

Supplementary information for: Assessing the structures and domains of wellness models: A systematic review

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Supplement: Evolution of models

	1970-1979		1980-1989				
	Hadley (1974)	Lafferty (1979)	Travis (1981)	Tulloch and Healy (1982)	National Wellness Institute (1983)	Greenberg (1985)	Ardell (1986)
<i>Economical</i>	0	0	0	0	0	0	0
<i>Emotional</i>	2	1	1	1	2	1	1
<i>Environmental</i>	1	0	0	1	0	0	0
<i>Health behavior</i>	1	0	0	1	3	0	0
<i>Healthcare</i>	0	0	0	0	0	0	0
<i>Intellectual</i>	1	1	0	0	1	0	0
<i>Life satisfaction</i>	0	0	0	0	0	0	0
<i>Miscellaneous</i>	5	0	1	0	0	0	0
<i>Occupational</i>	0	0	1	0	1	0	0
<i>Physical</i>	2	1	4	2	2	1	1
<i>Psychological</i>	7	0	1	1	0	1	1
<i>Social</i>	2	1	2	0	1	1	1
<i>Spiritual</i>	0	1	2	0	1	1	1
<i>Values and ideology</i>	1	0	0	0	0	0	0
Number of themes	9	5	7	5	7	5	5
Sum of dimensions	22	5	12	6	11	5	5

	1990-1999							
	Blaxter (1990) (2)	Wheeler (1991)	Witmer and Sweeney (1992)	Cruse et al. (1992)	National Wellness Institute (1992) (3)	Depken (1994)	Adams et al. (1997)	Wilcock et al. (1998)
<i>Economical</i>	0	1	0	0	0	0	0	1
<i>Emotional</i>	1	5	2	2	1	0	0	1
<i>Environmental</i>	0	2	0	0	2	1	0	0
<i>Health behavior</i>	1	3	0	1	1	0	0	0
<i>Healthcare</i>	0	0	0	3	0	0	0	0
<i>Intellectual</i>	0	0	1	3	1	1	1	0
<i>Life satisfaction</i>	0	0	0	1	0	0	0	0
<i>Miscellaneous</i>	0	1	0	0	0	0	0	0
<i>Occupational</i>	0	2	1	4	1	1	0	1
<i>Physical</i>	4	5	1	2	1	1	1	2
<i>Psychological</i>	0	6	3	2	0	0	2	2
<i>Social</i>	2	1	2	4	2	1	1	1
<i>Spiritual</i>	0	2	1	3	1	1	1	1
<i>Values and ideology</i>	0	2	0	0	0	0	0	0
Number of themes	4	11	7	10	8	6	5	7
Sum of dimensions	8	30	11	25	10	6	6	9

	2000-2009										
	Bell et al. (2004)	Myers et al. (2000)	Renger et al. (2000)	Hattie et al. (2004)	Myers et al. (2004)	Saylor (2004)	Sinclair et al. (2005)	Anspaugh et al. (2006) (4)	Gallup Healthways (2009) (5)	Kirsten et al. (2009)	Roscoe (2009)
<i>Economical</i>	0	0	0	0	0	0	0	0	0	0	0
<i>Emotional</i>	1	3	0	3	0	2	2	1	1	1	1
<i>Environmental</i>	0	0	2	0	0	0	0	1	0	3	1
<i>Health behavior</i>	0	1	2	1	0	0	0	0	1	0	0
<i>Healthcare</i>	0	0	0	0	0	0	0	0	1	0	0
<i>Intellectual</i>	0	1	2	1	1	0	0	1	0	1	1
<i>Life satisfaction</i>	0	0	0	0	0	0	0	0	1	0	0
<i>Miscellaneous</i>	0	0	3	0	0	0	0	0	0	4	0
<i>Occupational</i>	0	2	1	2	0	1	0	1	1	0	1
<i>Physical</i>	1	2	2	2	1	3	1	1	1	2	1
<i>Psychological</i>	1	6	5	5	0	1	0	0	0	2	0
<i>Social</i>	1	2	5	2	1	1	1	1	0	1	1
<i>Spiritual</i>	1	1	2	1	1	1	0	1	0	6	1
<i>Values and ideology</i>	0	0	0	0	0	0	0	0	0	3	0
Number of themes	5	8	9	8	4	6	3	7	6	9	7
Sum of dimensions	5	18	24	17	4	9	4	7	6	23	7

	2010-2020 (Part 1)									
	White (2010)	Ardell (2011)	Seppälä et al. (2012)	International Wellbeing Group (2013) (6)	Henriques et al. (2014)	Supranowicz and Paž (2014)	Charlemagne-Badal et al. (2015)	Prilleltensky et al. (2015)	Žižek et al. (2015)	
<i>Economical</i>	5	0	0	2	0	0	1	1	1	
<i>Emotional</i>	0	3	1	0	0	8	1	0	0	
<i>Environmental</i>	6	0	1	2	1	1	1	1	0	
<i>Health behavior</i>	0	1	1	0	0	0	1	0	0	
<i>Healthcare</i>	3	0	2	0	0	0	1	0	0	
<i>Intellectual</i>	1	0	0	0	0	0	2	0	0	
<i>Life satisfaction</i>	0	0	0	0	1	0	1	0	0	
<i>Miscellaneous</i>	1	1	0	0	0	0	0	1	0	
<i>Occupational</i>	1	1	1	1	0	0	2	1	0	
<i>Physical</i>	1	4	0	1	1	7	3	1	1	
<i>Psychological</i>	2	2	0	0	1	2	0	1	1	
<i>Social</i>	4	1	1	1	1	3	1	1	1	
<i>Spiritual</i>	1	1	0	1	0	0	1	0	1	
<i>Values and ideology</i>	0	0	0	0	1	0	0	0	0	
Number of themes	10	8	6	6	6	5	11	7	5	
Sum of dimensions	25	14	7	8	6	21	15	7	5	

	2010-2020 (Part 2)										Total
	Dossey (2015) (7)	De Vries et al. (2016)	Linton et al. (2016)	Zhou et al. (2017)	Lui and Fernando (2018)	Skevington and Böhnke (2018)	Ali et al. (2018)	Naidoo (2019)	Voukelatou et al. (2020)		
<i>Economical</i>	0	0	0	1	1	1	1	1	1	2	19
<i>Emotional</i>	1	2	0	0	1	1	3	0	0	0	57
<i>Environmental Health behavior</i>	1	0	1	0	0	1	4	2	4	0	40
<i>Healthcare</i>	1	0	0	0	0	0	2	0	0	0	22
<i>Healthcare</i>	0	0	0	0	0	1	1	0	0	0	12
<i>Intellectual</i>	0	0	0	0	0	0	3	0	0	0	24
<i>Life satisfaction</i>	1	0	0	0	0	0	0	0	0	0	5
<i>Miscellaneous</i>	0	0	0	1	0	0	0	0	0	1	19
<i>Occupational</i>	0	0	0	0	0	1	2	0	1	0	32
<i>Physical</i>	3	1	2	1	1	3	3	1	2	0	83
<i>Psychological</i>	1	2	1	0	0	1	6	1	0	0	67
<i>Social</i>	1	0	1	1	1	3	3	1	1	0	64
<i>Spiritual Values and ideology</i>	1	0	1	1	1	2	1	0	0	0	43
<i>Spiritual Values and ideology</i>	0	0	0	0	0	0	0	0	0	0	7
Number of themes	8	3	5	5	5	9	11	5	6		
Sum of dimensions	10	5	6	5	5	14	29	6	11		494

Note. *Referenced by (1) Brown and Applegate 2012, (2) Wilcock et al. 1998, (3) Brown et al. 2015, (4) Agarwal et al. 2016, (5) Arora et al. 2016, (6) Jovanović et al. 2019 (7) McElligott et al. 2018. Totals in the last table are from all tables together.

Conflict of interest statement

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Data availability statement

Data can be accessed by contacting the corresponding author by email.

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