

# Supplementary information for: Embodied emotional expressions for intuitive experience sampling methods: A demographic investigation with Japanese speakers

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Table S1. Questionnaire items

| Emotion              | English                                                | Japanese                    |
|----------------------|--------------------------------------------------------|-----------------------------|
|                      | Please select all the expressions that apply to you... | 下記について、あてはまるものを全てお選びください。   |
| <b>Joy:</b>          |                                                        |                             |
| High                 | when you are ecstatic and when you feel strong joy     | 有頂天になっているとき、すごく嬉しいときの表現について |
| Medium               | when you feel joy                                      | 喜んでいるときの表現について              |
| Low                  | when your heart is calm                                | 安らぎを感じているときの表現について          |
| <b>Sadness:</b>      |                                                        |                             |
| High                 | when you are mourning                                  | 嘆き悲しんでいるときの表現について           |
| Medium               | when you are sad                                       | 悲しいときの表現について                |
| Low                  | when you are a little depressed                        | 気分がやや沈んでいるときの表現について         |
| <b>Anticipation:</b> |                                                        |                             |
| High                 | when you are wary of something                         | 何かに対して過敏になっているときの表現について     |
| Medium               | when you have anticipations                            | 何かの予感を感じるときの表現について          |
| Low                  | when you have something on your mind                   | 何か気になることがあるときの表現について        |
| <b>Surprise:</b>     |                                                        |                             |
| High                 | when you are very surprised                            | すごく驚いているときの表現について           |
| Medium:              | when you are surprised                                 | 驚いているときの表現について              |
| Low                  | when you are distracted                                | 落ち着かないときの表現について             |
| <b>Anger:</b>        |                                                        |                             |
| High                 | when you are indignant                                 | 激怒しているときの表現について             |
| Medium               | when you get angry                                     | 怒っているときの表現について              |
| Low                  | when you are annoyed                                   | 気に障ることがあるときの表現について          |
| <b>Fear:</b>         |                                                        |                             |
| High                 | when you are so scared                                 | すごく怖いときの表現について              |
| Medium               | when you feel afraid                                   | 怖いときの表現について                 |
| Low                  | when you feel anxious                                  | 不安なときの表現について                |
| <b>Disgust:</b>      |                                                        |                             |
| High                 | when you have a strong disgust                         | 強い嫌悪感があるときの表現について           |
| Medium               | when you are uncomfortable                             | 不快なときの表現について                |
| Low                  | when you are boring                                    | つまらないときの表現について              |
| <b>Trust:</b>        |                                                        |                             |
| High                 | when you have longing and respect                      | 憧れや尊敬の念を抱いているときの表現について      |
| Medium               | when you have a positive feeling                       | 好感を感じる時の表現について              |
| Low                  | when you are accepting                                 | 受け入れるときの表現について              |

## 1. Data analysis

### 1.1 Correspondence analysis of the relationship between emotional intensity and EEEs

To determine the patterns of EEE use when describing emotions and feelings, the survey results were analyzed using a data visualization method called correspondence analysis. Correspondence analysis allowed us to produce a visual representation of the overall use patterns of EEE according to the intensity of emotion, something that cannot be captured in a pairwise test of association. This method has been widely used in psychology, sociology, and corpus linguistics research (Bakker, 1993; Burton et al., 2005).

Correspondence analysis involves projecting categorical data in a multidimensional map, a process underpinned by three main concepts: (1) profile, (2) mass (or weight), and (3) chi-square distance.

(1) Profile: a profile for a row or column item is determined by taking each row or column and dividing it by the sum of all rows or columns. The row/column profiles define the row and column items in the biplot.

(2) Mass: because every item is not equally important, the weighted averages (i.e., mass of the profiles) are used to measure the importance of the item. For example, the row mass is the sum of the row items divided by the grand total.

(3) Chi-square distance: chi-square distances determine the distances between items (e.g., row items) and these distances are used to represent the data in the map, giving a measure of the similarity (or dissimilarity) among row items or among column items.

Each dimension on the multidimensional map represents a certain percentage of the structuring of the data variation. Normally, a combination of the first two dimensions captures a large percentage of the variation (i.e., there are two dimensions in a biplot). The total variation in correspondence analysis can be measured by the total inertia. It is suggested that additional dimensions should be added if the total inertia for the first two dimensions is less than 75% (Glynn, 2014).

There are different ways to represent the data in a biplot, the most common of which is known as the symmetric biplot. In the symmetric biplot, the row and column items are plotted in principal coordinates, which are the coordinates on the same axes of the map. In this case, only the distances between row items or the distances between column items can be interpreted.

To explore the relationship between EEE use and emotional intensity using correspondence analysis, we first converted the raw data from the survey to a contingency table. The visualized contingency table for the use-frequencies of EEEs in the emotional category “joy” is shown in Figure S1. This figure summarizes the distribution of each EEE chosen at different emotional intensities. The larger the size of the dot, the more frequently the EEE was chosen. It can be seen clearly from the visualized contingency table that the use-frequency of EEEs was quite different at low emotional intensity compared with high and medium intensities. Overall, EEEs were used more frequently at high and medium emotional intensities. A Pearson chi-square statistic ( $X^2$ ) showed a statistically significant association between EEE and emotional intensity ( $p < 0.0001$ ). However, it did not show how the two variables were related. We examined the association using correspondence analysis and explained each of the main concepts (i.e., profile, mass, and chi-square distance) in turn.

As stated above, the first concept, “profile,” is a vector that each row/column divided by its row/column total (see Tables S2 and S3). Row profiles correspond to the relative frequencies of different emotional intensities within each EEE. The average row profile, presented in the bottom row of Table S2, is the marginal frequency distribution over the sum of the rows. In our example,

the average row profile shows that, when pooling across all EEEs, the use of EEE was dominant at high emotional intensity, while using EEEs to describe “joy” at low emotional intensity was the least common. Likewise, column profiles are the relative frequencies of the different EEEs within each emotional intensity (Table S3).

Each row/column profile is then given a weight, which measures the importance of the row/column item (i.e., the row/column mass). The row/column mass is the frequency of the row/column divided by the grand total.

Finally, the chi-square distances between row/column items were measured. It should be noted that distances are only defined within the EEEs (rows) or within the emotional intensities (columns), not across the rows and columns. The equations for calculating the chi-square distances between row items or column items are as follows:

$$d(row_1, row_2) = \sqrt{\sum \frac{(row.profile_1 - row.profile_2)^2}{average.profile}}$$

$$d(column_1, column_2) = \sqrt{\sum \frac{(column.profile_1 - column.profile_2)^2}{average.profile}}$$

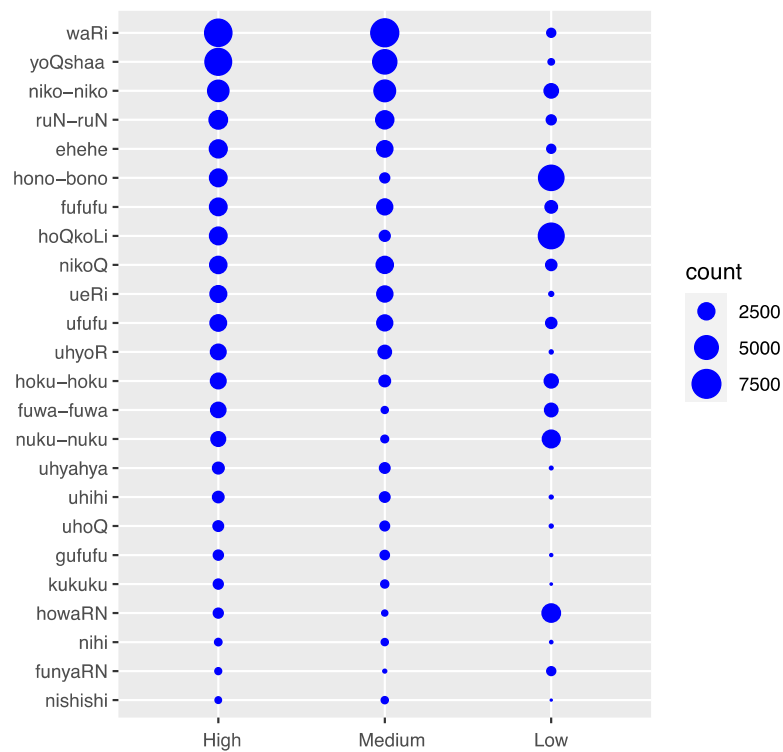
For example, the chi-square distance between row item “uhyoR” (うひょー) and “waRi” (わーい) is:

$$d(row_1, row_2) = \sqrt{\frac{(0.539 - 0.464)^2}{0.428} + \frac{(0.399 - 0.487)^2}{0.329} + \frac{(0.062 - 0.049)^2}{0.242}} = 0.193$$

To construct a biplot, correspondence analysis decomposes the inertia by identifying two mutually independent dimensions that represent the most important deviations from independence. The total inertia is equal to the Pearson chi-square ( $X^2$ ) statistic divided by the grand total. In the biplot, the largest amount of explained inertia is represented by the first dimension, and the second largest by the second dimension. Each dimension has an eigenvalue which represents its relative importance and how much of the inertia it explains.

As mentioned above, the distance between any row and column in a symmetric biplot is only meaningful enough to support a general statement about the observed pattern. Therefore, we also estimated the association between row items and column items by interpreting the standardized residuals of rows and columns following a visual inspection of the plotted biplots.

**Fig S1. Visualized contingency table of EEE by emotional intensity (emotion: joy)**



Note: The sizes of the blue dots represent the relative proportion of EEE use-frequency to the total

**Table S2. Row profiles for EEEs by emotional intensity (emotion: joy)**

| EEE             | Emotional intensity |              |              | Total |
|-----------------|---------------------|--------------|--------------|-------|
|                 | Low                 | Medium       | High         |       |
| <b>waRi</b>     | <b>0.464</b>        | <b>0.487</b> | <b>0.049</b> | 1.000 |
| yoQshaa         | 0.534               | 0.434        | 0.032        | 1.000 |
| niko-niko       | 0.404               | 0.418        | 0.178        | 1.000 |
| ruN-ruN         | 0.450               | 0.426        | 0.124        | 1.000 |
| ehehe           | 0.481               | 0.398        | 0.121        | 1.000 |
| hono-bono       | 0.289               | 0.091        | 0.619        | 1.000 |
| fufufu          | 0.435               | 0.353        | 0.213        | 1.000 |
| hoQkoLi         | 0.279               | 0.106        | 0.615        | 1.000 |
| nikoQ           | 0.415               | 0.412        | 0.173        | 1.000 |
| ueRi            | 0.490               | 0.452        | 0.059        | 1.000 |
| ufufu           | 0.420               | 0.393        | 0.187        | 1.000 |
| <b>uhyoR</b>    | <b>0.539</b>        | <b>0.399</b> | <b>0.062</b> | 1.000 |
| hoku-hoku       | 0.424               | 0.235        | 0.341        | 1.000 |
| fuwa-fuwa       | 0.501               | 0.114        | 0.384        | 1.000 |
| nuku-nuku       | 0.362               | 0.103        | 0.535        | 1.000 |
| uhyahya         | 0.494               | 0.409        | 0.097        | 1.000 |
| uhihi           | 0.487               | 0.412        | 0.102        | 1.000 |
| uhoQ            | 0.478               | 0.403        | 0.119        | 1.000 |
| gufufu          | 0.478               | 0.409        | 0.113        | 1.000 |
| kukuku          | 0.529               | 0.352        | 0.119        | 1.000 |
| howaRN          | 0.203               | 0.088        | 0.709        | 1.000 |
| nihi            | 0.414               | 0.406        | 0.180        | 1.000 |
| funyaRN         | 0.325               | 0.170        | 0.505        | 1.000 |
| nishishi        | 0.384               | 0.435        | 0.182        | 1.000 |
| Average profile | <b>0.428</b>        | <b>0.329</b> | <b>0.242</b> | 1.000 |

**Table S3. Column profiles for EEEs by emotional intensity (emotion: joy)**

| EEE          | Emotional intensity |              |              | Average      |
|--------------|---------------------|--------------|--------------|--------------|
|              | Low                 | Medium       | High         |              |
| waRi         | 0.126               | 0.169        | 0.023        | 0.106        |
| yoQshaa      | 0.120               | 0.125        | 0.013        | 0.086        |
| niko-niko    | 0.075               | 0.099        | 0.057        | 0.077        |
| ruN-ruN      | 0.056               | 0.068        | 0.027        | 0.050        |
| ehehe        | 0.052               | 0.055        | 0.023        | 0.043        |
| hono-bono    | 0.050               | 0.020        | 0.185        | 0.085        |
| fufufu       | 0.050               | 0.052        | 0.042        | 0.048        |
| hoQkoLi      | 0.050               | 0.024        | 0.190        | 0.088        |
| nikoQ        | 0.048               | 0.061        | 0.034        | 0.048        |
| ueRi         | 0.045               | 0.053        | 0.009        | 0.036        |
| ufufu        | 0.044               | 0.052        | 0.034        | 0.043        |
| uhyoR        | 0.039               | 0.037        | 0.008        | 0.028        |
| hoku-hoku    | 0.039               | 0.027        | 0.054        | 0.040        |
| fuwa-fuwa    | 0.038               | 0.011        | 0.050        | 0.033        |
| nuku-nuku    | 0.034               | 0.012        | 0.088        | 0.045        |
| uhyahya      | 0.022               | 0.023        | 0.007        | 0.017        |
| uhihi        | 0.021               | 0.022        | 0.007        | 0.017        |
| uhoQ         | 0.018               | 0.019        | 0.008        | 0.015        |
| gufufu       | 0.016               | 0.018        | 0.007        | 0.014        |
| kukuku       | 0.016               | 0.014        | 0.006        | 0.012        |
| howaRN       | 0.016               | 0.009        | 0.095        | 0.040        |
| nihi         | 0.009               | 0.011        | 0.007        | 0.009        |
| funyaRN      | 0.008               | 0.005        | 0.022        | 0.012        |
| nishishi     | 0.008               | 0.011        | 0.006        | 0.008        |
| <b>Total</b> | <b>1.000</b>        | <b>1.000</b> | <b>1.000</b> | <b>1.000</b> |

2. Supplementary results

2.1 Similarity of EEEs within gender-age groups

**Table S4. Top three EEEs for trust chosen by different gender-age groups**

| Emotional intensity | Gender | 20s       |           | 30s       |           | 40s       |           | 50s       |           | 60s       |           |
|---------------------|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                     |        | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | uQtoLi    | 26.8      | uQtoLi    | 31.9      | uQtoLi    | 37.3      | uQtoLi    | 43.4      | uQtoLi    | 46.7      |
|                     |        | kira-kira | 23.2      | oo        | 22.6      | oo        | 22.2      | oo        | 22.8      | oo        | 22.1      |
|                     |        | oo        | 22.7      | kira-kira | 22.4      | kira-kira | 17.1      | kyuN-kyuN | 17.3      | kyuN      | 20.2      |
|                     | Man    | oo        | 22.5      | oo        | 22.2      | oo        | 21.2      | uQtoLi    | 24.3      | uQtoLi    | 34.1      |
|                     |        | uQtoLi    | 13.3      | uQtoLi    | 18.2      | uQtoLi    | 20.3      | oo        | 21.1      | oo        | 20.9      |
|                     |        | kira-kira | 12.5      | hou       | 11.5      | hohou     | 11.3      | hohou     | 14.3      | hou       | 18.4      |
| Medium              | Woman  | kyuN      | 28.7      | kyuN      | 24.9      | uQtoLi    | 25.3      | uQtoLi    | 29.5      | uQtoLi    | 32.0      |
|                     |        | kyuN-kyuN | 24.5      | uQtoLi    | 24.5      | kyuN      | 20.9      | uN-uN     | 23.4      | uN-uN     | 27.5      |
|                     |        | uQtoLi    | 20.7      | kyuN-kyuN | 21.8      | uN-uN     | 17.1      | kyuN      | 21.3      | kyuN      | 20.7      |
|                     | Man    | oo        | 15.4      | oo        | 16.8      | uQtoLi    | 18.0      | uQtoLi    | 19.8      | uQtoLi    | 25.6      |
|                     |        | uQtoLi    | 14.0      | uQtoLi    | 15.8      | oo        | 15.5      | uN-uN     | 16.9      | uN-uN     | 22.0      |
|                     |        | uN-uN     | 13.7      | uN-uN     | 15.0      | uN-uN     | 13.6      | oo        | 14.4      | hou       | 16.1      |
| Low                 | Woman  | uN-uN     | 42.9      | uN-uN     | 46.6      | uN-uN     | 47.5      | uN-uN     | 52.6      | uN-uN     | 51.2      |
|                     |        | uN        | 38.4      | uN        | 40.7      | uN        | 40.4      | uN        | 39.8      | uN        | 41.1      |
|                     |        | hou-hou   | 19.0      | fumu-fumu | 16.9      | fumu-fumu | 15.9      | fumu-fumu | 19.7      | fumu-fumu | 19.1      |
|                     | Man    | uN-uN     | 30.6      | uN-uN     | 28.4      | uN-uN     | 29.7      | uN-uN     | 31.8      | uN-uN     | 40.0      |
|                     |        | uN        | 26.7      | uN        | 25.5      | uN        | 25.8      | uN        | 29.7      | uN        | 36.3      |
|                     |        | umu       | 13.8      | umu       | 14.4      | umu       | 14.6      | fumu-fumu | 15.0      | fumu-fumu | 16.6      |

**Table S5. Top three EEs for disgust chosen by different gender-age groups**

| Emotional intensity | Gender | 20s  |           | 30s  |           | 40s   |           | 50s   |           | 60s       |           |
|---------------------|--------|------|-----------|------|-----------|-------|-----------|-------|-----------|-----------|-----------|
|                     |        | EEE  | Ratio (%) | EEE  | Ratio (%) | EEE   | Ratio (%) | EEE   | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | uwaa | 27.2      | geQ  | 28.0      | geQ   | 26.9      | geQ   | 29.5      | geQ       | 23.6      |
|                     |        | oeR  | 23.9      | gee  | 24.9      | gee   | 21.1      | gegeQ | 24.1      | gee       | 23.4      |
|                     |        | ueR  | 20.6      | uwaa | 21.8      | oeR   | 20.0      | gee   | 21.6      | oeR       | 20.9      |
|                     | Man    | uwaa | 16.2      | gee  | 16.1      | oeR   | 15.2      | oeR   | 17.8      | gee       | 18.7      |
|                     |        | oeR  | 15.9      | oeR  | 15.1      | gee   | 13.9      | geQ   | 17.1      | geQ       | 18.7      |
|                     |        | gee  | 14.1      | geQ  | 14.8      | ugeQ  | 13.8      | gee   | 16.9      | oeR       | 18.1      |
| Medium              | Woman  | uwaa | 24.6      | geQ  | 24.8      | geQ   | 21.6      | geQ   | 23.0      | aRa       | 23.3      |
|                     |        | ueR  | 21.8      | gee  | 21.1      | oeR   | 17.0      | haRa  | 19.6      | haRa      | 20.5      |
|                     |        | oeR  | 21.1      | haa  | 19.8      | haa   | 15.9      | aRa   | 17.4      | haa       | 18.4      |
|                     | Man    | uwaa | 16.1      | gee  | 14.4      | oeR   | 14.5      | oi-oi | 14.8      | oi-oi     | 20.8      |
|                     |        | oeR  | 15.3      | geQ  | 13.7      | oi-oi | 13.5      | geQ   | 14.3      | cheQ      | 18.9      |
|                     |        | haa  | 12.7      | uwaa | 12.9      | gee   | 11.9      | gee   | 14.1      | yare-yare | 17.3      |
| Low                 | Woman  | haRa | 35.6      | haRa | 38.7      | aRa   | 33.8      | aRa   | 40.0      | aRa       | 46.9      |
|                     |        | haa  | 32.1      | aRa  | 34.3      | haRa  | 31.6      | haRa  | 34.0      | haRa      | 32.2      |
|                     |        | aRa  | 28.0      | haa  | 32.2      | haa   | 26.9      | haa   | 28.7      | yare-yare | 30.2      |
|                     | Man    | haRa | 24.1      | haRa | 24.6      | haRa  | 22.4      | aRa   | 28.6      | aRa       | 36.7      |
|                     |        | haa  | 21.9      | haa  | 21.7      | aRa   | 22.1      | cheQ  | 24.6      | yare-yare | 29.4      |
|                     |        | aRa  | 19.8      | aRa  | 20.7      | haa   | 20.5      | haRa  | 22.8      | cheQ      | 25.4      |

**Table S6. Top three EEs for anticipation chosen by different gender-age groups**

| Emotional intensity | Gender | 20s       |           | 30s       |           | 40s       |           | 50s       |           | 60s       |           |
|---------------------|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                     |        | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | eQ        | 32.1      | sowa-sowa | 30.9      | piri-piri | 33.3      | piri-piri | 38.9      | piri-piri | 45.7      |
|                     |        | sowa-sowa | 31.2      | doki-doki | 30.4      | doki-doki | 29.0      | doki-doki | 33.7      | doki-doki | 36.8      |
|                     |        | doki-doki | 28.0      | biku-biku | 30.4      | biku-biku | 28.0      | biku-biku | 32.2      | biku-biku | 34.9      |
|                     | Man    | piri-piri | 20.5      | piri-piri | 23.4      | piri-piri | 26.0      | piri-piri | 33.7      | piri-piri | 40.0      |
|                     |        | biku-biku | 18.7      | biku-biku | 19.9      | biku-biku | 20.7      | biku-biku | 23.0      | doki-doki | 27.5      |
|                     |        | eQ        | 18.0      | bikuQ     | 18.2      | doki-doki | 19.0      | doki-doki | 22.5      | biku-biku | 25.0      |
| Medium              | Woman  | sowa-sowa | 28.9      | sowa-sowa | 31.3      | sowa-sowa | 26.4      | sowa-sowa | 29.9      | zawa-zawa | 27.9      |
|                     |        | zawa-zawa | 24.3      | doki-doki | 24.7      | doki-doki | 23.8      | zawa-zawa | 27.1      | sowa-sowa | 27.3      |
|                     |        | doki-doki | 21.3      | zawa-zawa | 24.0      | zawa-zawa | 23.6      | waku-waku | 25.0      | doki-doki | 25.9      |
|                     | Man    | sowa-sowa | 18.7      | sowa-sowa | 18.7      | zawa-zawa | 17.1      | waku-waku | 20.2      | waku-waku | 23.1      |
|                     |        | zawa-zawa | 18.6      | zawa-zawa | 17.5      | sowa-sowa | 15.5      | sowa-sowa | 19.4      | sowa-sowa | 19.7      |
|                     |        | doki-doki | 14.2      | doki-doki | 15.6      | waku-waku | 14.6      | zawa-zawa | 17.4      | oya       | 18.2      |
| Low                 | Woman  | sowa-sowa | 27.7      | sowa-sowa | 32.1      | sowa-sowa | 33.8      | sowa-sowa | 36.1      | sowa-sowa | 38.3      |
|                     |        | eQ        | 22.3      | eQ        | 21.5      | doki-doki | 22.0      | doki-doki | 24.0      | doki-doki | 25.5      |
|                     |        | doki-doki | 16.7      | doki-doki | 18.8      | zawa-zawa | 16.8      | eQ        | 18.0      | hara-hara | 22.5      |
|                     | Man    | sowa-sowa | 19.5      | sowa-sowa | 20.2      | sowa-sowa | 21.9      | sowa-sowa | 26.6      | sowa-sowa | 26.7      |
|                     |        | eQ        | 16.2      | oya       | 17.0      | oya       | 16.4      | oya       | 17.2      | oya       | 22.8      |
|                     |        | oya       | 15.1      | eQ        | 14.8      | doki-doki | 13.2      | doki-doki | 14.6      | eQ        | 18.1      |



**Table S7. Top three EEEs for surprise chosen by different gender-age groups**

| Emotional intensity | Gender | 20s       |           | 30s       |           | 40s       |           | 50s       |           | 60s       |           |
|---------------------|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                     |        | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | eR        | 38.8      | eR        | 43.8      | eR        | 37.5      | eR        | 44.2      | eR        | 39.4      |
|                     |        | waa       | 33.4      | waa       | 31.9      | kyaa      | 28.7      | hieR      | 37.1      | gyoQ      | 34.0      |
|                     |        | kyaa      | 27.7      | kyaa      | 31.7      | hieR      | 27.5      | kyaa      | 33.6      | hieR      | 33.9      |
|                     | Man    | eR        | 19.8      | eR        | 22.9      | eR        | 22.3      | eR        | 26.3      | gyoQ      | 32.4      |
|                     |        | ooo       | 19.7      | ooo       | 20.8      | ooo       | 18.5      | hieR      | 23.5      | eR        | 27.2      |
|                     |        | waa       | 15.8      | dokiQ     | 17.0      | gyoQ      | 16.9      | gyoQ      | 23.0      | hieR      | 25.4      |
| Medium              | Woman  | eR        | 36.0      | eR        | 44.0      | eR        | 38.9      | eR        | 43.8      | eR        | 40.8      |
|                     |        | waa       | 33.0      | waa       | 33.5      | waa       | 30.2      | hieR      | 32.7      | dokiQ     | 33.2      |
|                     |        | ooo       | 27.2      | kyaa      | 27.4      | kyaa      | 26.6      | kyaa      | 31.5      | hieR      | 31.8      |
|                     | Man    | ooo       | 20.1      | eR        | 21.2      | eR        | 23.4      | eR        | 25.7      | gyoQ      | 31.7      |
|                     |        | eR        | 19.9      | ooo       | 19.9      | ooo       | 19.2      | dokiQ     | 21.9      | eR        | 30.8      |
|                     |        | waa       | 17.1      | dokiQ     | 18.7      | dokiQ     | 18.1      | hieR      | 21.9      | dokiQ     | 29.7      |
| Low                 | Woman  | sowa-sowa | 59.3      | sowa-sowa | 63.5      | sowa-sowa | 64.7      | sowa-sowa | 69.4      | sowa-sowa | 76.4      |
|                     |        | zawa-zawa | 25.3      | zawa-zawa | 26.4      | zawa-zawa | 26.4      | zawa-zawa | 25.7      | moji-moji | 26.4      |
|                     |        | bata-bata | 15.4      | jita-bata | 17.2      | bata-bata | 20.0      | bata-bata | 22.3      | zawa-zawa | 25.8      |
|                     | Man    | sowa-sowa | 39.0      | sowa-sowa | 45.2      | sowa-sowa | 51.4      | sowa-sowa | 59.2      | sowa-sowa | 66.0      |
|                     |        | zawa-zawa | 21.3      | zawa-zawa | 19.4      | zawa-zawa | 17.2      | zawa-zawa | 20.3      | zawa-zawa | 22.1      |
|                     |        | bata-bata | 14.6      | bata-bata | 13.3      | jita-bata | 13.4      | bata-bata | 18.0      | bata-bata | 19.7      |

**Table S8. Top three EEEs for fear chosen by different gender-age groups**

| Emotional intensity | Gender | 20s       |           | 30s       |           | 40s       |           | 50s       |           | 60s       |           |
|---------------------|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                     |        | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | biku-biku | 26.4      | biku-biku | 30.8      | biku-biku | 25.9      | gyaa      | 28.9      | gyaa      | 34.5      |
|                     |        | gyaa      | 25.9      | gyaa      | 27.0      | gyaa      | 25.8      | biku-biku | 25.8      | gata-gata | 31.7      |
|                     |        | gaku-buru | 23.5      | gata-gata | 24.4      | gata-gata | 23.3      | zokuQ     | 24.2      | zokuQ     | 31.4      |
|                     | Man    | biku-biku | 19.2      | biku-biku | 20.2      | biku-biku | 19.0      | biku-biku | 21.9      | zokuQ     | 24.2      |
|                     |        | gaku-gaku | 16.9      | gaku-gaku | 16.7      | gaku-gaku | 18.5      | gaku-gaku | 18.1      | biku-biku | 22.2      |
|                     |        | gaku-buru | 16.8      | buru-buru | 15.9      | buru-buru | 17.2      | gata-gata | 17.1      | gata-gata | 21.0      |
| Medium              | Woman  | biku-biku | 26.3      | biku-biku | 28.8      | biku-biku | 26.4      | biku-biku | 29.7      | zokuQ     | 31.8      |
|                     |        | gaku-buru | 19.8      | gyaa      | 23.1      | zokuQ     | 22.4      | zokuQ     | 27.1      | gata-gata | 30.6      |
|                     |        | zokuQ     | 19.8      | buru-buru | 22.5      | gyaa      | 20.9      | gyaa      | 26.3      | buru-buru | 29.8      |
|                     | Man    | biku-biku | 19.0      | biku-biku | 19.0      | biku-biku | 19.3      | biku-biku | 23.7      | biku-biku | 26.8      |
|                     |        | zokuQ     | 16.1      | zokuQ     | 17.0      | buru-buru | 17.3      | zokuQ     | 18.2      | zokuQ     | 25.7      |
|                     |        | gaku-gaku | 15.4      | gaku-gaku | 16.6      | gaku-gaku | 17.3      | zoku-zoku | 17.6      | gata-gata | 22.0      |
| Low                 | Woman  | sowa-sowa | 29.7      | sowa-sowa | 30.4      | hara-hara | 31.3      | hara-hara | 37.2      | hara-hara | 43.0      |
|                     |        | doki-doki | 24.8      | hara-hara | 29.5      | doki-doki | 28.7      | doki-doki | 29.4      | doki-doki | 32.2      |
|                     |        | hara-hara | 24.6      | doki-doki | 26.2      | sowa-sowa | 26.0      | biku-biku | 25.8      | biku-biku | 28.2      |
|                     | Man    | sowa-sowa | 21.4      | sowa-sowa | 23.0      | hara-hara | 22.1      | hara-hara | 27.2      | hara-hara | 36.6      |
|                     |        | doki-doki | 17.1      | hara-hara | 19.9      | sowa-sowa | 21.3      | sowa-sowa | 23.6      | doki-doki | 27.5      |
|                     |        | hara-hara | 16.6      | doki-doki | 17.6      | doki-doki | 19.2      | doki-doki | 23.0      | hiya-hiya | 23.9      |

**Table S9. Top three EEEs for anger chosen by different gender-age groups**

| Emotional intensity | Gender | 20s       |           | 30s       |           | 40s       |           | 50s       |           | 60s       |           |
|---------------------|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|                     |        | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) | EEE       | Ratio (%) |
| High                | Woman  | ira-ira   | 44.8      | ira-ira   | 44.4      | mukaQ     | 39.4      | mukaQ     | 46.5      | mukaQ     | 50.6      |
|                     |        | iraQ      | 33.6      | iraQ      | 35.2      | muka-muka | 37.0      | muka-muka | 40.8      | muka-muka | 42.3      |
|                     |        | kachiN    | 22.5      | mukaQ     | 31.9      | ira-ira   | 35.5      | ira-ira   | 33.5      | kachiN    | 33.3      |
|                     | Man    | iraQ      | 26.0      | ira-ira   | 27.2      | mukaQ     | 26.9      | mukaQ     | 32.6      | mukaQ     | 45.6      |
|                     |        | ira-ira   | 25.4      | kachiN    | 22.4      | muka-muka | 25.3      | muka-muka | 31.6      | muka-muka | 36.0      |
|                     |        | kachiN    | 22.4      | muka-muka | 21.6      | kachiN    | 23.1      | kachiN    | 24.0      | kachiN    | 27.6      |
| Medium              | Woman  | ira-ira   | 45.4      | ira-ira   | 44.1      | mukaQ     | 41.0      | mukaQ     | 45.4      | mukaQ     | 47.4      |
|                     |        | iraQ      | 36.6      | iraQ      | 40.5      | muka-muka | 37.4      | muka-muka | 39.7      | muka-muka | 40.4      |
|                     |        | muka-muka | 29.1      | mukaQ     | 36.7      | iraQ      | 35.4      | iraQ      | 34.7      | kachiN    | 36.5      |
|                     | Man    | ira-ira   | 28.6      | ira-ira   | 28.7      | mukaQ     | 29.9      | mukaQ     | 34.8      | mukaQ     | 44.7      |
|                     |        | iraQ      | 25.3      | iraQ      | 26.0      | muka-muka | 26.1      | muka-muka | 33.8      | muka-muka | 38.1      |
|                     |        | kachiN    | 21.8      | muka-muka | 24.5      | kachiN    | 25.7      | kachiN    | 28.0      | kachiN    | 31.0      |
| Low                 | Woman  | iraQ      | 33.2      | iraQ      | 37.4      | iraQ      | 36.4      | kachiN    | 41.1      | kachiN    | 40.6      |
|                     |        | ira-ira   | 25.8      | kachiN    | 32.9      | kachiN    | 35.5      | iraQ      | 38.5      | iraQ      | 39.3      |
|                     |        | kachiN    | 24.7      | mukaQ     | 29.4      | mukaQ     | 30.7      | mukaQ     | 34.3      | mukaQ     | 39.0      |
|                     | Man    | iraQ      | 25.6      | iraQ      | 26.6      | iraQ      | 27.4      | iraQ      | 27.4      | kachiN    | 33.4      |
|                     |        | ira-ira   | 18.2      | kachiN    | 20.7      | kachiN    | 25.5      | kachiN    | 26.1      | mukaQ     | 32.6      |
|                     |        | kachiN    | 17.6      | mukaQ     | 19.4      | mukaQ     | 20.1      | mukaQ     | 25.8      | iraQ      | 30.9      |

2.2 Relationship between emotional intensity and EEEs: a correspondence analysis

Fig S2. The relationship between the intensity of trust and EEE.

a) The symmetric biplot of EEE by emotional intensity of trust. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of trust.

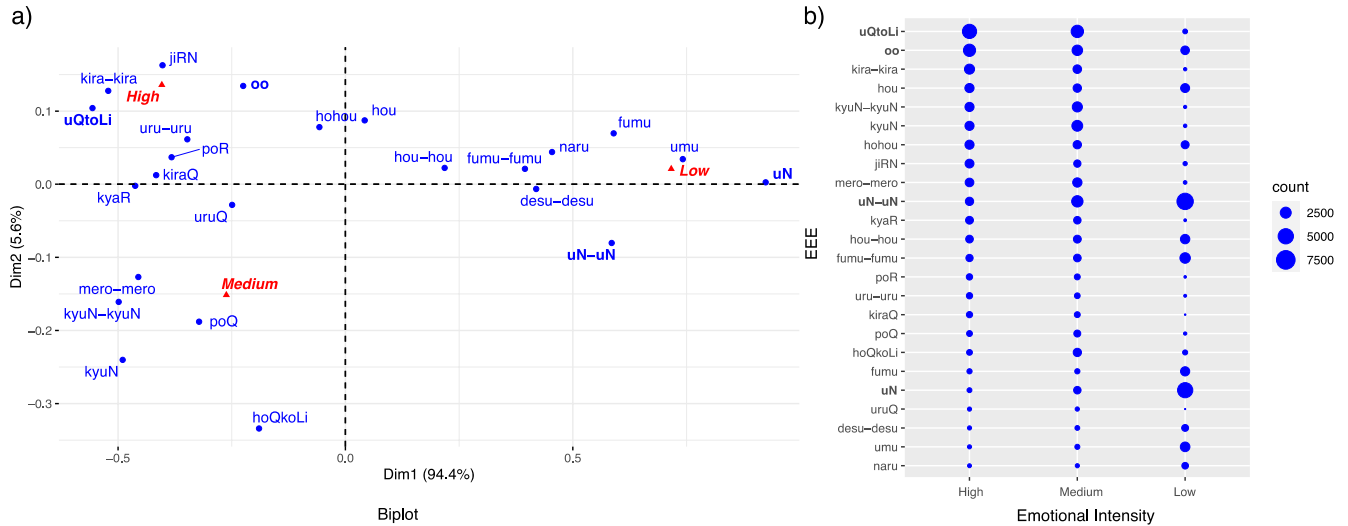
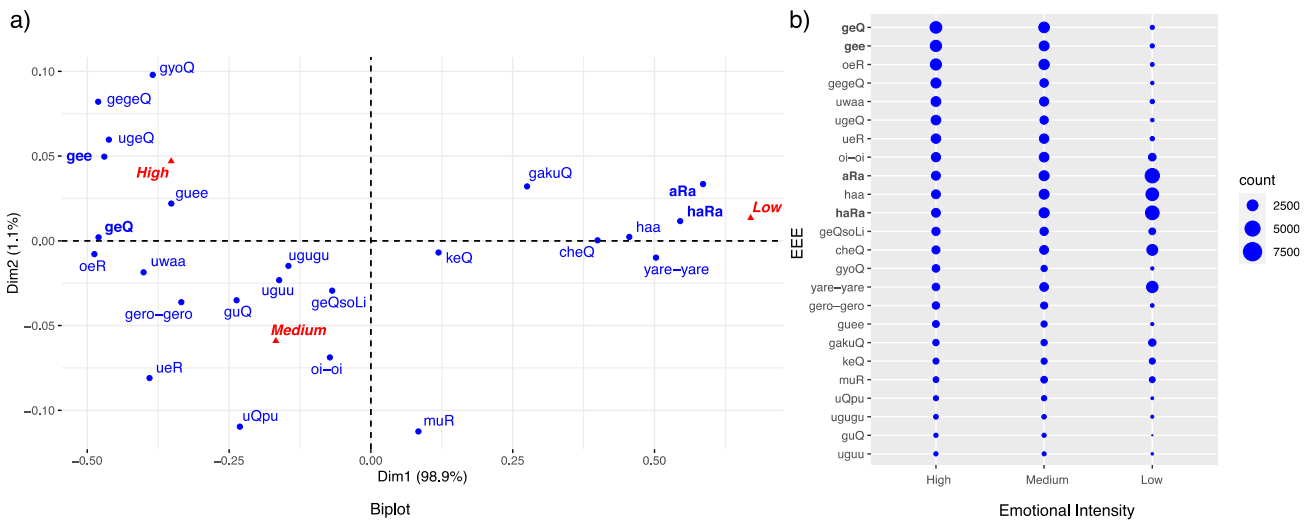


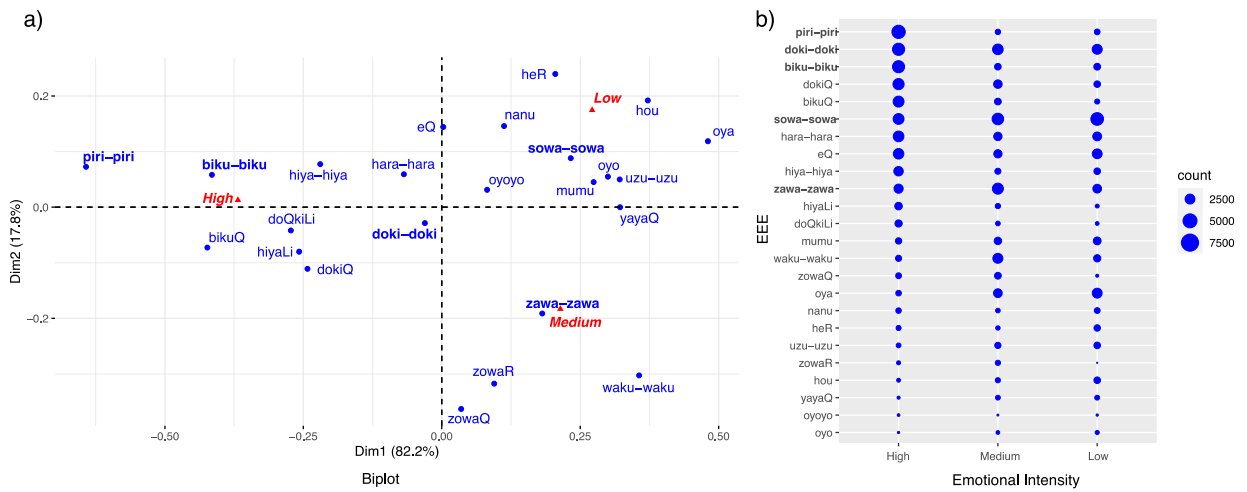
Fig S3. The relationship between the intensity of disgust and EEE.

a) The symmetric biplot of EEE by emotional intensity of disgust. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of disgust.

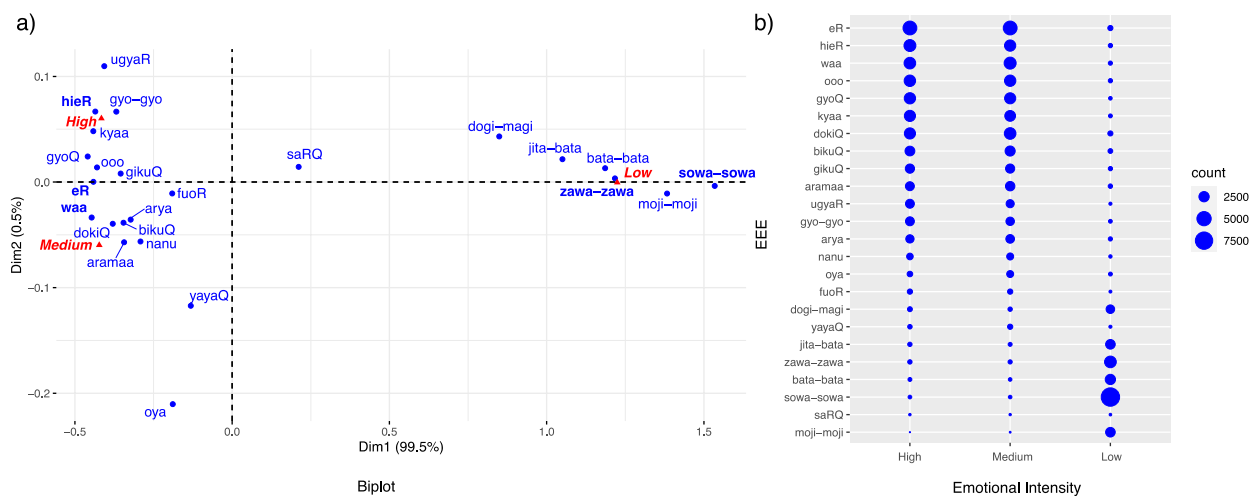


**Fig S4. The relationship between the intensity of anticipation and EEE.**

a) The symmetric biplot of EEE by emotional intensity of anticipation. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of anticipation.

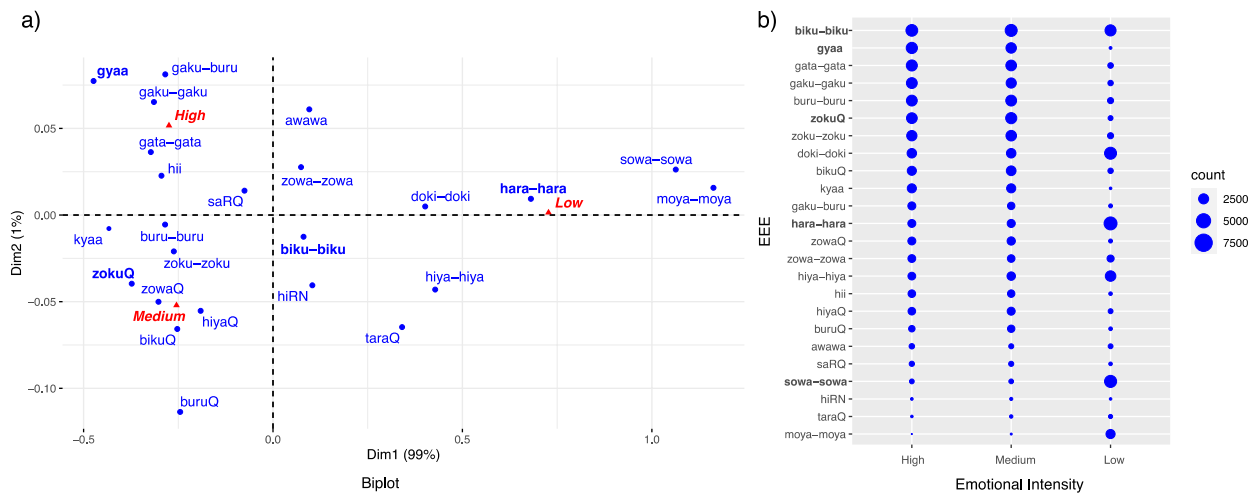

**Fig S5. The relationship between the intensity of surprise and EEE.**

a) The symmetric biplot of EEE by emotional intensity of surprise. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of surprise.

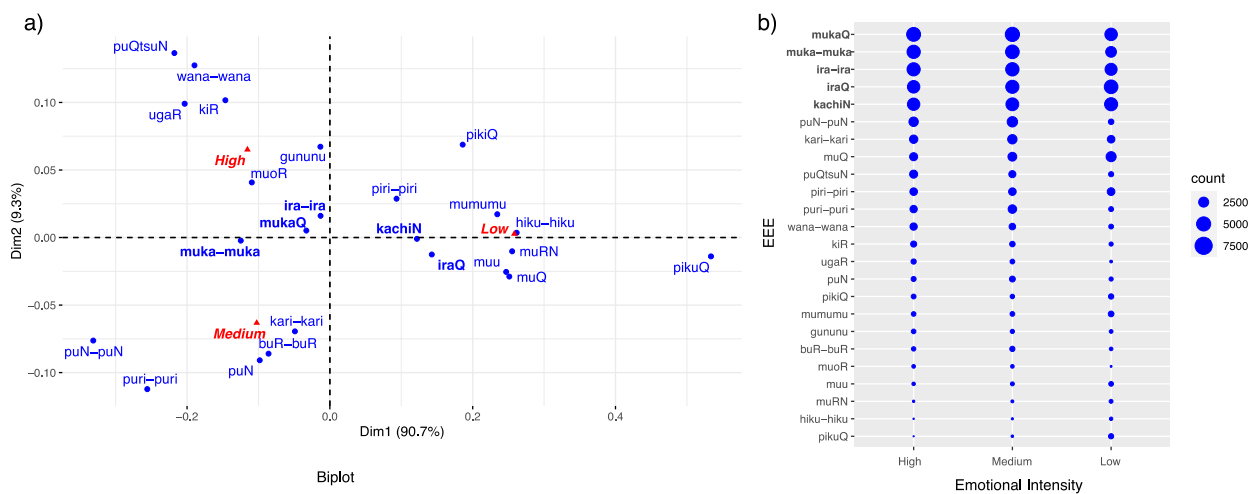


**Fig S6. The relationship between the intensity of fear and EEE.**

a) The symmetric biplot of EEE by emotional intensity of fear. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of fear.


**Fig S7. The relationship between the intensity of anger and EEE.**

a) The symmetric biplot of EEE by emotional intensity of anger. Frequently used EEEs across all emotional intensities are shown in bold. b) Frequency of EEE chosen for each intensity of anger.



### 2.3 Overall differences in size of EEE vocabulary among gender-age groups

A mixed analysis of variance (ANOVA) was used to examine whether there was a gender-age difference in the size of participants' EEE vocabularies. To evaluate the extent of participants' EEE vocabularies, the mean use-frequency of EEEs was calculated for each emotion. For each of the eight categories and three intensities of emotion, participants were required to choose EEEs from a list of 24 EEEs (common within the same emotion category), as shown in Table 1), resulting in a range of average EEE-use frequency from 0 to 24. The mixed ANOVA was conducted using R. Gender (men, women), age (20s, 30s, 40s, 50s, 60s), emotion (joy, sadness, anticipation, surprise, anger, fear, disgust, trust) and their interactions were entered as explanatory variables.

A 5 (Age: 20s, 30s, 40s, 50s, 60s) × 2 (Gender: women, men) × 8 (Emotion: joy, sadness, anticipation, surprise, anger, fear, disgust, trust) mixed ANOVA of mean frequency of EEE use revealed the significant main effects of gender ( $F(1, 14311) = 387.180, p < 0.001, \eta^2 = 0.021$ ), age

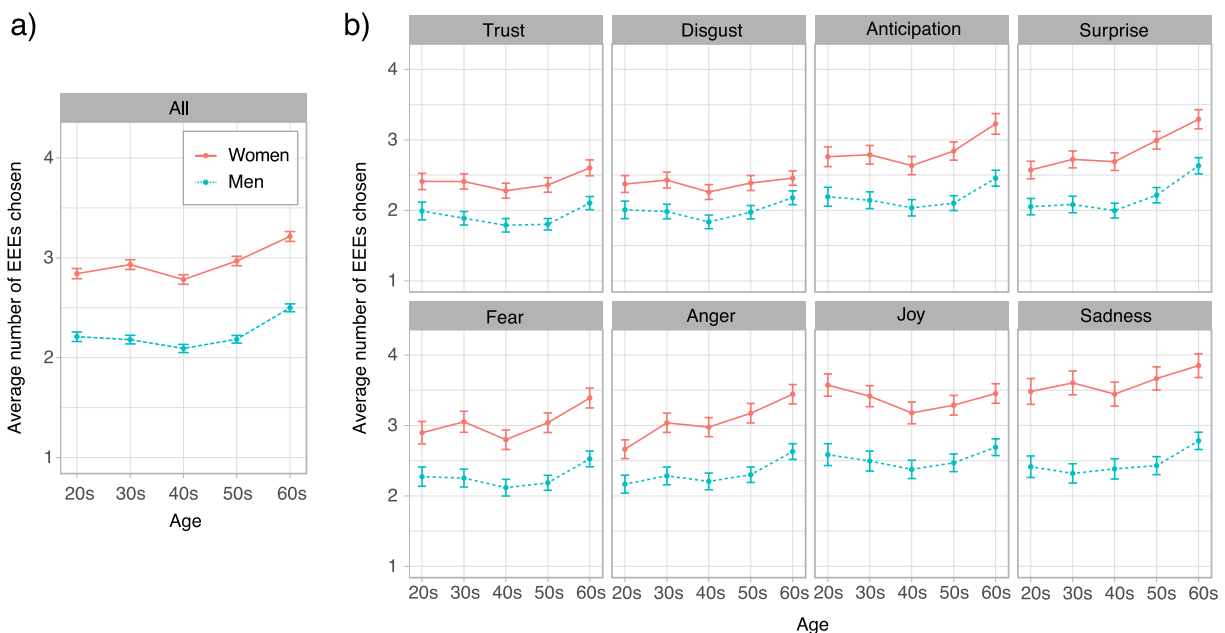
( $F(4, 14311) = 15.215, p < 0.001, \eta^2 = 0.003$ ), emotion ( $F(7, 100177) = 905.989, p < 0.001, \eta^2 = 0.014$ ), gender  $\times$  emotion interaction ( $F(7, 100177) = 119.438, p < 0.001, \eta^2 = 0.002$ ), and age  $\times$  emotion interaction ( $F(28, 100177) = 16.087, p < 0.001, \eta^2 = 0.001$ ).

Figure S8a shows the mean frequency of EEE use as a function of gender and age. The interaction effect between gender and age was nonsignificant ( $F(4, 14311) = 0.512, p = 0.727, \eta^2 = 0.000$ ). Thus, gender differences were consistent at all ages. Women generally chose more words than men. Although the effect size of age was relatively small, there was a non-linear effect of age on EEE use. Generally, people in their 60s chose more words compared with people in their 20s ( $t(14311) = 5.703, p < 0.001$ ), 30s ( $t(14311) = 5.257, p < 0.001$ ), 40s ( $t(14311) = 7.339, p < 0.001$ ), or 50s ( $t(14311) = 4.903, p < 0.001$ ).

However, the gender  $\times$  emotion and age  $\times$  emotion interactions indicated that differences in EEE use between emotions differed by gender or age. Figure S8b shows the mean frequency of EEE use as a function of gender and age for each emotion. The overall tendency was common across genders; EEEs for sadness and joy were chosen most often, followed by words for anger, fear, surprise, and anticipation, and words for disgust and trust were chosen the least. However, women chose more words for sadness than for joy ( $t(14311) = 8.922, p < 0.001$ ), while men chose more words for joy than for sadness ( $t(14311) = 2.778, p = 0.011$ ). As shown in Figure S8b, the effect of age also differed among emotions; people in their 40s chose fewer words for trust, disgust, and joy than people in their 20s, and chose fewer words for disgust and fear compared with people in their 30s. People in their 50s chose more words for surprise than people in their 20s, 30s, or 40s. People in their 60s chose more words for trust, anticipation, and surprise than people of other ages. They also chose more words for joy and disgust than people in their 40s, but did not differ from people in their 20s, 30s, and 50s in those word choices. Although the gender  $\times$  age  $\times$  emotion three-way interaction effect was also significant, the effect size was very small ( $F(28, 100177) = 3.121, p < 0.001, \eta^2 = 0.000$ ): a slight gender difference in the effect of age was found only for anger; women in their 20s chose fewer words for anger than people of other ages, while men in their 20s chose words for anger as often as men in their 30s, 40s, and 50s.

**Fig S8. Average number of EEEs chosen.**

**(a) Average number of EEEs chosen as a function of gender and age, and (b) the average number for each emotion. Error bars represent standard error of the mean.**



The results indicate that the frequency with which EEEs were used to convey emotions was generally higher among women and the elderly, but the effects of gender and age varied depending on type of emotion. This trend is consistent with a previous report that showed Japanese women used onomatopoeia more frequently in daily conversations than men (Hirata et al., 2012). Such a trend might be reflected in the commonly held beliefs in our society about gender differences in expressing and experiencing emotions: it is generally believed that women are more emotionally responsive and more aware of emotions in themselves and others than men. Research has shown that women scored higher on self-reported emotional tests (e.g., the Level of Emotional Awareness Scale, which measures the ability of an individual to recognize and describe emotions in the self and others) than men (Barrett et al., 2000; Ciarrochi et al., 2003; Ciarrochi et al., 2005; Mankus et al., 2016). Furthermore, studies on age differences in emotional awareness have shown that older participants were good at identifying and representing their emotions (Mankus et al., 2016). Given that the vocabulary of emotion words is linked to emotional awareness (Gross & James, 2002; Mavrou, 2021), Japanese women/older people may have a larger EEE vocabulary with which to express emotions than men/younger people because they generally have higher emotional awareness. Moreover, the gender and age effects also varied depending on the type of emotion. Women had more vocabulary for expressing sadness than for expressing joy, while men had the opposite tendency. People in their 20s had a relatively smaller vocabulary for expressing anger and a larger vocabulary for expressing joy than people of other ages. However, it is unclear whether these differences were caused by emotions that women/men or young people are more likely to actually feel, or by cultural or social norms such as “boys do not cry.” To confirm the relationship between the use of EEEs and emotional experience or awareness, further research is needed that combines, for example, lifelogging of behaviors and events.

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### Informed consent

We recruited participants from people registered in NTTCom’s sampling pool. Those who agreed to the purpose of the research project – called “NTTCom Research” – and to the company’s privacy policy were invited to participate. Prior to participating in the survey, we obtained informed consent from all participants through a web form.

### Conflict of interest statement

JW and AM are employed by NTT Communication Science Laboratories, Nippon Telegraph and Telephone Corporation as researchers conducting basic scientific research on human emotion and sensory



processing. There are no products in development or on the market that are relevant to this paper. The research was conducted in the absence of any commercial or financial relationship that could be construed as a potential conflict of interest.

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### Data availability statement

Data are available on request from the corresponding author.

### Author contributions statement:

All authors contributed to the study conception and design. AM and JW conceived and designed the survey. AM and YZ analyzed the data. AM, YZ and JW wrote the manuscript. AM and YZ prepared figures and tables. All authors reviewed the manuscript and gave final approval for publication.

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