, many, a few, no) areas of my life"	Indiscriminant
Interpersonal, Community, Occupational, Physical, Psychological, and Economic well-being	ICOPPE	(53)	Wellbeing (overall)	A positive state of affairs, as perceived by individual respondents"	Respondents are asked to rate questions from ten, which represents the best their life can be, to zero, which represents the worst their life can be, in the past, now and the future. Example item: "When it comes to the best possible life for you, on which number do you stand now?"	Life Satisfaction
			Psychological wellbeing	The level of satisfaction with one's emotional life.	"When it comes to your emotional and psychological well-being, on which number did you think you will stand a year from now?"	Happiness
			Financial situation	The level of satisfaction with one's financial situation.	"When it comes to your economic situation, on which number did you stand a year ago?"	Personal circumstances
			Relationships	An individual's satisfaction with the quality of relationships with important	"When it comes to relationships with important people in your life, on which number do you stand now?"	Personal relationships

				people such as family, friends, and colleagues.		
			Physical wellbeing	A state of satisfaction with one's overall health and wellness.	"When it comes to your physical health and wellness, on which number do you stand now?"	Physical health
			Community	The level of satisfaction with one's community.	"When it comes to the community where you live, in which number do you stand now?"	Sense of community
			Occupation	Occupational well-being reflects the state of satisfaction with one's job, vocation, or avocation, as determined by individuals themselves.	"When it comes to your main occupation (employed, self-employed, volunteer, stay at home), on which number did you stand a year ago?"	Work Wellbeing
Interactive Computerized Quality of Life Scale	ICQOL	(54)	Day-to-day functioning	Day-to-day functioning which measures satisfaction with Work, Home life, Social life, Interacting with others	Respondents are asked to drag a bar from dissatisfaction to satisfaction on various areas of their quality of life. Example item: "Day to day functioning"	Activities and functioning
			Health status	Health status which measures satisfaction with Life expectancy, Aches/pains, Sleep/rest comfort, Illnesses (taking medications)	"Aches/pains"	Physical health
			Self-esteem	Self-esteem which measures satisfaction with Body image (appearance), Mood, emotional control, Effect of stress/fear, Sense of achievement	"Self-esteem"	Self-acceptance
			Energy level	Energy level which measures satisfaction with Activity levels, Sex life, Stamina (persistence, endurance), Pleasures (hobbies, TV/movies)	"Stamina"	Vitality
Index of General Affect	IGA	(55)	Affective quality of life	Can't find	Can't find	Not coded

Inventory of Positive Psychological Attitudes	IPPA	(56)	Self-confidence during stress	Measures a sense of confidence in the individual being able to deal with stress or stressful circumstances	Participants are asked to judge where they see themselves related to a range of statements. Example item: "I react to problems and difficulties (with a great deal of frustration, with no frustration)"	Competence
			Life purpose and satisfaction	Can't access original paper; Items:	"My daily activities are (not a source of satisfaction, a source of satisfaction)"	Indiscriminant
Interpersonal Support Evaluation List	ISEL	(57)	Tangible	Measures perceived availability of material aid.	Example item: "It would be difficult to find someone who would lend me their car for a few hours"	Personal relationships
			Appraisal	Measures perceived availability of someone to talk to about one's problems.	"There is someone I can turn to for advice about handling problems with my family"	Personal relationships
			Belonging	Measures perceived availability of people one can do things with.	"I often meet or talk with family or friends"	Personal relationships
			Self-esteem	Measures perceived availability of a positive comparison when comparing oneself to others.	"I am as good at doing things as most other people are"	Self-Acceptance
Jalowiec Coping Scale	JCS	(58)	Emotive Coping	Coping via the release of emotions, e.g. get mad and let off steam.	Example item: "Did something impulsive or risky"	Emotion-focused coping
			Palliative Coping	Coping strategies an individual uses to make themselves feel better, e.g. taking medications to reduce stress.	"Tried to keep busy and work harder"	Emotion-focused coping
			Confrontive Coping	Coping by facing up to the problem, i.e., to figure out ways to handle problem.	"Thought out different ways to handle the situation"	Problem-focused coping
			Evasive Coping	The tendency to avoid the problem.	"Tried to get away from the problem for a while"	Avoidance coping
			Self-reliant Coping	Depending on yourself, e.g. Feel you can handle things yourself.	"Kept your failings to yourself"	Competence

			Optimistic Coping	Coping by focusing on Positive thinking, e.g., Try to think positively.	"Hoped that things would get better"	Optimism
			Fatalistic Coping	Pessimistic thinking, e.g. Expecting the worst that could happen.	"Prepared for the worst that could happen"	Optimism
			Supportant Coping	The use support systems, e.g. discuss problem with family/friends	"Talked the problem over with family or friends"	Personal relationships
Jarel Spiritual Well-Being Scale	JSWBS	(59)	Faith/ belief	Measures extent of belief, with items relating to dealing with spiritual beliefs, purpose in life, relationship between spiritual beliefs and lifestyle, prayer, belief in a supreme power, and life after death.	Respondents indicate their agreeance with statements on their perceptions. Example item: "Prayers does not help me in making decisions"	Spirituality
			Life satisfaction/ actualisation	Measures perceptions life satisfaction, goal setting, acceptance of life situations, loving relationships with others, and self-esteem.	"I find meaning and purpose in my life"	Indiscriminant life
			Life/ self-responsibility	Measures lack of belief in a supreme power, difficulty in forgiving others, and inability to accept change in life or to make decisions regarding one's life.	"I am able to appreciate differences in others"	Indiscriminant
LEIPAD Quality of Life Scale	LEIPAD	(60)	Self-care	Measures ability to perform daily activities without the help of others.	Example item: "Are you able to eat by yourself?"	Activities and functioning
			Cognitive functioning	Assesses problems concerning cognitive functions such as the ability to concentrate, feelings of confusion, and memory problems.	"How often does it happen that you are not able to think clearly or that you are confused?"	Activities and functioning
			Life Satisfaction	Measures the respondent's satisfaction with their financial situation and standard of living.	"How satisfied are you with your life at present when compared with the past?"	Personal Circumstances
			Social function	Assesses the person's level of social integration and satisfaction and their relationships	"How satisfied are you with your social ties or relationships?"	Personal Relationships

			Sexual function	The persons sexual activity and interest in sex.	“How often do you have sexual contact?”	Personal Relationships
			Physical function	The person’s perception of his or her physical status.	“Do you have sleep problems?”	Physical health
			Depression and anxiety	Subjective feelings of anxiety and participants’ perceptions of feeling depressed.	“Taking everything into consideration, how anxious do you feel?”	Psychological distress
Assessment of Life Habits	LIFE-H	(61)	Communication	The act of communicating with another person at home or in the community.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Mobility	Getting around on slippery or uneven surfaces; driving a vehicle.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Nutrition	Preparing your meal; eating in restaurants.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Physical fitness and psych well-being	Sleep; participating in physical activities to maintain or improve your health.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Personal Care and health	Attending to your personal hygiene; using a bathroom or toilet other than those in your home.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Housing	Maintain your home; doing major household tasks.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Responsibility	Making purchases; Taking care of your children.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Education	One's participation in educational activities or vocational training.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Employment	The ability to hold a paid job or carry out familial or homemaking tasks as your main occupation.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Recreation	The participation in sporting or recreational activities, indoors or outdoors.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning

			Community and spiritual life	Getting to public buildings in your community; participating in spiritual or religious practices.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Activities and functioning
			Interpersonal Relationships	Maintaining friendships; having a sexual relationship.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Personal relationships
Life satisfaction checklist	LiSat-11	(62)	Life Satisfaction	Measures global satisfaction with life	Participants rate their satisfaction with statements. Example item: "My life as a whole is"	Life Satisfaction
Life Orientation Test	LOT-R	(63)	Optimism	Measures the tendency to believe that one will generally experience good vs. bad outcomes in life.	Participants rate their agreement with statements. Example item: "I'm always optimistic about my future"	Optimism
Life Satisfaction Research Questionnaire	LSRQ	(64)	Satisfaction with overall life circumstances	Can't find	Can't find	Not coded
			Satisfaction with what individual has made of their life circumstances	Can't find	Can't find	Not coded
Multiple Affect Adjective Check List-Revised	MAACL	(65)	Positive affect	Positively valenced state/trait of low arousal, or calm. Adjectives included are happy, joyful, and pleasant.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant
			Anxiety	Afraid, fearful, frightened, panicky, shaky, tense.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Psychological distress
			Depression	Alone, destroyed, forlorn, lonely, lost, miserable.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Psychological distress
			Hostility	Annoyed, critical, cross, cruel, disagreeable.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Psychological distress
			Sensation seeking	A positively valenced state/trait of arousal, or positive level of activation. Adjectives included are adventurous, daring, and energetic.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Vitality

Miller Behavioral Style Scale	MBSS	(66)	Monitoring	Information seeking as a coping style.	Can't find.	Not coded
			Blunting	Distraction as a coping style.	Can't find.	Not coded
Modified Differential Emotions Scale	mDES	(67)	Positive emotions	Measures extent to which positive emotions have been experienced within a particular time frame	Participants are asked whether they have experienced specific emotions in a time frame such as 24 hours. Example item: "What is the most awe, wonder, or amazement you felt?"	Happiness
			Negative emotions	Measures extent to which positive emotions have been experienced within a particular time frame	"What is the most embarrassed, self-conscious, or blushing you felt?"	Psychological distress
The Mental Health Continuum	MHC	(68)	Emotional wellbeing	Consists of perceptions of avowed happiness and satisfaction and interest with life.	Participants are asked how often they experiences a state in the past month. Example item: "Satisfied with life"	Indiscriminant
			Social wellbeing	Whether and to what degree individuals are functioning well in their social lives.	"That our society is a good place, or is becoming a better place, for all people"	Sense of community
			Psychological wellbeing	Indicates the challenges that individuals encounter as they strive to function fully and realize their unique talents.	"That you had experiences that challenged you to grow and become a better person"	Indiscriminant
Multidimensional Health Locus of Control Scales - FORM A	MHLC	(69)	Chance externality	Items describe the impact of chance, fortune or luck.	Participants are asked to rate their agreement with belief statements. Example item: "No matter what I do, I'm likely to get sick"	Autonomy
			Internality	items describe the effect of someone's own volition, behaviour and choices.	"If I take care of myself, I can avoid illness"	Autonomy
			Powerful other externality	Items describe the effect of external forces such as other family and others such as health professionals	"Health professionals control my health"	Autonomy

Meaning in Life Scale	MILS	(70)	Presence of meaning in life	The presence of the sense made of, and significance felt regarding, the nature of one's being and existence.	Participants are asked to reflect on statements about their life in general. Example item: "I understand my life's meaning"	Meaning and purpose
			Search for meaning in life	The search for the sense made of, and significance felt regarding, the nature of one's being and existence.	"I am always looking to find my life's purpose"	Meaning and purpose
Mental Physical Spiritual Well-Being Scale	MPS	(71)	Mental wellbeing	Measures the mental aspects of wellbeing	Example item: "Over the past year, have you written for pleasure (e.g., letters, stories, poems, etc.)"	Development
			Physical wellbeing	Measures the bodily aspects of wellbeing	"In recent months, do you wake up fresh and rested most mornings?"	Physical health
			Spiritual wellbeing	Measures spiritual aspects of wellbeing	"During difficult times do you reach out for spiritual help (e.g., God or a higher being, church or place of worship, prayer, priest, etc.)?"	Spirituality
McGill Quality of Life Questionnaire	MQOL	(72)	Psychological symptoms	Items ask about depression, sadness, worry and fear.	Example item: "Over the past 2 days, I have been depressed"	Psychological distress
			Outlook on life	items tap into optimism about future	"Over the past two days, the world has been..."	Optimism
			Physical symptoms	Items ask participants to specify health problems	Participant inserts troublesome physical symptom and rates how troublesome it has been for them.	Physical health
			Meaningful existence	Items ask about significance of life	"Over the past 2 days, my life has been"	Meaning and purpose
Multidimensional scale of perceived social supports	MSPSS	(73)	Family	Social support perceived from family.	Respondents reflect on general statements. Example item: "Tries to help me"	Personal Relationships
			Friends	Social support perceived from friends.	"Count on when things go wrong"	Personal Relationships

			Significant Others	Social support perceived from significant other	“Cares about my feelings”	Personal Relationships
MOS Social Support Survey	MSSS	(74)	Emotional/Informational Support	Presence of people to confide in, to listen to you, and to provide advice and information.	Respondents reflect on how often social support is available for different scenarios. Example item: “Someone you can count on to listen to you when you need to talk”	Personal relationships
			Tangible Support	Presence of people to help with daily chores, prepare meals, or drive you if needed.	Someone to take you to the doctor if you needed it.	Personal relationships
			Affectionate Support	Presence of people to show you love and affection, hug you, and make you feel wanted.	Someone to love and make you feel wanted.	Personal relationships
			Positive Social Interaction	Presence of people to have a good time with, do enjoyable things with, get together with for relaxation.	Someone to get together with for relaxation.	Personal relationships
Memorial University of Newfoundland Scale of Happiness	MUNSH	(75)	Negative affect	Measures negative affect	Participants provide their agreement on statements, in general and reflecting on the past months. Example item: “Depressed or very unhappy”	Psychological distress
			Negative experience	Measures presence of negative life experiences	“I sometimes feel that life isn’t worth living”	Psychological distress
			Positive affect	Measures positive affect	“On top of the world”	Happiness
			Positive experience	Measures presence of positive life experiences	“As I look back on my life, I am fairly well satisfied”	Indiscriminant
Nottingham Health Profile	NHP	(76)	Physical mobility	Statements on whether physical mobility is causing problems for the respondent	Participants indicate whether a statement is true or not in the moment. Example item: “I find it hard to get dressed by myself”	Activities and functioning
			Social isolation	Statements on whether social isolation is causing problems for the respondent	“I feel there is nobody that I am close to”	Personal relationships

			Pain	Statements on whether pain is causing problems for the respondent	"I have pain at night"	Physical health
			Sleep	Statements on whether sleep is causing problems for the respondent	"I lie awake for most of the night"	Physical health
			Emotional reaction	Statements on whether emotional states are causing problems for the respondent	"I've forgotten what it's like to enjoy myself"	Psychological distress
			Energy level	Statements on whether energy levels are causing problems for the respondent	"I'm tired all the time"	Vitality
			QoL (part 2)	Statements on aspects that may be affected health.	Interests and hobbies? (sports, arts and crafts, do-it-yourself, etc.)	Indiscriminant
Need Satisfaction Scale	NSS	(77)	Autonomy	Feeling like you are the cause of your own actions rather than feeling that external forces or pressures are the cause of your actions.	Respondents are asked to reflect back on a satisfying event that occurred during the past month and rate how that event contributed to need satisfaction. Example item: "Free to do things my own way"	Autonomy
			Competence	Feeling that you are very capable and effective in your actions	That I was successfully completing difficult tasks and projects.	Competence
			Self-actualization-meaning	Feeling that you are developing your best potentials and making life meaningful	"A deeper understanding of myself and my place in the universe"	Development
			Money-luxury	Feeling that you have plenty of money to buy most of what you want	"Able to buy most of the things I want"	Personal circumstances
			Relatedness	Feeling that you have regular intimate contact with people who care about you	"A sense of contact with people who care for me, and whom I care for"	Personal relationships
			Physical thriving	Feeling that your body is healthy and well-taken care of	"That I got enough exercise and was in excellent physical condition"	Physical health
			Popularity-influence	Feeling that you are liked, respected, and have influence over others	"That I strongly influenced others' beliefs and behaviour"	Indiscriminant
			Pleasure-stimulation	Feeling that you get plenty of enjoyment and pleasure	That I had found new sources and types of stimulation for myself.	Activities and functioning

			Security	Feeling safe and in control of your life rather than feeling uncertain and threatened by your circumstances.	“Safe from threats and uncertainties”	Personal Circumstances
			Self-esteem	Feeling that you are a worthy person who is as good as anyone else rather than feeling like a "loser."	That I had many positive qualities.	Self-acceptance
Oxford Happiness Inventory	OHI	(78)	Happiness	Measures a general measure of happiness and wellbeing	Participants rate agreement with statements. Example item: “I feel sure that the future is overflowing with hope and promise”	Indiscriminant
Optimal Living Profile	OLP	(79)	- Intellectual health	Measure aspects of development, achievement and creativity	Example item: “I seek opportunities to learn new things”	Development
			Environmental health	Measures home/work life and relationships and interaction with the environment	I know I impact the environment on a daily basis.	Personal Circumstances
			- Social health	Measures interpersonal relationships and a person’s interaction with their social environment	I am comfortable receiving a compliment.	Indiscriminant
			- Physical health	Measures physical health aspects including fitness, nutrition and physical health behaviours in general	I expect to live a long and healthy life.	Physical health
			- Spiritual health	Measures pursuit of fulfilment in life, helping others, basic purpose in life that individuals derive from spirituality	“My spiritual beliefs help me to deal with adversity in life”	Spirituality
			- Emotional health	Measures our general mental health including anxiety, depression, wellbeing in general	I generally enjoy the things I do.	Indiscriminant
ONS Wellbeing Scale	ONS	(80)	General wellbeing	Measures general perceptions of our wellbeing	Respondents rate how they feel in general. Example item: “Overall, how happy did you feel yesterday?”	Indiscriminant

Orientation to Happiness Scale	OTH	(81)	- Pleasure	Measures the pursuit of pleasure as a core orientation that drives wellbeing in life	Respondents indicate their agreement with various statements. Example item: "Life is too short to postpone the pleasures it can provide"	Happiness
			- Life engagement	Measures the pursuit of flow states as an orientation that drives wellbeing in life	"I am always very absorbed in what I do"	Engagement
			- Life meaning	Measures the self-development and its utilisation for the greater good as a core orientation that drives wellbeing in life	"What I do matters to society"	Meaning and purpose
Ontological wellbeing scale	OWBS	(82)	- Activation	Individuals who feel activated by the present conditions of their life are those who have control over their environment, enjoy being social, and are more prone to experience positive affect.	Participants rate their agreement with statements on feelings or states. Example item: "Enthusiastic"	Indiscriminant
			- Hope	A positive attitude to the future of life.	"Hopeful"	Optimism
			- Regret	Individuals with a negative outlook on the part of their life so far	"Regretful"	Life Satisfaction
			- Nothingness/meaninglessness	Consists of feelings such as being lost, aimlessness, anxiety, and emptiness, and therefore resembles the emotions presented in philosophical sources of existentialism.	"Empty"	Meaning and purpose
Positive and Negative Affect Schedule	PANAS	(83)	- Positive affect	The extent to which a person feels enthusiastic, active, and alert. High PA is a state of high energy, full concentration, and pleasurable engagement, whereas low PA is characterized by sadness and lethargy.	Participants rate their experience of various emotional states in general or within a distinct timeframe. Example item: "Excited"	Indiscriminant

			- Negative affect	A general dimension of subjective distress and unpleasable engagement that subsumes a variety of aversive mood states, including anger, contempt, disgust, guilt, fear, and nervousness, with low NA being a state of calmness and serenity.	“Upset”	Psychological distress (mood)
PERMA Profiler	PERMA	(84)	Accomplishment	Objective, marked by honours and awards received, but feelings of mastery and achievement are also important. The Profiler measures subjective feelings of accomplishment and staying on top of daily responsibilities. It involves working toward and reaching goals and feeling able to complete tasks and daily responsibilities.	Respondents rate how often they experience states. Example item: “How often do you achieve the important goals you have set for yourself?”	Competence
			Positive emotion	General tendencies toward feeling contentment and joy.	“In general, how often do you feel joyful?”	Happiness
			Engagement	Being absorbed, interested, and involved in an activity or the world itself.	“In general, to what extent do you feel excited and interested in things?”	Engagement
			Relationships	Feeling loved, supported, and valued by others. Having positive relationships with others is an important part of life feeling good and going well. Other people matter!	“To what extent do you receive help and support from others when you need it?”	Personal relationships
			Health	Measures a subjective sense of health – feeling good and healthy each day.	“How satisfied are you with your current physical health?”	Physical health
			Negative emotion	Tendencies toward feeling, sad, anxious, and angry.	“In general, how often do you feel anxious?”	Psychological distress

			Meaning			
				Having a sense of purpose in life, a direction where life is going, feeling that life is valuable and worth living, or connecting to something greater than ourselves, such as religious faith, a charity or a personally meaningful goal. Meaning provides a sense that life matters.	"In general, to what extent do you lead a purposeful and meaningful life?"	Meaning and Purpose
Positive Functioning Inventory	PFI	(85)	Positive functioning	Measure of positive functioning, that measures across a spectrum of functioning ranging from states of mental distress to states of well-being.	Respondents indicate how often they felt a certain way the past seven days. Example item: "I felt happy"	Indiscriminant
Protective Factors for Resilience Scale	PFRS	(86)	- social resources (family)	Captures the presence of family resources that can provide support for someone's mental health	Measures agreement with general statements. Example item: "My family are a source of strength for me"	Personal Relationships
			- social resources (peers)	Captures the presence of friends that can provide support for someone's mental health	"I feel that that I belong with my friends"	Personal Relationships
			- Personal resources	Captures personal qualities that can protect from developing mental health issues	"I can deal with whatever challenges come my way"	Indiscriminant
Problem-Focused Coping Scale	PF-SOC	(87)	Reflective style	The tendency to examine causal relationships, plan, and be systematic in coping.	Example item: "I think about ways that I solved similar problems in the past"	Problem-focused coping
			Suppressive Style	The tendency to deny problems and avoid coping activities.	"I am not really sure what I think or believe about my problems"	Avoidance coping
			Reactive Style	A tendency to have strong emotional responses, distortion, and impulsivity.	"I get preoccupied thinking about my problems and overemphasize some parts of them."	Indiscriminant
Personal growth initiative scale	PGIS	(88)	Personal growth initiative	It measures a global inclination to intentionally improve oneself across life domains	Participants indicate their agreement with a set of general statements: "I know what I need to do to get started toward reaching my goals"	Development

Psychological Wellbeing General Index	PGWBI	(89)	- Positive mental health	Can't find	Can't find	Not coded
			- General health	Can't find	Can't find	Not coded
			- Anxiety	Can't find	Can't find	Not coded
			- Depression	Can't find	Can't find	Not coded
			- Self-control	Can't find	Can't find	Not coded
			- Vitality	Can't find	Can't find	Not coded
The Pemberton Happiness Index	PHI	(90)	Hedonic wellbeing	Measures affective state via positive and negative affect	Example item: "I enjoy a lot of little things every day."	Indiscriminant
			- general wellbeing	Assesses the cognitive component of life satisfaction and vitality	"I am very satisfied with my life."	Indiscriminant
			Negative experiences	List of 16 items related to a specific experience.	"At times, I felt overwhelmed"	Indiscriminant
			Positive experiences	List of 16 items related to a specific experience.	"Something I did made me proud"	Indiscriminant
			Social wellbeing	The degree to which one feels they are able to function well in their social lives.	"I think that I live in a society that lets me fully realize my potential"	Sense of community
			Eudemonic wellbeing	Optimal functioning.	"I think my life is useful and worthwhile"	Indiscriminant
Public Health Surveillance Well-being Scale	PHS-WB	(91)	-General Well-being	Can't find	Example item: "I generally feel free to express my ideas and opinions"	Autonomy
Purpose in Life Test-short form	PIL-SF	(92)	Purpose in life	The degree to which one experiences a sense of meaning and purpose in life.	Respondents indicate whether statements apply to them right now. Example item:	Meaning and Purpose

					“In life I have: (no goals or aims; clear goals and aims.)”	
Positive Mental Health Measurement Scale	PMH	(93)	- General coping	Items included both approach and avoidant coping	Respondents indicate whether a set of statements describes them in general. Example item: “I try to see the humorous side of the situation”	Indiscriminant
			- General affect	Can’t find	“Happy”	Indiscriminant
			- Interpersonal skills	items capture various interpersonal relationships	“I make friends easily”	Personal relationships
			- Spirituality	Items measure belief in god and a higher power	“I gain spiritual strength by trusting in a higher power”	Spirituality
			- Personal growth and autonomy	Items capture a sense of development and autonomy in decision making	“I am focused on what I want to do in life”	Indiscriminant
			- Emotional support	Items capture whether the respondent feels they have someone that they can count on	“I try to get Emotional support from family and friends”	Personal Relationships
Pearlin Mastery Scale	PMS	(94)	- Self mastery	The extent to which one regards their life chances as being under their personal control rather than fatalistically ruled.	Example item: “I have little control over the things that happen to me”	Autonomy
Perceived Quality of Life Scale	PQOL	(95)	- cognitive health satisfaction	items capture various aspects of cognitive functioning	Respondents indicate their satisfaction in general. Example item: “How dissatisfied or satisfied are you with how well you think and remember?”	Activities and functioning
			- social health satisfaction	Items capture various topics including social functioning, relationships and personal circumstances	“How dissatisfied or satisfied are you with the help you give to your family and friends?”	Indiscriminant
			- physical health satisfaction	Items captures extent of performing daily activities	“How dissatisfied or satisfied are you with the amount of walking you do?”	Activities and functioning
	PROMIS-GH-10	(96)	Mental Health (distress items)	Can’t find	Example item:	Indiscriminant

PROMIS global health short form					“In general, how would you rate your satisfaction with your social activities and relationships (poor, fair, good, very good, excellent)?”	
			-Physical health	Can't find	“In general, would you rate your physical health (poor, fair, good, very good, excellent)?”	Physical health
Personal views survey	PVS	(97)	- Commitment	An individual finding it interesting and meaningful to stay involved with the people and events around them rather than retreating into isolation under stress.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Indiscriminant
			- Control	The belief that if one struggles and tries, one may be able to influence the outcomes taking place and considers that feelings of powerlessness and passivity seem wasteful.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Autonomy
			- Challenge	The belief that one is not entitled to easy comfort and security. Rather, one sees change as natural and an opportunity to continue to grow by what is learned through negative as well as a positive experiences.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Development
Perceived Well-being Scale	PWBS	(98)	- Physical wellbeing	Self-rated physical health and vitality coupled with perceived absence of physical discomforts.	Participants indicate agreement with statements about themselves. Example item: “I don't have many physical complaints”	Physical health
			- Psychological wellbeing	The presence of positive emotions such as happiness, contentment, joy, and peace of mind and the absence of negative emotions such as fear, anxiety, and depression	“I feel that life is worth living”	Indiscriminant

Perceived Wellness Survey	PWELLS	(99)	- Intellectual wellness	The perception of being internally energized by an optimal amount of intellectually stimulating activity	Respondents indicate general agreeance with a set of statements. Example item: "Generally, I feel pleased with the amount of intellectual stimulation I receive in my daily life."	Activities and functioning
			- Psychological wellbeing	Defined here as a general perception that one will experience positive outcomes to the events and circumstances of life.	"I am always optimistic about my future"	Optimism
			- Social wellbeing	Defined as the perception of having support available from family or friends in times of need and the perception of being a valued support provider.	"Sometimes I wonder if my family will really be there for me when I am in need"	Personal relationships
			- Physical wellbeing	Defined as a positive perception and expectation of physical health	"My physical health is excellent"	Physical health
			- Spiritual wellbeing	Defined as a positive perception of meaning and purpose in life.	"I feel a sense of mission about my future"	Meaning and Purpose
			- Emotional wellbeing	Defined as possession of a secure self-identity and a positive sense of self-regard, both of which are facets of self-esteem.	"I sometimes think I am a worthless individual"	Self-acceptance
Personal Wellbeing Index	PWI	(100)	General wellbeing (no factors)	Measures general satisfaction with life by asking about standard of living, health, achieving in life, relationships, safety, community-connectedness, and future security.	Respondents rate their general satisfaction on statements. Example item: "Your personal relationships"	Indiscriminant
The Questionnaire for Eudemonic Well-Being	QEW	(101)	- perceived development of one's best potentials	Questionnaire that taps into eudaimonia but capturing aspects such as self-discovery, perceived development of one's best potentials, a sense of purpose and meaning in life.	Respondents rate their general agreement with a number of statements about their life in general. Example item: "feel best when I'm doing something worth investing a great deal of effort in"	Indiscriminant

The Quality of Life Enjoyment and Satisfaction Questionnaire	Q-LES-Q	(102)	- Enjoyment	Captures enjoyment and satisfaction with life in general by interrogating satisfaction with general activities and states such as physical health, mood, work, household and leisure activities, social and family relationships, daily functioning, sexual life, economic status, overall well-being and medications.	Can't find	Indiscriminant
Quality of Life and Health Questionnaire	QLHQ	(103)	Daily Activities	Items capture ability to perform activities and need for help	Respondents answer questions in general and related to the past day and week. Example item: "How often are you able to do things you enjoy or that are important to you?"	Activities and functioning
			Physical Suffering	Items capture experience with pain and nausea/vomiting	"Does pain or other symptoms keep you awake at night?"	Physical health
			Emotions/Outlook on life	Items capture feelings of depression, nervousness and happiness	"How often this week have you felt depressed and upset?"	Indiscriminant
Quality of Life Index Questionnaire	QOLI	(104)	- Social and economics	Can't find	Can't find	Not coded
			- Family	Can't find	Can't find	Not coded
			- General health	Can't find	Can't find	Not coded
			Psychological and spiritual wellbeing	Can't find	Can't find	Not coded
Quality of Life inventory	QOL-Inv	(105)	Overall QoL	Measures a general perception of someone's satisfaction with their life by summing satisfaction with various aspects of their life.	Example item: "How satisfied are you with your HEALTH?"	Indiscriminant

Quality of Life Scale	QOLS	(106)	- Physical and material well-being	Can't find	Can't find	Not Coded
			- Relations with other people	Can't find	Can't find	Not Coded
			- Social, community, and civic activities	Can't find	Can't find	Not Coded
			- Personal development and fulfilment	Can't find	Can't find	Not Coded
			- Recreation	Can't find	Can't find	Not Coded
Quality of Wellbeing Scale	QWBS	(107)	- Mobility	Can't find	Respondents reflect on their past three days. Example item: "Because of any impairment or health problem, did you need help with your personal care needs, such as eating, dressing, bathing, or getting around your home?"	Activities and Functioning
			- Physical activity	Can't find	"Spend all or most of the day in a bed, chair, or couch because of health reasons"	Activities and Functioning
			- Self-care	Items capture extent of limitations in ability to execute daily activities	"Because of physical or emotional health reasons, on which days did you avoid or feel limited in doing some of your usual activities, such as visiting family or friends, hobbies, shopping, recreational, or religious activities"	Activities and Functioning
			- Symptoms	Items capture a range of aspects that determine our quality of life, such as physical wellbeing, mental health, use of aids and medication and more.	"blindness or severely impaired vision in only one eye?"	Indiscriminant

Resiliency Attitudes and Skills Profile	RASP	(108)	-Humour	The ability to laugh at oneself and to find joy in one's surroundings. Taking a less serious perspective on life's challenges makes coping with hardships more bearable.	Respondents indicate agreement with a set of statements. Example item: "My sense of humour makes it easier to deal with tough situations"	Emotion-focused coping
			-Creativity	An individual generating options and alternatives to cope with the challenges of life.	"When I am faced with a tough situation, I come up with new ways to handle it"	Problem-focused coping
			-Initiative	The desire and determination to take charge of one's own life, being proactive, rather than reactive, and strive to improve themselves, their surroundings, and their abilities to cope with that which is unchangeable.	"I try to figure out things I do not understand"	Indiscriminant
			-Insight	The ability to read and interpret situations, people, and subtle nuances of both verbal and nonverbal communication.	"I can sense when someone is not telling the truth"	Indiscriminant
			-Relationships	The sense of honest, fulfilling, and supportive relationships with peers, family members, and role models.	"My friends know they can count on me"	Personal relationships
			-Independence	Involves striking a balance between being true to oneself and accommodating the concerns of others. A positive, optimistic orientation toward the future is also present.	"I say "no" to things I don't want to do"	Autonomy
			-Values Orientation	Includes the desire to live a good and productive life, to make one's own decisions rather than accepting someone else's rules.	"Lying is unacceptable"	Self-congruence
Resilience Evaluation Scale	RES	(109)	- Self-efficacy	Positive beliefs about adaptive coping with stressful situations.	Respondents indicate whether they agree with statements about themselves. Example item:	Competence

					"I can easily adjust in a difficult situation"	
			- Self-confidence	Trust in oneself.	"I have confidence in myself"	Self-worth
Resilience Scale for Adults	RSA	(110)	- Personal structure	The ability to uphold daily routines, to plan and to organize.	Respondents rate between positive and negative attributes on various statements. Example item: "Rules and regular routines make my daily life easier"	Activities and Functioning
			- Family coherence	Measures the amount of family conflict, cooperation, support, loyalty, and stability.	"In my family we enjoy finding common activities"	Personal relationships
			- Social support	External support systems were comprised of the dimension 'social support' that measured access to external support from friends and relatives, intimacy, and the individuals' ability to provide support.	"I have some close friends/family members who are good at encouraging me"	Personal relationships
			- Social competence	Extraversion, social adeptness, cheerful mood, an ability to initiate activities, good communication skills, and flexibility in social matters.	"I easily establish new friendships "	Personal relationships
			- Personal competence	The level of self-esteem, self-efficacy, self-liking, hope, determination and a realistic orientation to life.	No matter what happens I always find a solution.	Indiscriminant
Rosenberg Self-Esteem Scale	RSES	(111)	Self-esteem	Measures an individual's set of thoughts and feelings about his or her own worth and importance, that is, a global positive or negative attitude toward oneself	Respondents indicate agreement with a set of general statements. Example item: "I am able to do things as well as most other people"	Self-acceptance
The Resiliency Scale for Young Adults	RSYA	(112)	Emotional Reactivity	An individual's arouse-ability or the threshold of tolerance that exists prior to the occurrence of adverse events or	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Calmness

circumstances, representing a vulnerability factor.

			Sense of Relatedness	A sense of trust, perceived access to support, and comfort with and tolerance of others.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Personal relationships
			Sense of Mastery	Sense of mastery involves optimism or a positive view about the future and oneself, self-efficacy or the belief that one can master his or her environment, and adaptability reflecting the ability to adjust oneself and one's behaviour when necessary.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Indiscriminant
Response to Stressful Events Scale	RTSES	(113)	Meaning-making and restoration	Measures meaning making and restoration, reflecting, perspective-taking, cultivating revitalization, and learning essential lessons from life's most stressful experiences.	Respondents rate whether statements describe them during most stressful events. Example item: "See it as a challenge that will make me better"	Indiscriminant
			Active coping	The ability to engage in thoughts and behaviours aimed at altering internal or external sources of stress.	"Find a way to do what's necessary to carry on"	Problem-focused coping
			Cognitive flexibility	The ability to engage in critical thinking, consideration of alternatives, and problem-solving.	"Look for creative solutions to the problem"	Problem-focused coping
			Self-efficacy	One's ability to ultimately manage and successfully emerge from a stressful situation.	"Expect that I can handle it"	Competence
			Spirituality	Belief in a higher power, greater than one's self, that can guide, shape, and inform experiences.	"Lean on my faith in God or a higher power"	Spirituality

Strategic approach to coping scale	SACS	(114)	Active– Passive (asocial) Coping	Avoidance and assertive action	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Indiscriminant
			Prosocial- antisocial coping	The behaviors that, while satisfying the individual’s needs, can be detrimental to others.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Indiscriminant
			Direct-indirect	Behaviors based on a positive use of social resources.	<i>Insufficient information obtained on allocation of items to sub-dimensions</i>	Indiscriminant
Spiritual Attitude and Involvement List	SAIL	(115)	Trust	Items capture a sense of being able to deal with what comes in life	Respondents answer a set of general statements. Example item: “I try to take life as it comes”	Competence
			Awareness in the present	Items capture ability to focus and keep attention	“I find it difficult to stay focused on what’s happening in the present”	Engagement
			Caring for others	Items capture pro-social behaviour for others and society.	“It is important to me that I can do things for others”	Sense of community
			Meaningfulness	Items capture experience of meaning and purpose	“My life has meaning and purpose”	Meaning and purpose
			Acceptance	Items capture control over one’s life and its circumstances	“I accept that I am not able to influence everything”	Autonomy
			Transcendent experiences	Items capture experiences of being part of a larger existence than oneself.	“I have had experiences in which I seemed to merge with a power or force greater than myself”	Spirituality
			Spiritual activities	Items capture belief in a higher power and behaviours congruent with this belief	“I attend sessions, workshops, etc. that are focused on spirituality or religion”	Spirituality
Connectedness with nature	Items capture a sense of awe and connecting with nature	“When I am in nature, I feel a strong sense of connection”	Spirituality			
Short Depression Happiness Scale	SDHS	(116)	Depression-happiness	Measures continuum of depression and happiness, asking about positive and negative thoughts, feelings, and bodily experiences.	Participants reflect back on the past 7 days. Example item: “I felt happy”	Happiness,

Social Experiences Checklist (16 items)	SEC	(117)	Positive social experiences	Items describes various positive experiences that result from support by social networks	People indicate whether statements that describe experiences of contact with other people happen to them. Example item: "Warmth and friendliness"	Personal relationships
			Negative social experiences	Items describes various positive experiences that result from support by social networks	"That people were not willing to help you"	Personal relationships
Short Form Survey	SF-36	(118)	Role limitations due to emotional problems	No problems with work or other daily activities due to emotional problems.	Respondents respond on differing response formats, ranging from general statements to descriptions about the past 4 weeks. Example item: "Were limited in the kind of work or other activities"	Activities and functioning
			Role limitations due to physical health	No problems with work or other daily activities due to physical health.	"Accomplished less than you would like"	Activities and functioning
			Emotional wellbeing	Measures feeling peaceful, happy, and calm all of the time as well as feelings of nervousness and depression.	Have you been a happy person?	Indiscriminant
			General health	The believe that personal health is excellent.	"In general, would you say your health is"	Physical health
			Pain	Measures existence of pain and limitations due to pain.	"How much bodily pain have you had during the past 4 weeks?"	Indiscriminant
			Physical functioning	Measures physical functioning including the most vigorous without limitations due to health.	"Lifting or carrying groceries"	Physical health
			Social function	Measures functioning during normal social activities without interference due to physical emotion problems.	"During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)"	Activities and functioning

			Energy/fatigue	Measures whether someone is feeling full of pep and energy all of the time	“Did you feel full of pep”	Vitality
Sherer General Self-Efficacy Scale	SGSES	(119)	General self-efficacy	Experiences of personal mastery. Items reflect self-efficacy without reference to a specific behavioural domain.	Example item: “I feel insecure about my ability to do things”	Indiscriminant
			Social Self-efficacy	Items reflect efficacy expectations in social situation.	“I do not handle myself well in social situations”	Sense of community
Snaith-Hamilton Pleasure Scale	SHAPS	(120)	Pleasure	Hedonic capacity, which in turn can be used to screen for anhedonia, a hallmark symptom of depression.	Respondents rate the capacity to experience states for the past days. Example item: “I would be able to enjoy my favourite meal”	Happiness
Subjective Happiness Scale	SHS	(121)	Happiness	Measures global subjective happiness	Respondents answer four different types of general questions. Example item: “Some people are generally very happy. They enjoy life regardless of what”	Happiness
Spirituality Index of Well-Being	SIWB	(122)	Self-efficacy	An individual’s belief in the capacity to organize and perform activities required for a prescribed goal.	Respondents indicate their agreement with a set of general statements. Example item: “I can’t begin to understand my problems”	Competence
			Life-scheme	The cognitive representation of one’s life that provides a sense of order and purpose (Thompson and Janigian 1988). This representation, or life scheme, is one primary domain of spirituality within the conceptual framework.	“I have a lack of purpose in my life”	Meaning and purpose
Sense of Coherence	SOC29	(123)	Manageability	The resources that are available to one to meet the demands posed by these stimuli.	Example item: “Has it happened that people whom you counted on disappointed you?”	Competence

			Meaningfulness	These demands are challenges, worthy of investment and engagement.	“How often do you have the feeling that there’s little meaning in the things you do in your daily life?”	Meaning and purpose
			Comprehensibility	The stimuli deriving from one’s internal and external environments in the course of living are structured, predictable and explicable.	“Does it happen that you have the feeling that you don’t know exactly what’s about to happen?”	Indiscriminant
Scale of Positive and Negative Experience	SPANE	(124)	Positive affect	Measures how often someone experiences positive states, emotions and feelings.	Respondents reflect back on how often they experienced a state over the past four weeks. Example item: “Pleasant”	Happiness
			Negative affect	Measures how often someone experiences negative states, emotions and feelings.	“Sad”	Psychological distress
Social Production Function-IL	SPF-IL	(125)	Stimulation	Physical well-being can be achieved by creating the right amount of mental and physical stimulation. Activation which produces arousal, including mental and sensory stimulation and physical effort	Respondents provide answers to questions referring back to their past 3 months. Example item: “Do you find your life boring”	Engagement
			Comfort	Physical well-being can be achieved by being in a situation represented by optimal comfort. The absence of deleterious stimuli (i.e., physiological discomforts such as pain, thirst, hunger, or cold)	“How often do you have pain? (i.e., physical pain)”	Physical health
			Status	Physical well-being can be achieved by having a certain amount of status based on one’s occupation, lifestyle, or talents. Social approval given on the basis of the command over scarce resources relative to others (e.g., money and education)	“Do people look down on you?”	Personal circumstances
			Affection	Receiving enough affection through friendship, intimacy, and emotional support. The love one gets for who one is	“Do people care about how you feel”	Personal relationships

				as a person, regardless of one's assets or actions		
			Behavioural confirmation	Physical well-being can be achieved by living according to certain values and norms (behavioural confirmation). The feeling to have done "the right thing" in the eyes of relevant others	"Do people find you reliable"	Self-congruence
Social Provisions Scale	SPS	(126)	Nurturance	The sense that others rely upon one for their well-being.	Respondents indicate to what extent items reflect their relationship with other people. Example item: "I feel personally responsible for the well-being of another person"	Personal relationship
			Reliable Alliance	The assurance that others can be counted upon for tangible assistance.	"There are people I can depend on to help me if I really need it"	Personal relationship
			Guidance	Able to ask for advice or information.	"There is no one I can turn to for guidance in times of stress"	Personal relationships
			Reassurance of worth	Recognition of one's competence, skills, and value by others.	"I do not think other people respect my skills and abilities"	Self-congruence
			Attachment	Emotional closeness from which one derives a sense of security.	"I feel a strong emotional bond with at least one other person"	Personal relationships
			Social integration	A sense of belonging to a group that shares similar interests, concerns, and recreational activities.	"There is no one who shares my interests and concerns"	Sense of community
Ryff's Scales of Psychological Wellbeing	SPWB	(127)	Autonomy	Measures a sense of self-determination	Participants rate their agreements with general statements. Example item: "Some people wander aimlessly through life, but I am not one of them"	Autonomy
			Environmental mastery	Measures the capacity to manage effectively one's life and surrounding world.	"I often feel overwhelmed by my responsibilities"	Competence
			Personal growth	A sense of continued growth and development as a person.	"My daily activities often seem trivial and unimportant to me"	Development

			Positive relations with others	The possession of quality relations with others.	"Most people see me as loving and affectionate"	Personal relationships
			Purpose in life	The belief that one's life is purposeful and meaningful.	"I enjoy making plans for the future and working to make them a reality"	Meaning and purpose
			Self-acceptance	Positive evaluations of oneself and one's past life.	"I enjoy personal and mutual conversations with family members or friends"	Self-acceptance
Spiritual Well-Being Scale	SP-WB-S	(128)	- Existential wellbeing	Perceptions of someone's sense of satisfaction with life or purpose in life.	Respondents indicate agreement with experiences. Example item: "I believe there is some real purpose for my life"	Meaning and purpose
			- Religious wellbeing	One's relationship with God or what they understand to be their spiritual being.	"I believe that God loves me and cares about me"	Spirituality
Stress Resilience	SR	(129)	- Stress resilience	The ability to maintain mental health in the face of adversity consists of implicit security and the ability of flexible adaptation. Includes a reflective attitude that incorporates re-appraisal of the stress situation, evaluation of internal and external resources, how they cope with stress, and how they subsequently respond to stress.	Example item: "Knowing how to deal with burdensome situations"	Indiscriminant
Spirituality Scale	SS	(130)	- Relationships	An integral connection to others is based on deep respect and reverence for life and is known and experienced within relationships.	Respondents indicate general agreement with items. Example item: "I am able to receive love from others"	Personal relationships
			- Eco-awareness	An integral connection to nature based on a deep respect and reverence for the environment and a belief that the Earth is sacred.	"I believe in a higher power/ universal intelligence"	Spirituality
			- Self-discovery	The spiritual journey begins with inner reflection and a search for meaning and purpose. This process of self-discovery	"I find meaning in my life experiences"	Meaning and purpose

				leads to growth, healing, and transformation.		
Serenity Scale-Brief	SS-B	(131)	- Inner haven	Assesses identification with inner self or inner peace.	Example item: "I experience peace of mind"	Calmness
			- Acceptance	Measures the ability to accept situations that cannot be changed.	"I accept situations that I cannot change"	Indiscriminant
			- Trust	Measures trust in a higher power or others.	"Even though I do not understand, I trust in the ultimate goodness of the plan of things"	Spirituality
Social Support Questionnaire	SSQ	(132)	Social Support	The existence or availability of people on whom we can rely, people who let us know that they care about, value, and love us.	Respondents indicate how much support they expect to receive in certain situations. Example item: "Whom could you really count on to help you out in a crisis situation even though they would have to go out of their way to do so?"	Personal relationships
State-Trait Cheerfulness Inventory	STCI	(133)	- Trait Bad Mood	The predominance of three mood states and their respective behaviours. These components are a generally bad mood sadness and ill-humouredness	Respondents indicate whether they feel statements are descriptive of them in general. Example item: "My mood is often not the best one"	Psychological distress
			- Trait Cheerfulness	Comprised the following five facets: a prevalence of cheerful mood, a low threshold for smiling and laughter, a composed view of adverse life circumstances, a broad range of active elicitors of cheerfulness and smiling/laughter and a generally cheerful interaction style.	"Laughing has a contagious effect on me"	Happiness

			- Trait Seriousness	The concept of seriousness is made up of various elements such as for example the prevalence of serious states, a perception of even everyday happenings as important and considering them thoroughly and intensively (rather than treating them superficially)	“In everything I do, I always consider every possible effect and compare all pros and cons carefully”	Indiscriminant
Subjective Vitality Scale	SVS	(134)	Vitality	Measures the subjective experience of being full of energy and alive. Those high in subjective vitality report being alert, energized, and vital.	Example item: “I feel energised”	Vitality
Spiritual Wellbeing Questionnaire	SWBQ	(135)	- Communal Well-being	In-depth inter-personal relationships with reference to morality, culture, and religion, for those for whom these are important.	Respondents are asked to indicate what they think about an ideal condition and how well they feel the statements describe their experience over the last 6 months. Example item: “Developing respect for others”	Personal relationships
			- Personal Well-being	Self-awareness providing the motivating force in relating with self in search for meaning, purpose and values in life.	“Developing a sense of identity”	Meaning and Purpose
			- Environmental Well-being	Connecting with the environment beyond care nurture and stewardship thereof.	“Developing harmony with the environment”	Spirituality
			- Transcendental Well-being	By faith relating with something or someone beyond the human and natural worlds.	“Developing worship of the Creator”	Spirituality
Social Wellbeing Scale	SWBS	(136)	- Social acceptance	Measures the construal of society through the character and qualities of other people as a generalized category. Individuals who illustrate social acceptance trust others, think that others are capable of kindness, and believe that people can be industrious.	Participants reflect back at their past week. Example item: “You believe that people are kind”	Sense of community

			- Social actualisation	Assesses the evaluation of the potential and the trajectory of society. This is the belief in the evolution of society and the sense that society has potential which is being realized through its institutions and citizens.	"Society isn't improving for people like you"	Sense of community
			- Social coherence	The perception of the quality, organization, and operation of the social world, and it includes a concern for knowing about the world.	"You cannot make sense of what's going on in the world"	Sense of community
			- Social - contribution	The evaluation of one's social value. It includes the belief that one is a vital member of society, with some- thing of value to give to the world.	"You think you have something valuable to give to the world"	Sense of community
			- Social integration	The evaluation of the quality of one's relationship to society and community.	"You see your community as a source of comfort"	Sense of community
Satisfaction with Life Scale	SWLS	(137)	Life satisfaction	A cognitive and global evaluation of the quality of one's life as a whole.	Respondent indicates general agreement with statements. Example item: "I felt like helping others"	Life satisfaction
Theistic Spiritual Outcome Survey	TSOS	(138)	- Love of Self	Measures self-acceptance, feelings of moral worthiness and harmony between actions and values.	Respondents reflect back at how they felt the past week. Example item: "I loved myself"	Indiscriminant
			- Love of Others	Measures perceptions on ideal humanitarianism, referring to either feelings or actions toward others.	"I felt like helping others"	Sense of community
			- Love of God	An individual's feelings of love and connectedness with God.	"I felt there is a spiritual purpose for my life"	Spirituality

Temporal Satisfaction with Life Scale	TSWLS	(139)	- Future life satisfaction	Life satisfaction someone is anticipating in the future.	Respondent indicates general agreement with statements. Example item: "I expect my future life will be ideal for me"	Life satisfaction
			- Life satisfaction	Life satisfaction someone is anticipating in the present.	"I would change nothing about my current life"	Life satisfaction
			- Past life satisfaction	Life satisfaction someone is anticipating in the past.	"My life in the past was ideal for me"	Life satisfaction
TestWell Wellness Inventory	TWI	(140)	Includes - Emotional Awareness and Sexuality - Emotional Management - Intellectual Wellness - Occupational Wellness - Values, Spirituality and Beliefs - Safety - Physical Activity - Nutrition - Self-Care - Social and Environmental Wellness	Unable to obtain and/or extract sufficient information on the scale	Unable to obtain and/or extract sufficient information on the scale	Not coded
Utrecht Coping List	UCL	(141)	- Palliative Reactions	Efforts at changing the feelings elicited by the problem, i.e. changing the arousal, which include a number of avoidance strategies such as distraction or time out.	Respondents reflect back on whether scenarios occurred during the past three months. Example item: "Trying to dispel one's worries temporarily by taking a break"	Emotion-focused coping

			- Expression of emotions	To express one's feelings about the problem (including anger and annoyance) to others, i.e., to change one's arousal.	"Showing one's anger with those responsible for the problem"	Emotion-focused coping
			- Comforting Cognitions	To engage in self-comforting and reassuring thoughts, i.e., changing one's perception of the problem and changing one's arousal.	Can't find	Indiscriminant
			- Active Handling	An active approach to problem-solving in which steps are taken to solve the problem itself, i.e. changing the situation. The problem is approached directly, thought about, and several solutions are considered and planned.	Making several alternative plans for handling a problem.	Problem-focused coping
			- Passive Reactions	Feeling helpless, pessimistic and overwhelmed by the problem, i.e. not changing the perception or arousal, e.g. 'Being totally pre-occupied with the problems'.	Feeling unable to do anything.	Avoidance coping
			- Avoidance/ Wait	Avoiding or resigning oneself to the problem, i.e., not changing the problem itself.	"Giving in, in order to avoid difficult situations"	Avoidance coping
			- Seek Social Support	Seeking comfort, support, and sympathy from others, i.e. changing one's perception and arousal, e.g. 'Sharing one's worries with someone'.	"Seeking sympathy and comfort from somebody"	Personal relationships
UCLA Loneliness Scale	UCLA-LS	(142)	- Loneliness	One's subjective feelings of loneliness as well as feelings of social isolation.	Respondents indicate whether statements are descriptive of them. Example item: "How often do you feel that you lack companionship"	Personal relationships
UWIST Mood Adjective Checklist	UWIST	(143)	Tense arousal	Items include sense of calmness and peace, with various synonyms and antonyms.	Respondents indicate how they feel at the moment. Example item: "Calm"	Calmness

			Hedonic tone	Items include sense of happiness and contentment, and various synonyms and antonyms.	“Cheerful”	Happiness
			Energetic arousal	Items include sense of vitality and energy, and various synonyms and antonyms.	“Vigorous”	Vitality
Valued Living Questionnaire	VLQ	(144)	Living in accordance with values	Measures how much someone has been living in accordance with values, evaluating that in a set of life domains.	Respondents indicate importance of life domains and whether they have lived in line with their values in those life domains for the past week. Example item: “Friends/social life”	Self-congruence
Valuation Of Life Scale	VOL	(145)	- Positive valuation of life	Measures presence of global constructs that express the active embrace of life, including hope, self-efficacy, persistence and purpose.	Example item: “Each new day I have much to look forward to”	Indiscriminant
			- Negative valuation of life	Measures absence of global constructs that express the active embrace of life, including hope, self-efficacy, persistence and purpose.	“It is hard to find much meaning in my everyday life”	Indiscriminant
Valuing Questionnaire	VQ	(146)	Progress	The enactment of values, perseverance, and a clear awareness of what is personally important.	Respondents indicate how they felt last week. Example item: “I felt like I had a purpose in life”	Meaning and purpose
			Obstruction	The disruption of valued living due to avoidance of unwanted experience, distraction from values by inattention to values or undue attention to distress.	“Difficult thoughts, feelings or memories got in the way of what I really wanted to do”	Self-Congruence
Wellbeing Questionnaire	W-BQ	(147)	Negative wellbeing	Measures depression and anxiety, i.e., psychological distress.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Psychological distress
			Energy	Measures energy levels and fatigue	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Vitality
			Positive wellbeing	General aspects of wellbeing and positive functioning.	<i>Items cannot be shared in this manuscript, but private access was provided.</i>	Indiscriminant

Wellness Belief Scale	WBS	(148)	- Belief in the importance of functional ability (ability to carry out daily tasks)	According to the functional abilities account (functional wellness beliefs), someone is well if they are able to carry out their usual daily tasks and activities.	Respondents are asked to rate importance of items for their wellbeing in general. Example item: "I can do what I need to do"	Activities and functioning
			- Belief in the importance of biomedical health (absence of illness)	According to the absence of illness account (biomedical wellness beliefs), someone is well if they do not have any signs, symptoms, or diagnoses of illness. This definition of wellness focuses on the absence of (physical) problems rather than on any positive abilities or characteristics.	"I am free of disease"	Physical health
			- Belief in importance of wellbeing (vitality) indicators of wellness	According to positive definitions of wellness as wellbeing (wellbeing wellness beliefs), wellness encompasses feelings of vitality and equilibrium. Here wellness is a more holistic concept than in the biomedical and functional definitions; the focus is on realising potential health and balance for the person as a whole.	"I feel full of energy"	Indiscriminant
Ways of Coping Questionnaire (Revised)	WCQ	(149)	- Self-controlling	An individual's efforts to regulate their feelings.	Example item: "I tried to keep my feelings to myself"	Indiscriminant
			Confrontative Coping	An individual's aggressive efforts to alter the situation and suggests some degree of hostility and risk-taking.	"Stood my ground and fought for what I wanted"	Indiscriminant
			Distancing	An individual's cognitive efforts to detach oneself and to minimize the significance of the situation.	"Went on as if nothing had happened"	Emotion-focused coping
			Seeking social support	An individual's efforts to seek informational support, tangible support, and emotional support.	"Talked to someone to find out more about the situation"	Indiscriminant

			Accepting responsibility	Acknowledges an individual's own role in the problem with a concomitant theme of trying to put things right.	"Criticized or lectured myself"	Problem-Focused Approach Coping
			Escape-Avoidance	An individual's wishful thinking and behavioural efforts to escape or avoid the problem.	"Wished that the situation would go away or somehow be over with"	Avoidance Coping
			Planful problem solving	An individual's deliberate problem-focused efforts to alter the situation, coupled with an analytic approach to solving the problem.	"I knew what had to be done, so I doubled my efforts to make things work"	Problem-Focused Approach Coping
			Positive Reappraisal	An individual's efforts to create positive meaning by focusing on personal growth. It also has a religious dimension.	"Changed or grew as a person in a good way"	Problem-Focused Approach Coping
Warwick-Edinburgh Wellbeing Scale	WEMWBS	(150)	General wellbeing	Measures both hedonic and eudemonic aspects of mental health	Participants indicate how often they have been experiencing certain feelings and thoughts during the past two weeks. Example item: "I've been feeling interested in other people"	Indiscriminant
WHO-10 wellbeing index OR WHO-5	WHO-10	(151)	General wellbeing	Measures negative and positive aspects of well-being in a single uni-dimensional scale.	Participants rate agreement with statements on their past week. Example item: "I have been happy, satisfied, or pleased with my personal life"	Indiscriminant
WHO-Brief Spiritual, Religious and Personal Beliefs	WHO-QBF	(152)	- Inner peace/serenity/ harmony	Items cover inner peace and harmony	Captures the respondents extend of agreeing with statements. Example item: "To what extent do you feel peaceful within yourself?"	Calmness
			- Awe	Items capture experiences of awe, beauty, excitement, general gratitude to nature.	"To what extent are you able to experience awe from your	Indiscriminant

				surroundings? (e.g. nature, art, music)"		
			- Hope & optimism	Items capture hope and optimism.	To what extent are you hopeful about your life?	Optimism
			- Meaning of life	Items capture purpose, meaning and wider significance of life.	"To what extent do you feel your life has a purpose?"	Meaning and Purpose
			- Wholeness & integration	Items capture coherence and mind, body, soul connection	"To what extent do you feel the way you live is consistent with what you feel and think"	Self-congruency
			- Connectedness to a spiritual being or force	Items capture connection and comfort derived from a higher power	"To what extent does any connection to a spiritual being help you to tolerate stress"	Spirituality
			- Faith	items capture the role of faith in wellbeing and life enjoyment	"To what extent does faith give you comfort in daily life"	Spirituality
			- Spiritual strength	items capture presence and strength of inner spiritual strength.	"To what extent can you find spiritual strength in difficult times"	Spirituality
World Health Organization	WHOQOL	(153)	- Sexual activity	One's urge and desire for sex, and the extent to which the person is able to express and enjoy his/her sexual desire appropriately.	Example item: "How well are your sexual needs fulfilled"	Activity and functioning
Quality of Life			- Thinking, learning, memory and concentration	One's view of his/her thinking, learning, memory, concentration and ability to make decisions. This incorporates the speed of thinking and clarity of thought.	"How satisfied are you with your ability to learn new information"	Activity and functioning
			- Mobility	One's view of his/her ability to get from one place to another, to move around the home, move around the workplace, or to and from transportation services.	"How much do any difficulties in mobility bother you"	Activity and functioning
			- Activities of daily living	One's ability to perform usual daily living activities. This includes self-care and caring appropriately for property. The focus is on a person's ability to carry out	"How well are you able to carry out your daily activities"	Activity and functioning

	activities, which he/she is likely to need to perform on a day-to-day basis.		
opportunities for acquiring new information and skills	One's opportunity and desire to learn new skills, acquire new knowledge, and feel in touch with what is going on.	"How satisfied are you with your opportunities to acquire new skills"	Development
- Participation in and opportunities for recreation/leisure activities	One's ability, opportunities and inclination to participate in leisure, pastimes and relaxation.	"How much are you able to relax and enjoy yourself"	Activity and functioning
- Freedom, physical safety and security	An individual's sense of safety and security from physical harm.	"How much do you worry about your safety and security"	Personal Circumstances
- Home environment	The principal place where a person lives (and, at a minimum, sleeps and keeps most of his/her possessions), and the way that this impacts the person's life.	"How comfortable is the place where you live"	Personal Circumstances
- Financial resources	An individual's view of how his/her financial resources (and other exchangeable resources) and the extent to which these resources meet the needs for a healthy and comfortable lifestyle. The focus is on what the person can afford or cannot afford which might affect quality of life.	"How much do you worry about money"	Personal Circumstances
- Health and social care: accessibility and quality	An individual's view of the health and social care in the near vicinity. "Near" is the time it takes to get help.	"How satisfied are you with the social care services"	Personal Circumstances
- Physical environment: (pollution/noise/traffic/climate)	An individual's view of his/her environment. This includes the noise, pollution, climate, and general aesthetic of the environment and whether this serves	"How healthy is your physical environment (e.g., pollution, climate, noise, attractiveness)"	Personal Circumstances

	to improve or adversely affect quality of life		
- Transport	An individual's view of how available or easy it is to find and use transport services to get around.	"How much do difficulties with transport restrict your life"	Personal Circumstances
- Personal relationships	The extent to which an individual feels the companionship, love, and support they desire from the intimate relationship(s) in their life.	"How satisfied are you with your personal relationships"	Personal relationships
- Practical social support	How much an individual feels the commitment, approval, and availability of practical assistance from family and friends.	"How satisfied are you with the support you receive from your family?"	Personal relationships
- Pain and discomfort	Unpleasant physical sensations experienced by a person and, the extent to which these sensations are distressing and interfere with life.	"How difficult is it for you to handle any pain or discomfort"	Physical health
- Sleep and rest	The extent to which sleep and rest, and problems in this area, affect the person's quality of life.	"Do you have any difficulties with sleeping?"	Physical health
- Dependence on medicinal substances and medical aids	An individual's dependence on medication or alternative medicines (such as acupuncture and herbal remedies) for supporting his/her physical and psychological well-being.	"To what extent does your quality of life depend on the use of medical substances or medical aids"	Activity and Functioning
- Negative feelings	The extent to which an individual experiences negative feelings, including despondency, guilt, sadness, tearfulness, despair, nervousness, anxiety, and a lack of pleasure in life.	"How worried do you feel?"	Psychological distress

			- Bodily image and appearance	An individual's view of his/her body. Whether the appearance of the body is seen in a positive or negative way is included in this facet.	"How satisfied are you with the way your body looks"	Self-acceptance
			- Self-esteem	How an individual feels about themselves. This might range from feeling positive about themselves to feeling extremely negative about themselves.	"How much do you value yourself?"	Self-acceptance
			- Energy and fatigue	The energy, enthusiasm and endurance that a person has in order to perform the necessary tasks of daily living, as well as other chosen activities such as recreation.	"Do you have enough energy for everyday life?"	Vitality
			- Positive feelings	The extent to which a person experiences positive feelings of contentment, balance, peace, happiness, hopefulness, joy and enjoyment of the good things in life.	"How positive do you feel about the future"	Indiscriminant
			- Work capacity	This facet examines a person's use of his or her energy for work. "Work" is defined as any major activity in which the person is engaged. Major activities might include paid work, unpaid work, voluntary community work, full-time study, care of children and household duties. Because such questions refer to these possible types of major activities, the facet focuses on a person's ability to perform work, regardless of the type of work.	"How satisfied are you with your capacity for work?"	Work wellbeing
Wellness Inventory	WI	(154)	- Self-responsibility and love	Can't find	Private	Not coded
			- Breathing	Can't find	Private	Not coded
			- Sensing	Can't find	Private	Not coded
			- Eating	Can't find	Private	Not coded

			- Moving	Can't find	Private	Not coded
			- Feeling	Can't find	Private	Not coded
			- Thinking	Can't find	Private	Not coded
			- Playing and working	Can't find	Private	Not coded
			Communicating	Can't find	Private	Not coded
			- Sex	Can't find	Private	Not coded
			- Finding meaning	Can't find	Private	Not coded
			- Transcending	Can't find	Private	Not coded
Wagnild & Young's Resilience Scale	WYRS	(155)	Equanimity	A balanced perspective of life and experiences and might be viewed as sitting loose and taking what comes, thus moderating the extreme responses to adversity. Those with equanimity often have a sense of humour.	Participants indicate agreement or disagreement with a set of statements about their life in general. Example item: "I take things one day at a time"	Calmness
			Perseverance	A willingness to continue the struggle to reconstruct one's life and remain involved in the midst of adversity.	"When I make plans, I follow through with them"	Competence
			Self-reliance	An individual's belief in themselves. They recognize and rely on their personal strengths and capabilities and draw upon past successes to support and perhaps guide their actions.	"I am friends with myself"	Self-acceptance
			Meaningfulness	The realization that life has a purpose and recognition that there is something for which to live.	"Keeping interested in things is important to me"	Meaning and Purpose
			Existential Aloneness	Existential aloneness is the realization that each person is unique and that while some experiences can be shared, others must be faced alone.	"I can be on my own if I have to"	Self-Acceptance

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Table S9. Frequency of synthesised dimensions in identified measures

Dimensions	Count
Personal relationships	59
Activities and Functioning	42
Physical health	30
Competence	27
Happiness	21
Meaning and purpose	20
Spirituality	20
Avoidant coping	19
Problem-focused coping	16
Autonomy	15
Personal circumstances	15
Self-acceptance	15
Emotion-focused coping	14
Sense of community	14
Development	13
Life satisfaction	11
Optimism	10
Vitality	10
Self-congruence	7
Calmness	5
Engagement	4

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The authors declare no conflicts of interest.

Ethical approval

Ethical approval for this study was received from the University of Southampton (ERGO ID: 67535).

Author contribution statement

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